



# Digestive physiology of primates



Marcus Clauss

*Clinic for Zoo Animals, Exotic Pets and Wildlife, Vetsuisse Faculty, University of  
Zurich, Switzerland  
Institute of Anthropology 2011*



**University of  
Zurich<sup>UZH</sup>**



**Clinic**  
of Zoo Animals, Exotic Pets and Wildlife



*based on a true story*



## Why are primates fascinating for digestive physiologists?

- A broad variety of anatomical and physiological digestive adaptations ***within one taxonomic group***
- Experimental work is particularly challenging

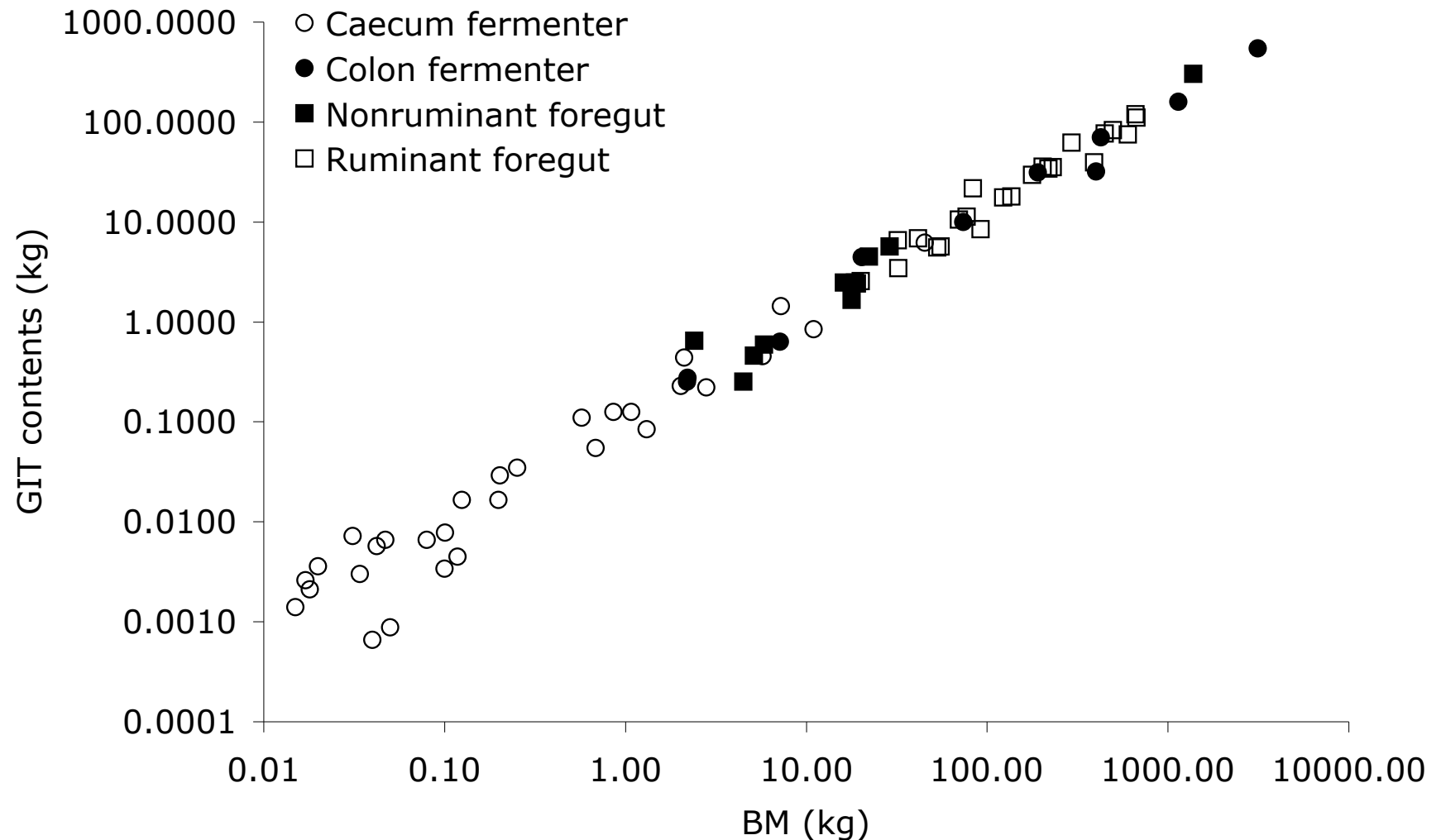
*Anim. Behav.*, 1993, **46**, 741–746

**Effects of experience with live insects on the development of fear of snakes in squirrel monkeys, *Saimiri sciureus***

NOBUO MASATAKA



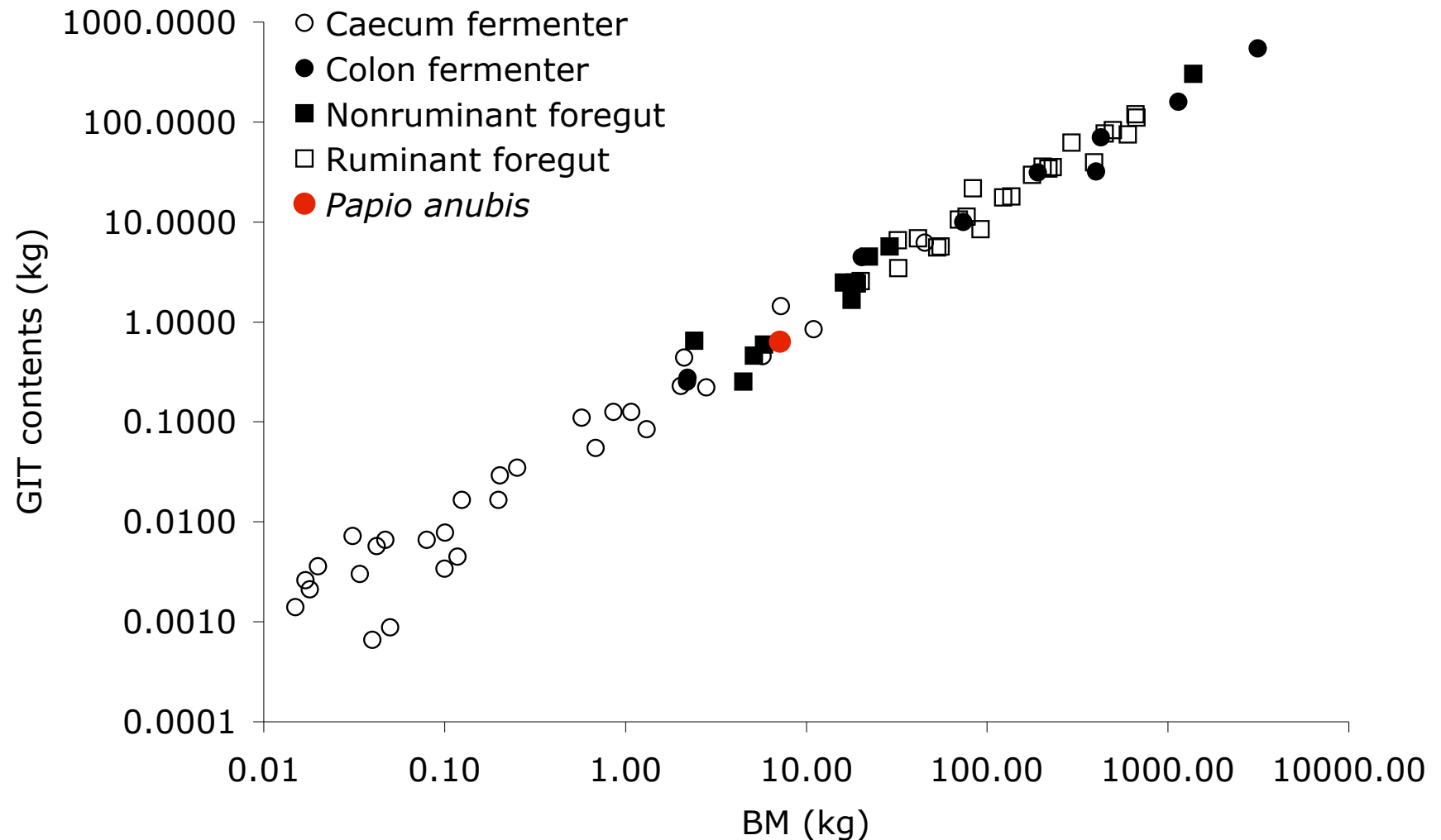
## Major 'limitation': ethical responsibility



from Clauss et al. (2007)



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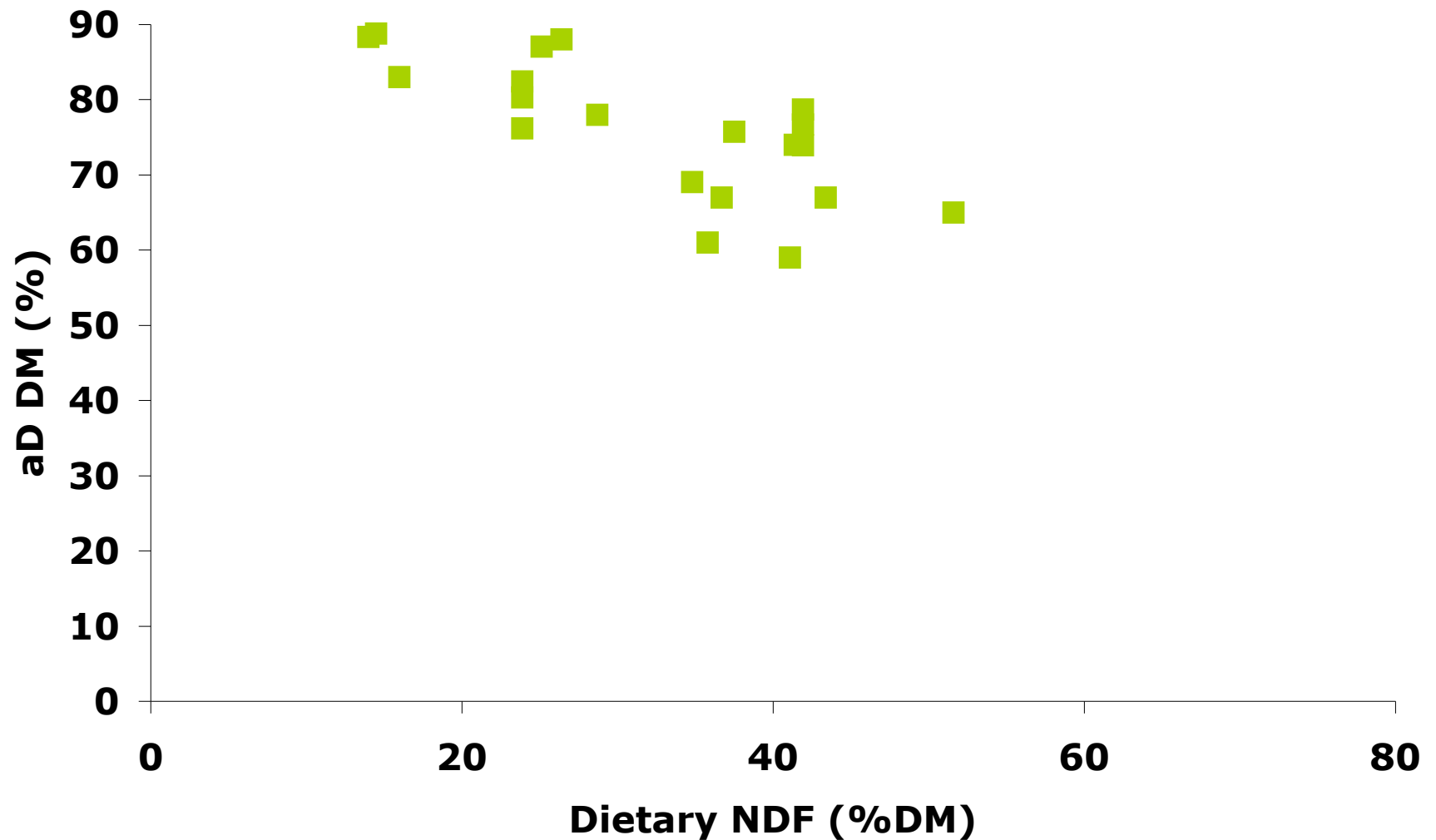


## Major limitation: diets used in digestion studies





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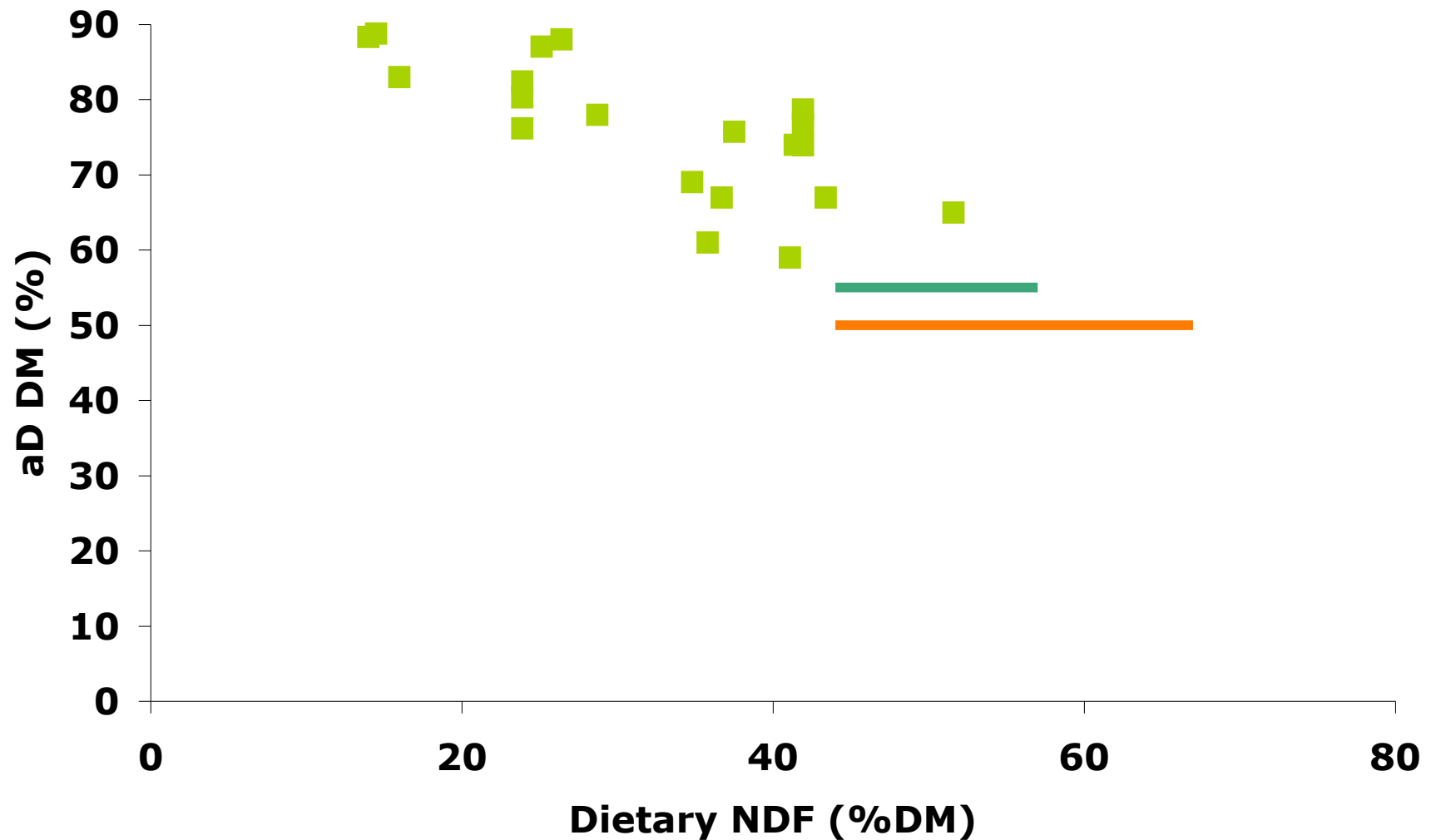


Data collection on langurs from Nijboer & Clauss (2006)





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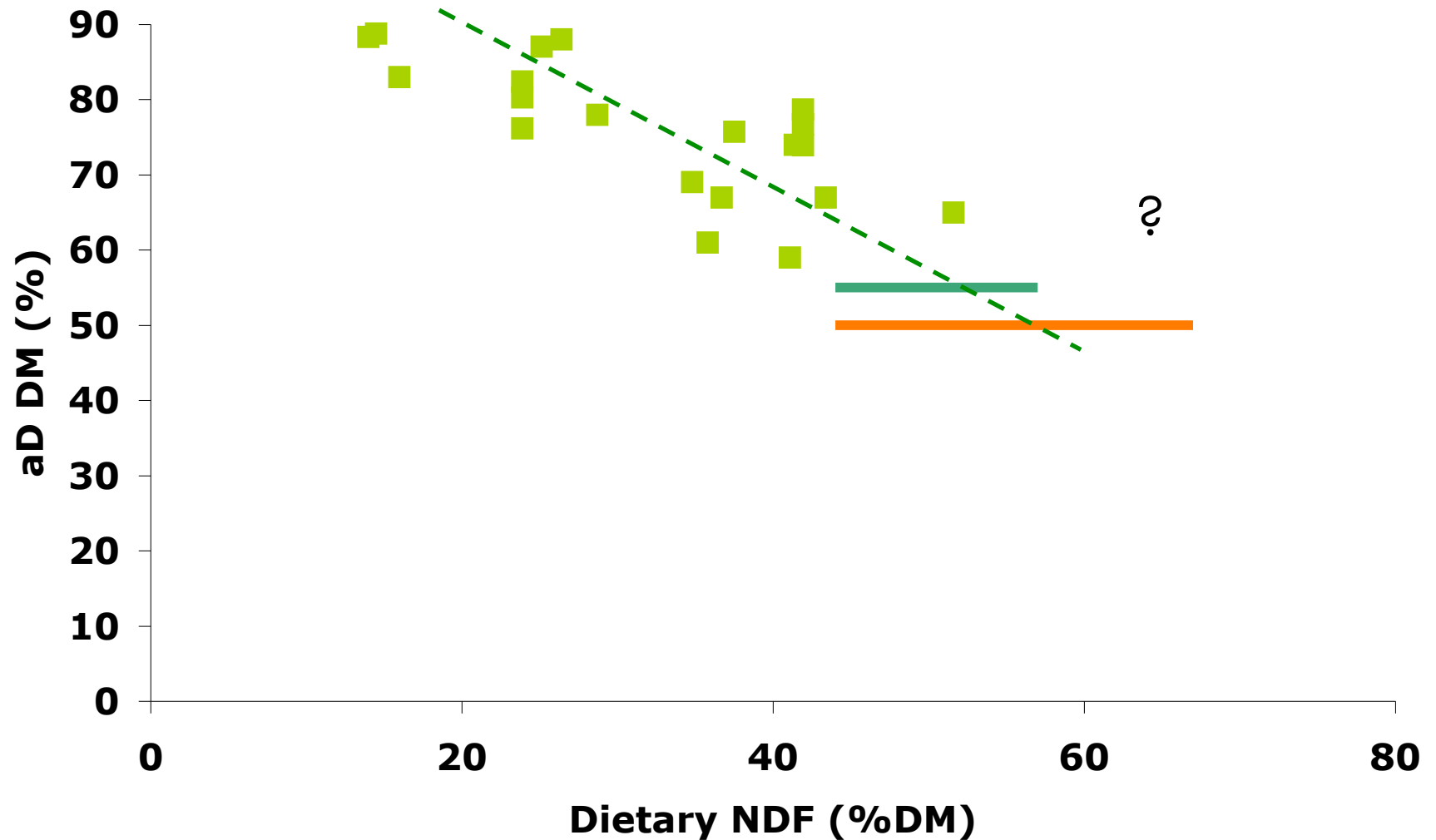


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# Comparing fibre fractions: Foods in "increasing quality"-order from Gaulin (1979)

Table 1. Composition of the Foods of Feral Primates<sup>a</sup>

		% of dry weight									
Food		% H <sub>2</sub> O	Pro- tein	Carbo- hy- drates	Re- ducing sugars	Lipids	Cellu- lose	Fiber	Total ash	Ca	P
Stems, pith	$\bar{X}$	91.3	12.1			4.8		20.6	11.6		
	<i>SD</i>	1.6	1.0			2.3		12.8	2.0		
	<i>n</i>	2	3			3		3	3		
Leaves	$\bar{X}$	78.6	14.0	61.7	11.6	3.7	18.6	15.3	11.4	1.86	.31
	<i>SD</i>	7.4	7.9	11.5	10.3	2.0	8.3	4.8	3.7	1.02	.34
	<i>n</i>	6	14	8	4	14	5	7	9	7	7
Flowers flower buds	$\bar{X}$	78.4	16.7	82.0	10.4	3.4	16.6	5.6	7.5	.20	.41
	<i>SD</i>	4.1	5.2		8.1	3.6	1.2	0.8	2.0		
	<i>n</i>	5	5	1	3	5	2	2	4	1	1
Fruits (mono- cots)	$\bar{X}$	70.4	6.6	77.7	29.0	15.6	25.2	14.3	4.0	.27	.28
	<i>SD</i>	12.9	4.9	17.0	21.2	21.9		12.1	2.0	.16	.34
	<i>n</i>	7	8	3	3	9	1	3	3	4	4
Fruits (dicots)	$\bar{X}$	77.2	6.4	84.0	34.0	4.3	10.0	9.3	5.5	.35	.20
	<i>SD</i>	10.3	3.4	11.2	15.2	9.7	3.1	6.1	8.1	.37	.11
	<i>n</i>	53	50	23	20	50	20	23	23	34	34
Seeds	$\bar{X}$	11.6	17.7	67.3		7.7	5.0	5.5	3.8	.19	.22
	<i>SD</i>	4.0	8.5	15.9		8.1	2.0	2.1	1.2	.06	.10
	<i>n</i>	6	6	6		6	4	2	6	2	2
Gums	$\bar{X}$	14.7		98.5	1.9				1.5		
	<i>SD</i>										
	<i>n</i>	1		1	1				1		
Insects	$\bar{X}$		54.4		2.0	24.2				.03	.64
	<i>SD</i>		4.6			8.1				.03	.59
	<i>n</i>		2		1	2				2	2



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**Against many evidence, "fruits" are considered higher quality!**



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**Evident discrepancies in the data  
given!**



# Outline

- Digestive anatomy
- Digestive physiology I
- The Jarman-Bell principle
- Digestive physiology II
- Feed your monkey

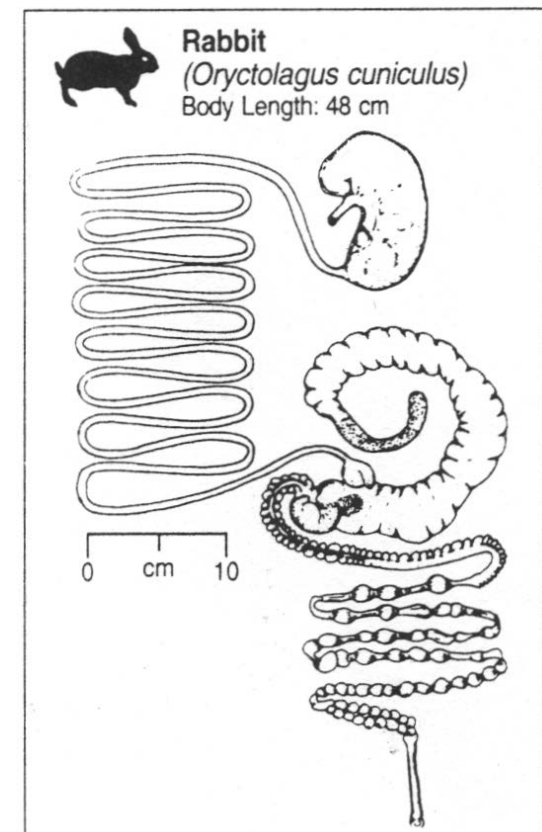
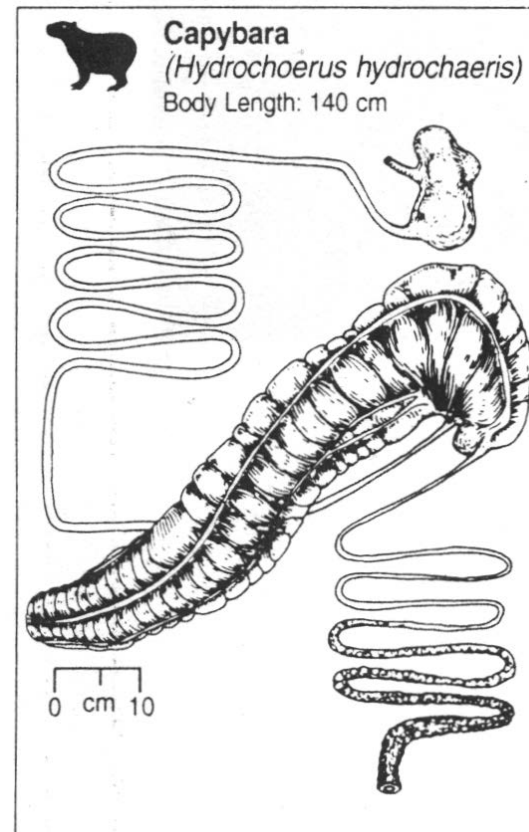
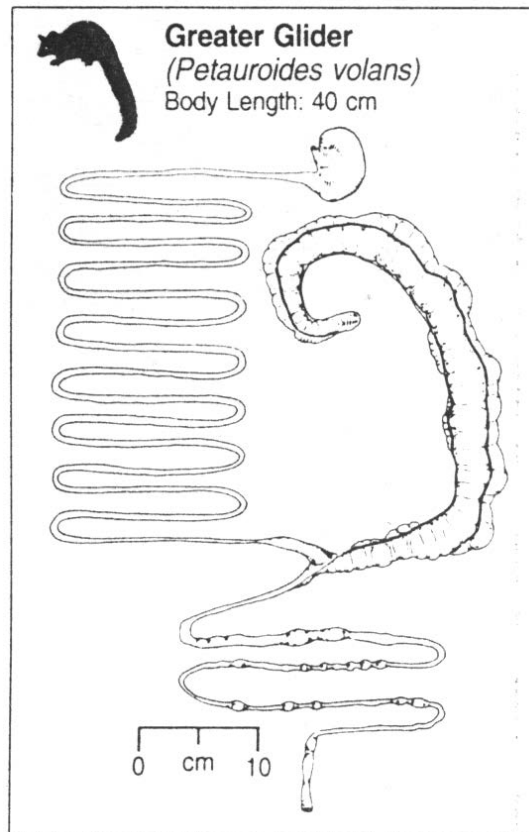


# Digestive anatomy





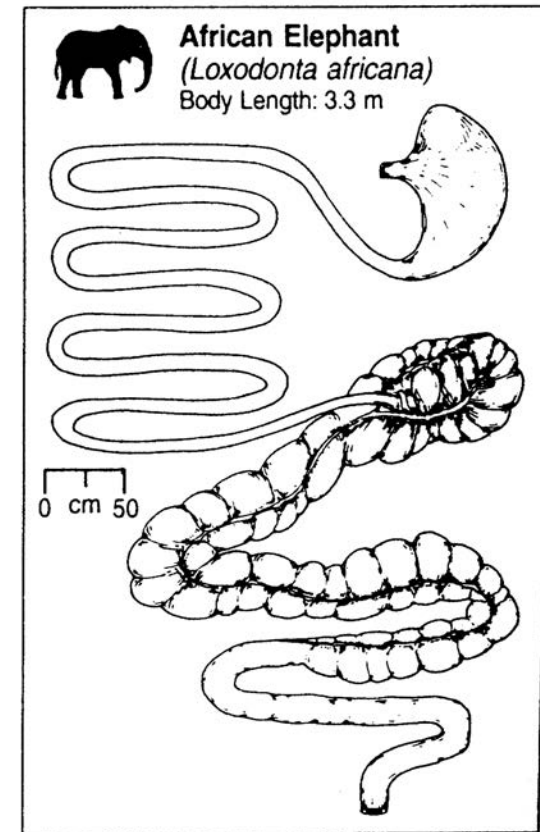
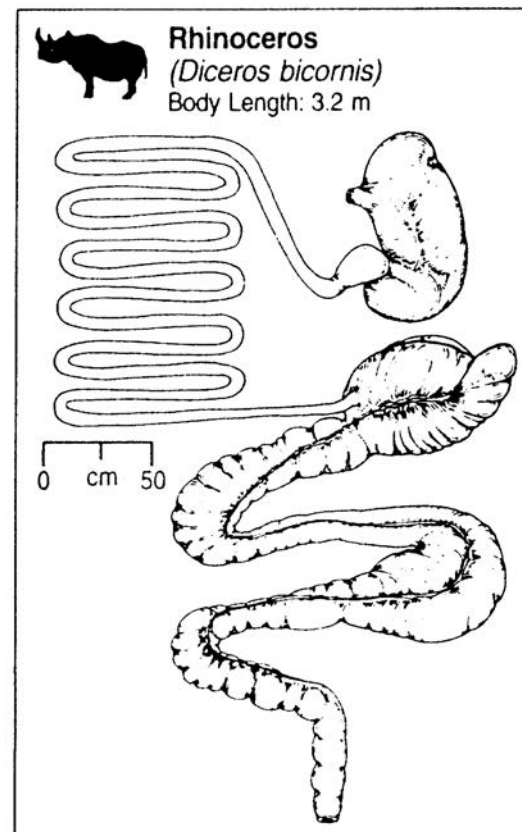
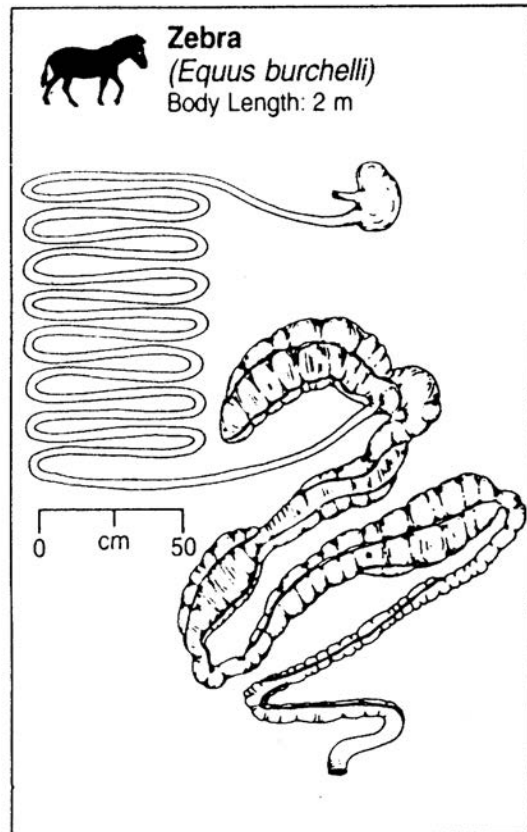
# Hindgut Fermentation - Caecum



from Stevens & Hume (1995)



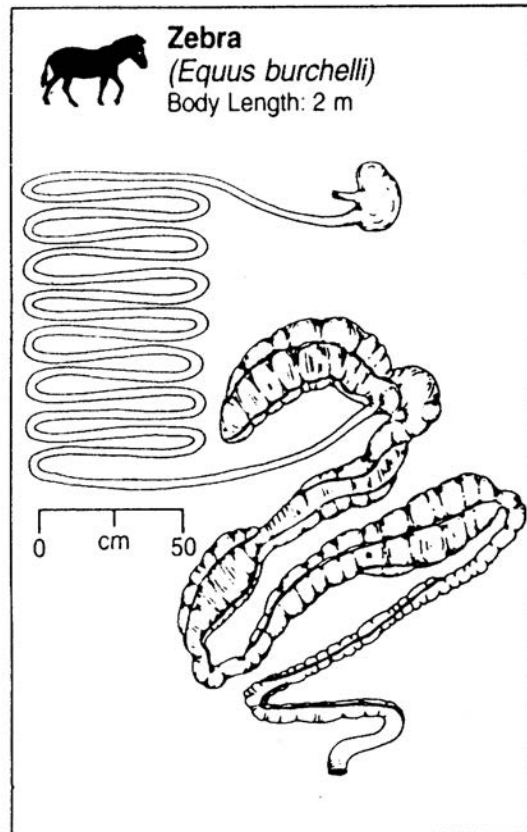
# Hindgut Fermentation - Colon



from Stevens & Hume (1995)



# Hindgut Fermentation - Colon

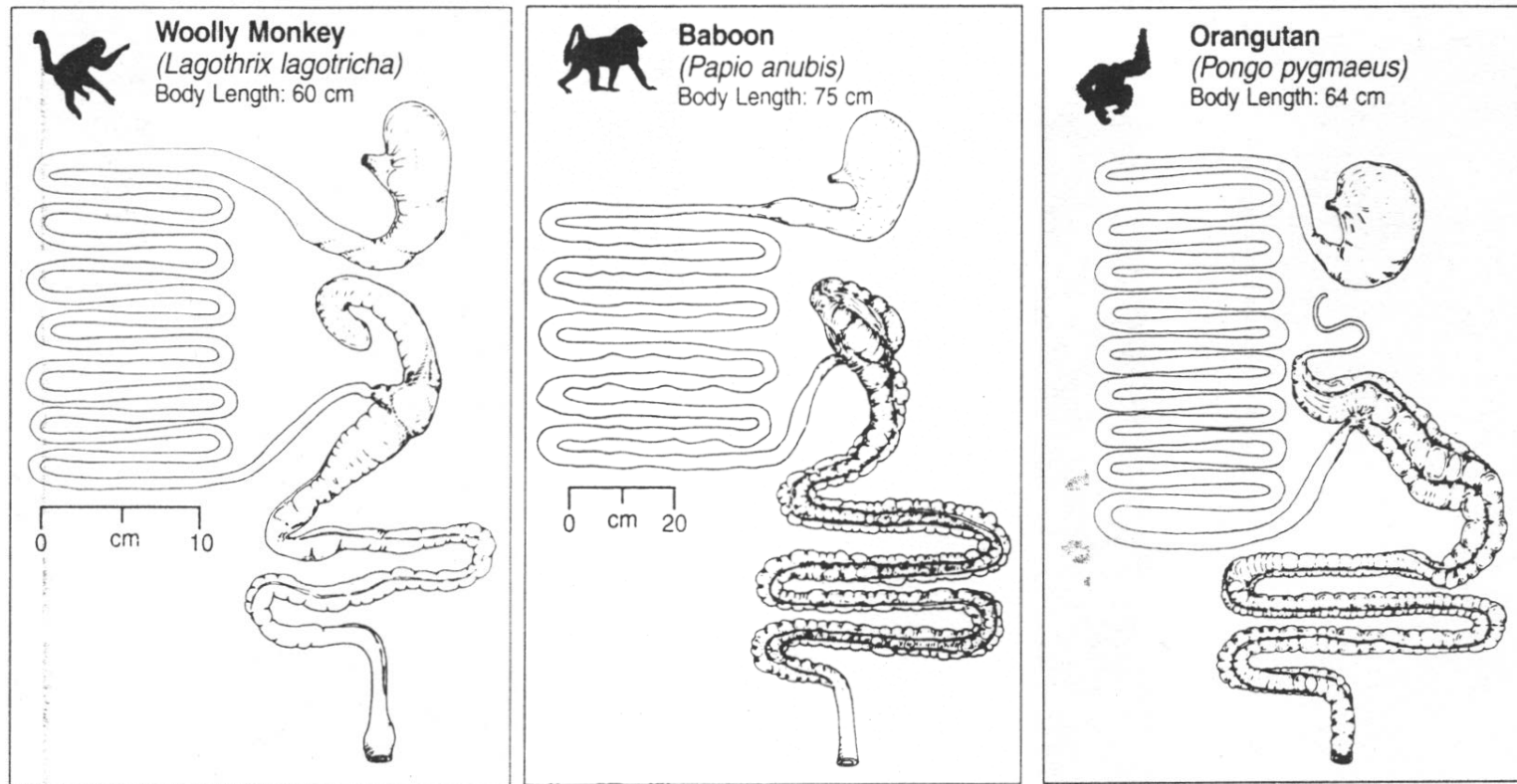


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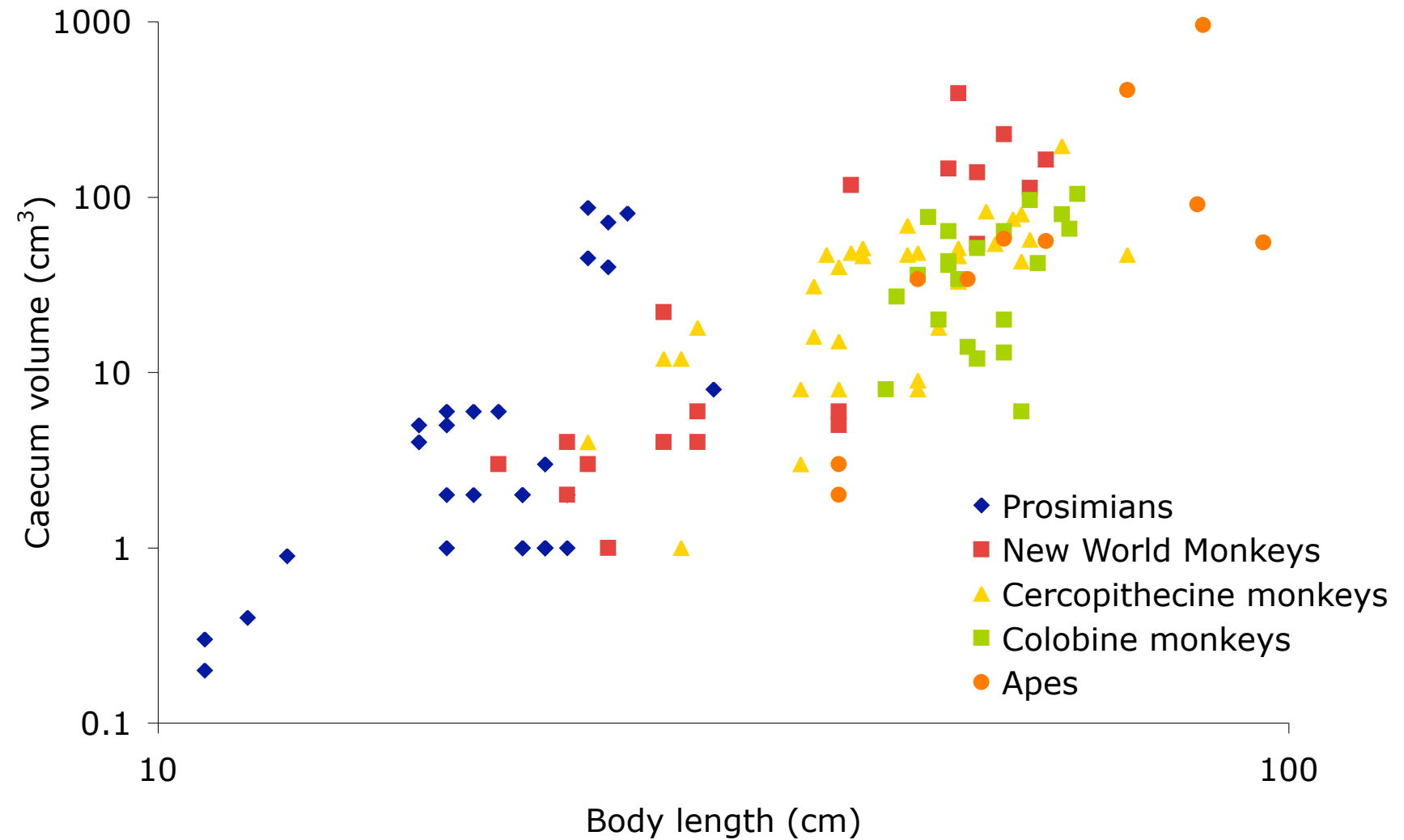
# Primate caecum/colon fermenters



from Stevens & Hume (1995)



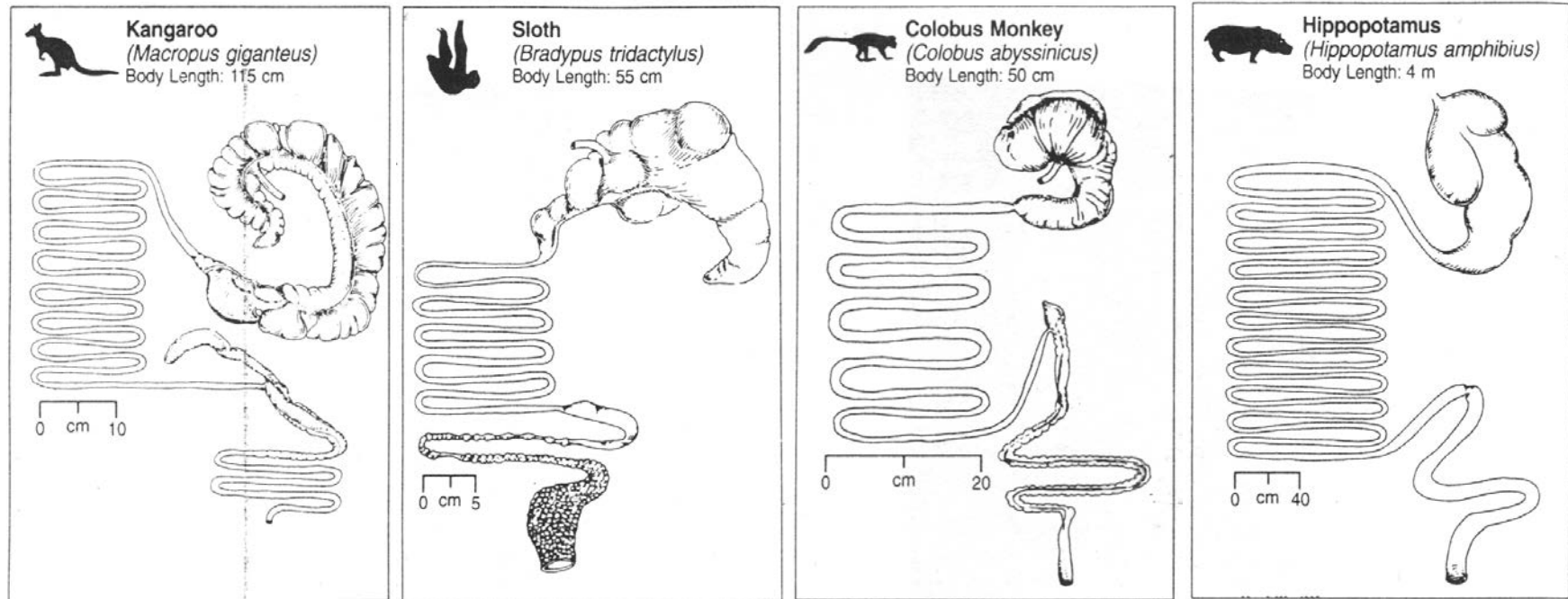
# Caecum volume



Data from Chivers & Hladik (1980)



# Foregut Fermentation



from Stevens & Hume (1995)



# Foregut Fermentation

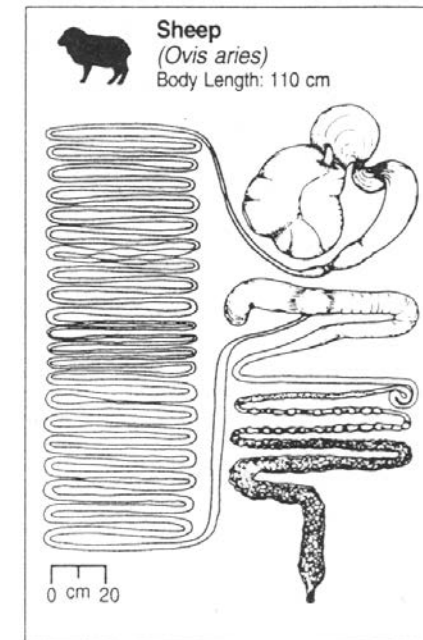
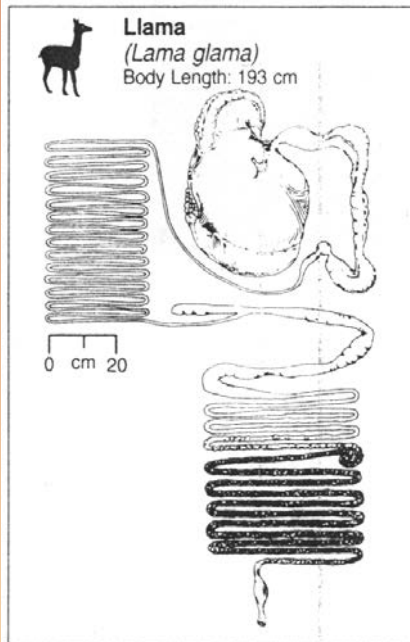


Photos A. Schwarm/  
M. Clauss





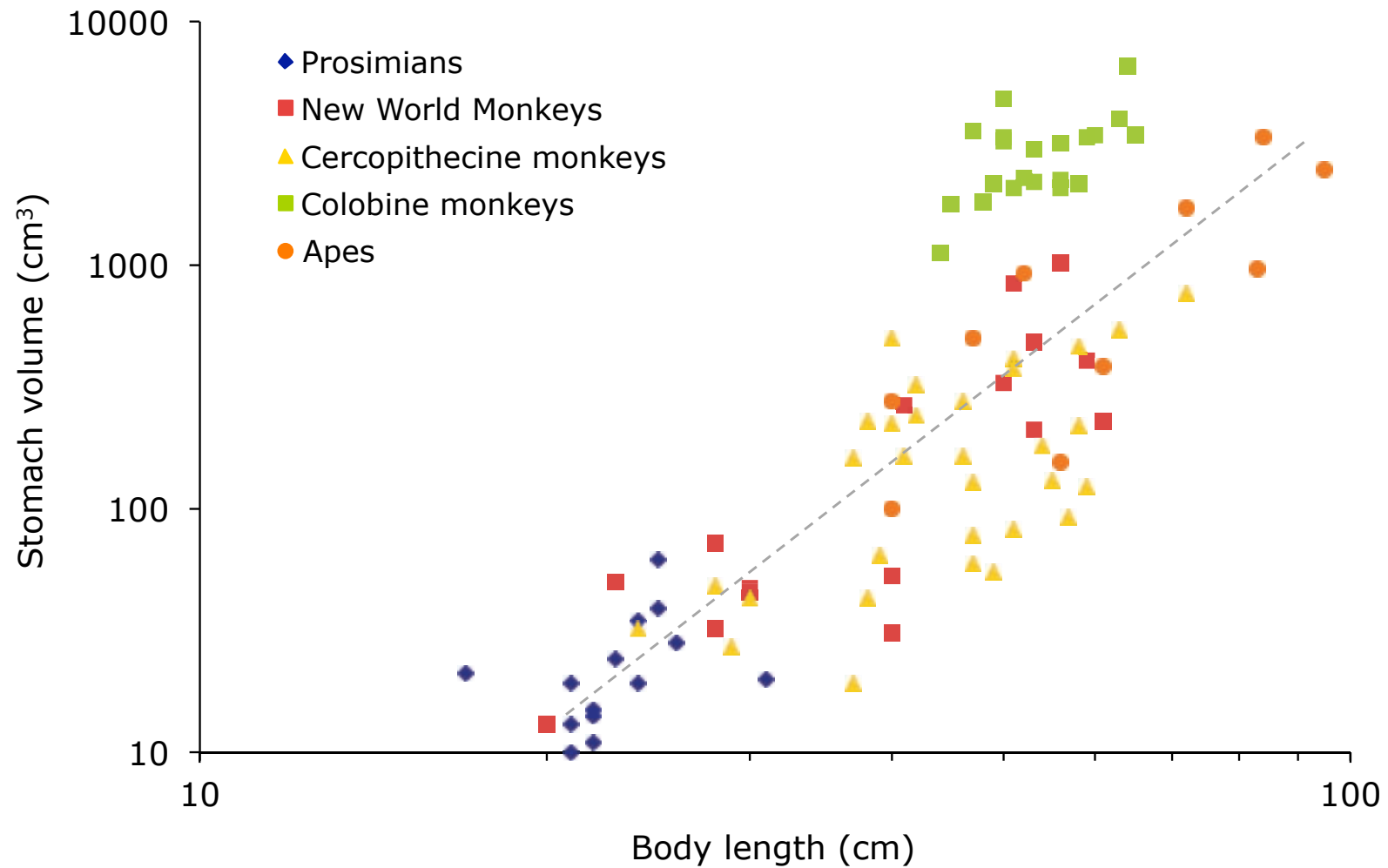
# Foregut Fermentation - Ruminant



aus Stevens & Hume (1995)  
Photo Llama: A. Riek



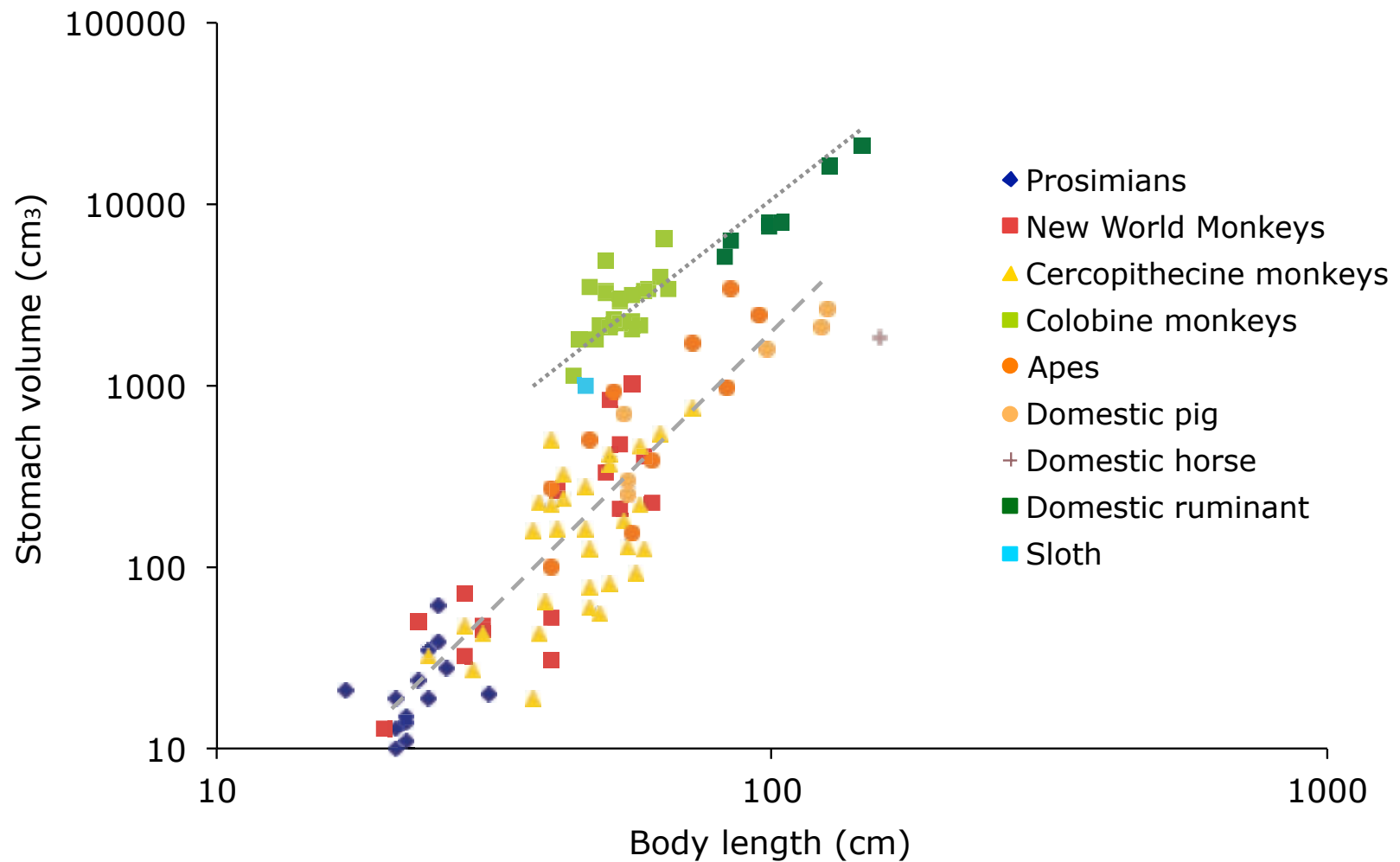
# Stomach volume



Data from Chivers & Hladik (1980)



# Stomach volume



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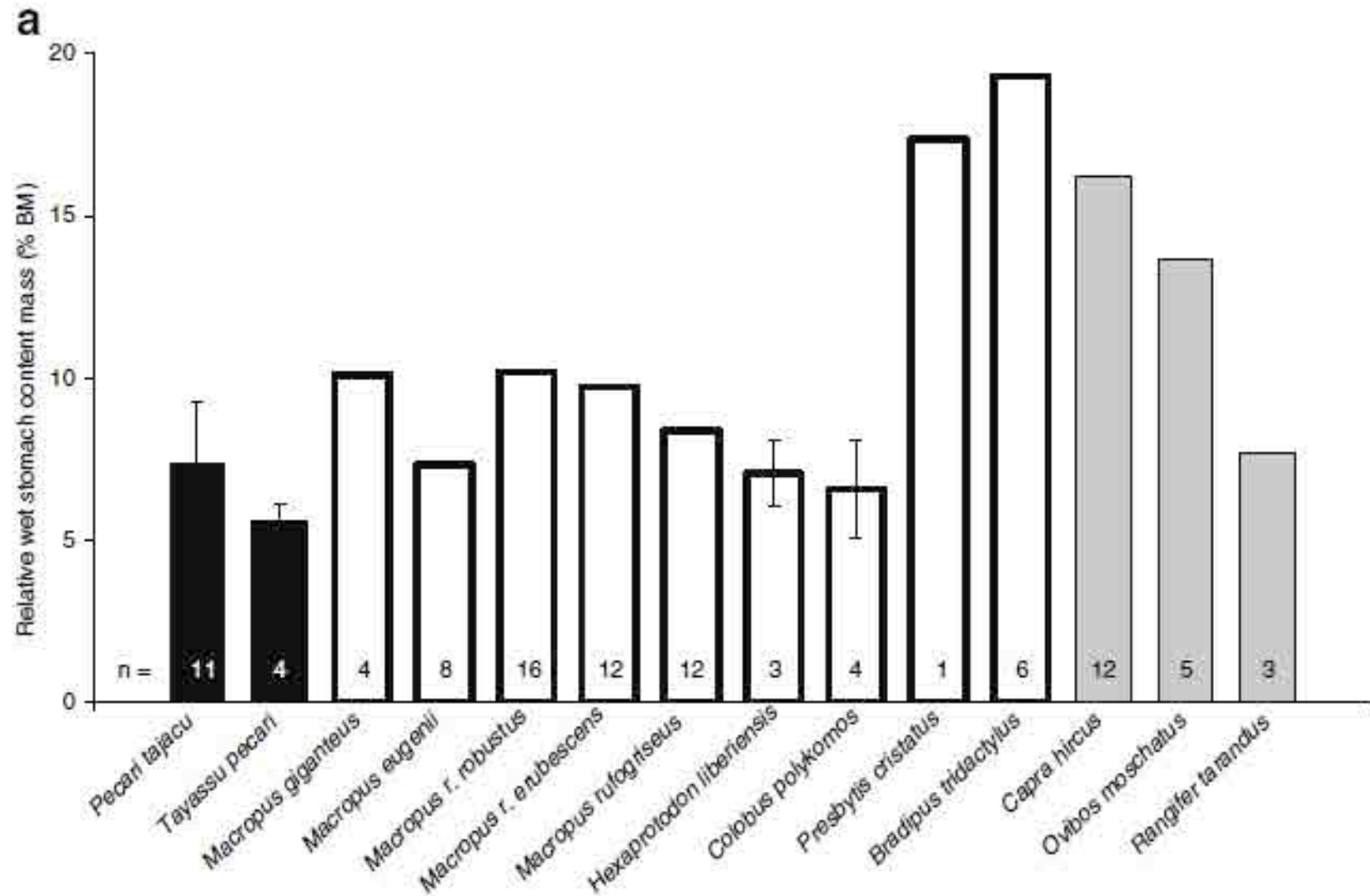
# Colobines: fermentation capacity



Data collection from Parra (1978)



# Colobines: fermentation capacity



Data collection from Schwarm et al. (2010)



# Digestive constraint I: The 'foregut fermentation trap'



# Foregut fermentation = Ruminant digestion?

## **Ruminant-Like Digestion of the Langur Monkey**

**T. BAUCHOP  
R. W. MARTUCCI**

**16 AUGUST 1968      SCIENCE, VOL. 161**





## Foregut fermentation = Ruminant digestion?

### THE EVOLUTIONARY STRATEGY OF THE EQUIDAE AND THE ORIGINS OF RUMEN AND CECAL DIGESTION

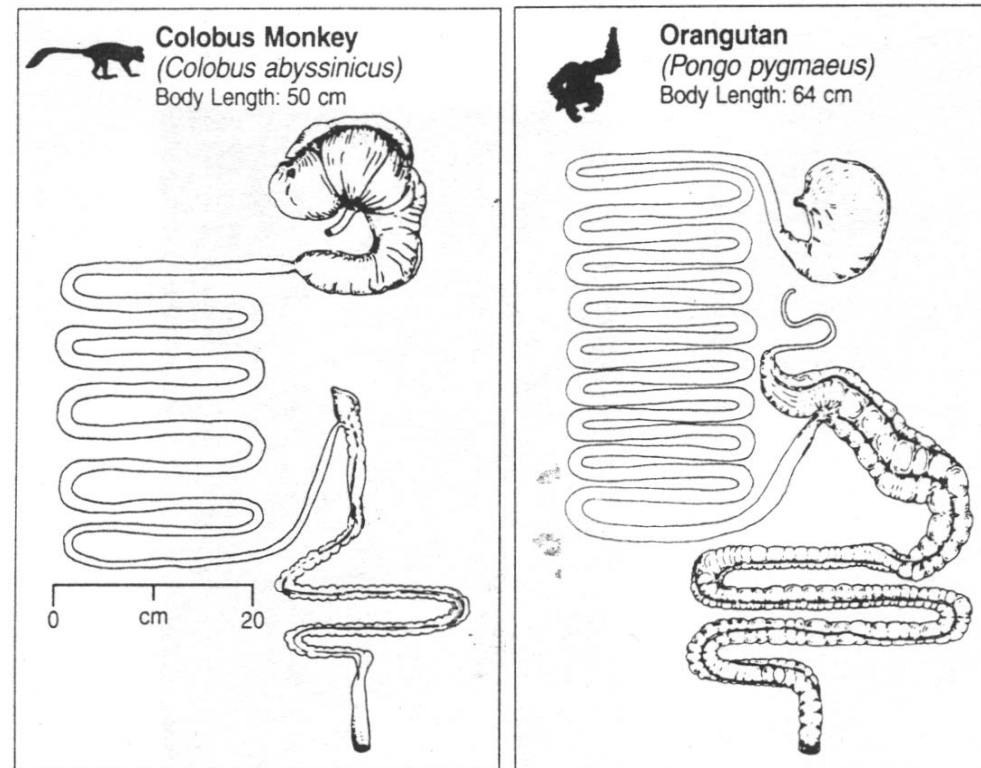
CHRISTINE JANIS

EVOLUTION 30:757-774. December 1976

I will use “ruminant” to  
designate any animal that ferments cellulose  
in its forestomach.



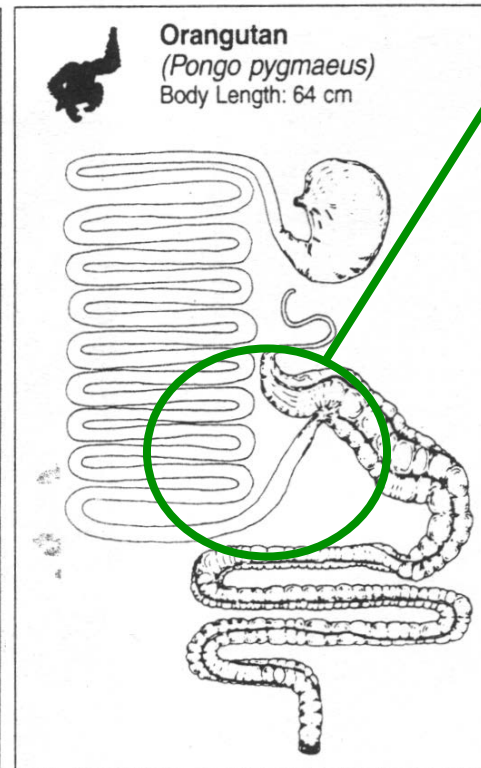
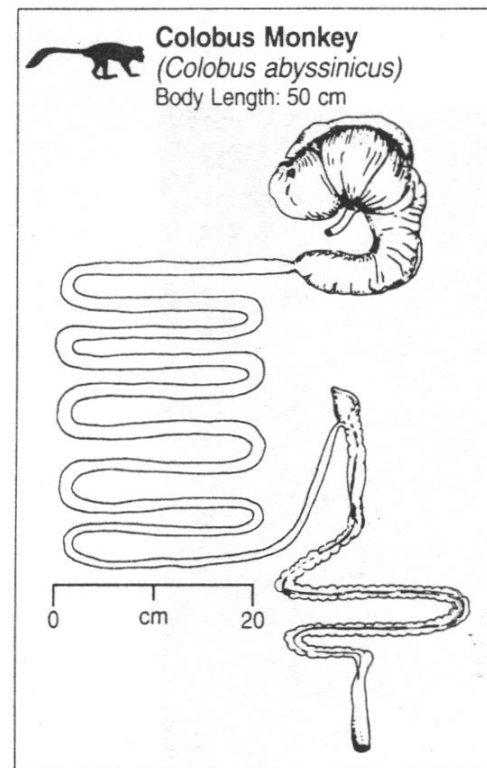
# Foregut vs. Hindgut Fermentation



from Stevens & Hume (1995)



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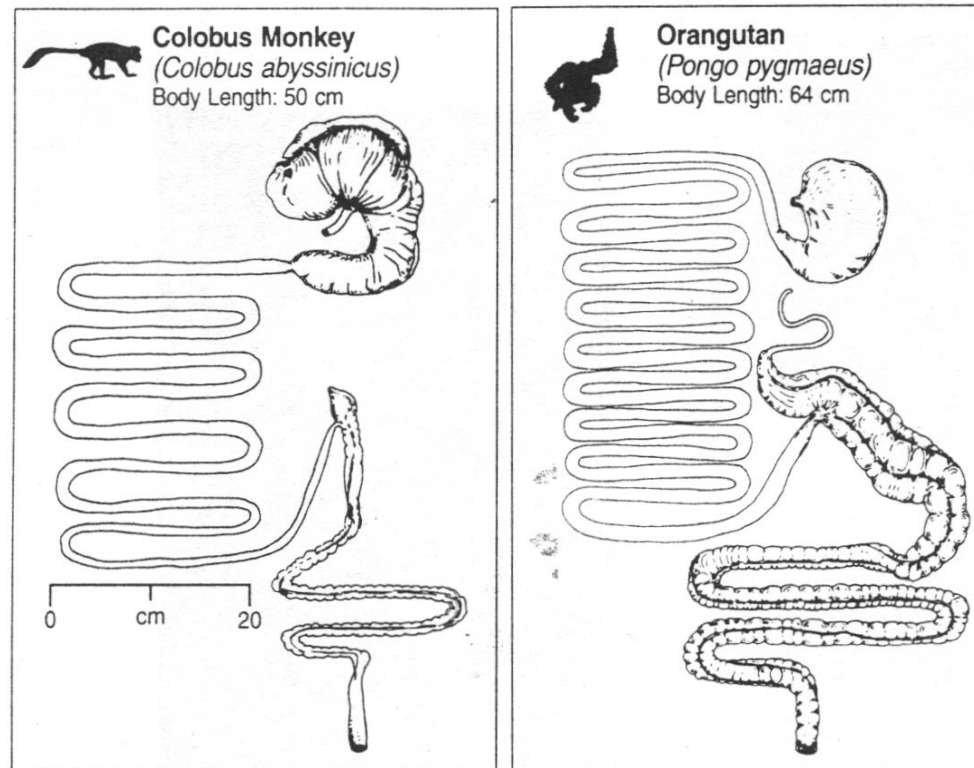


Fermentation  
after  
enzymatic  
digestion and  
absorption:

from Stevens & Hume (1995)



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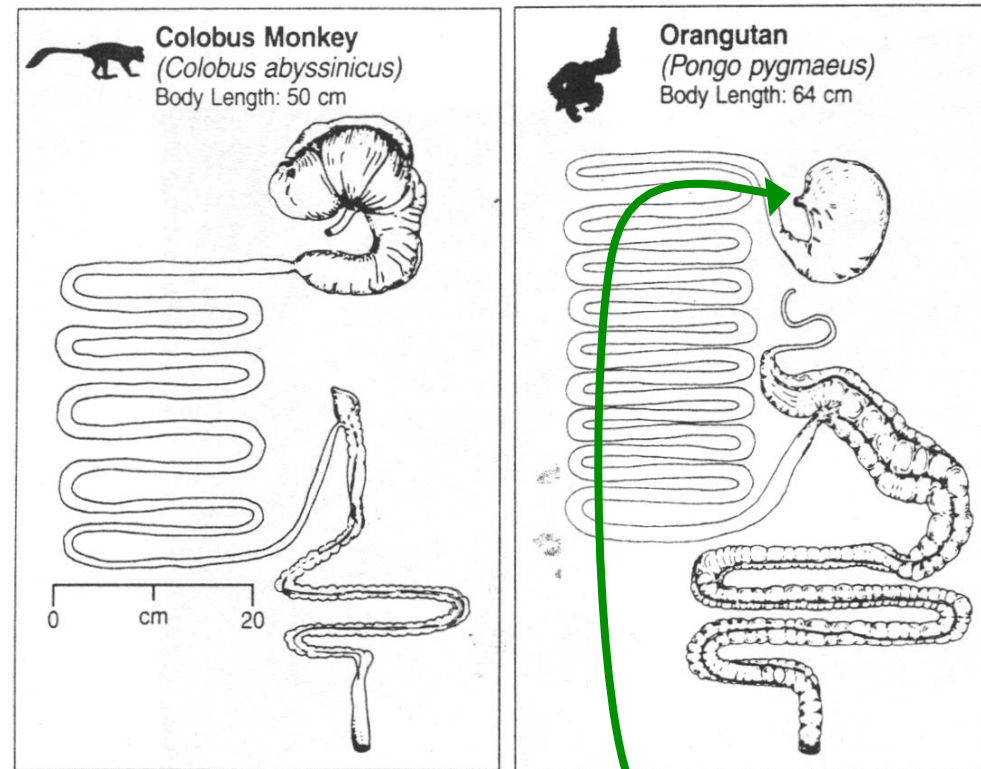
Fermentation  
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'Loss' of  
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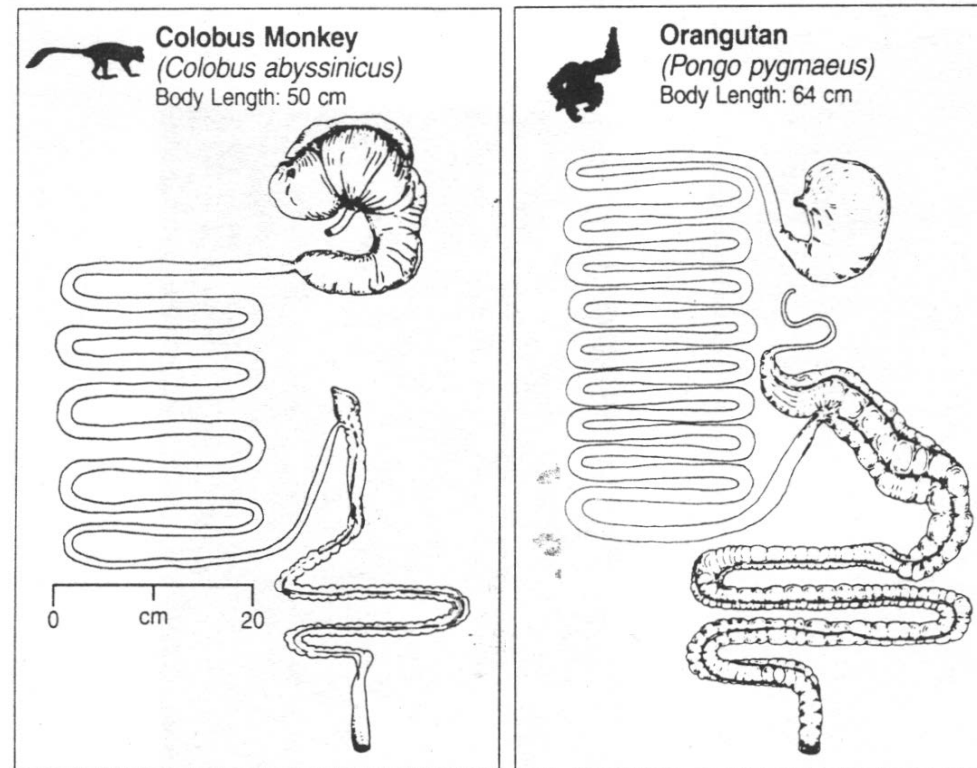
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(coprophagy)

from Stevens & Hume (1995)



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(coprophagy)

Use of easily  
digestible  
substrates

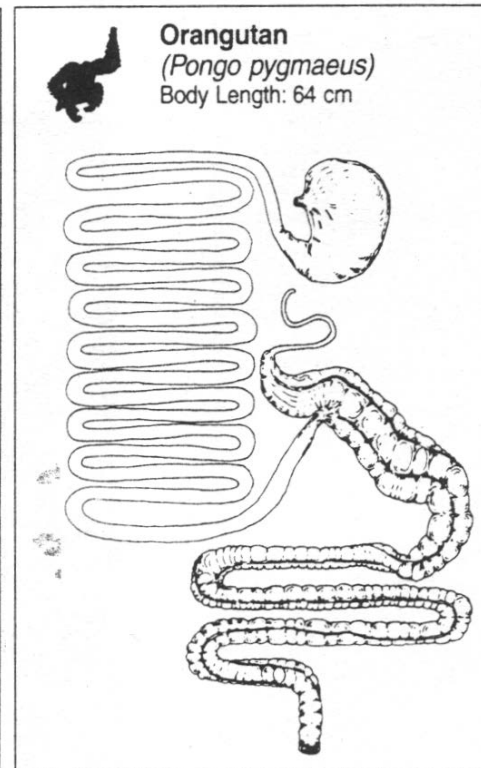
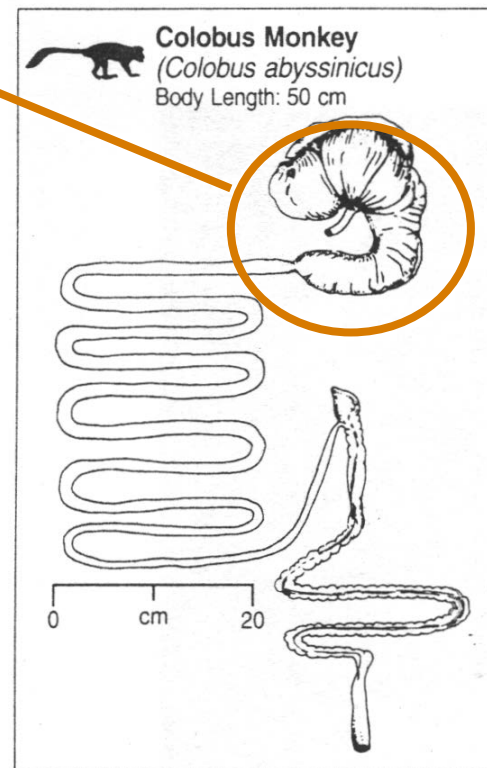
from Stevens & Hume (1995)





# Foregut vs. Hindgut Fermentation

Fermentation prior to enzymatic digestion and absorption:



Fermentation after enzymatic digestion and absorption:

'Loss' of bacterial protein, bacterial products (B-Vitamins?)?

(coprophagy)

Use of easily digestible substrates

from Stevens & Hume (1995)

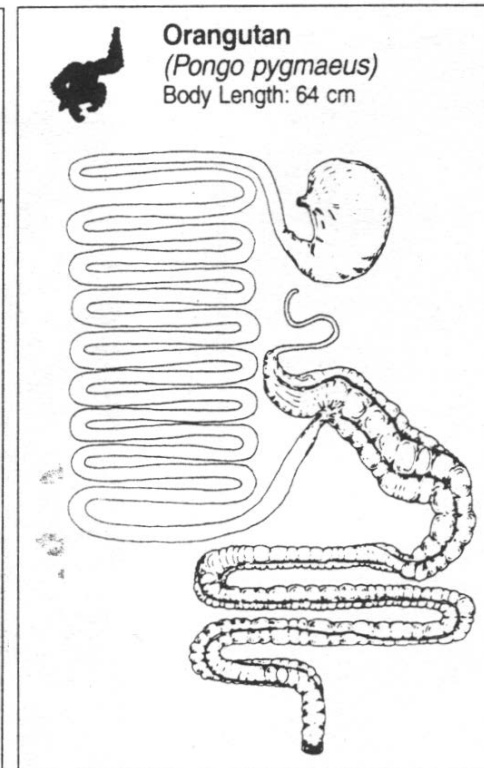
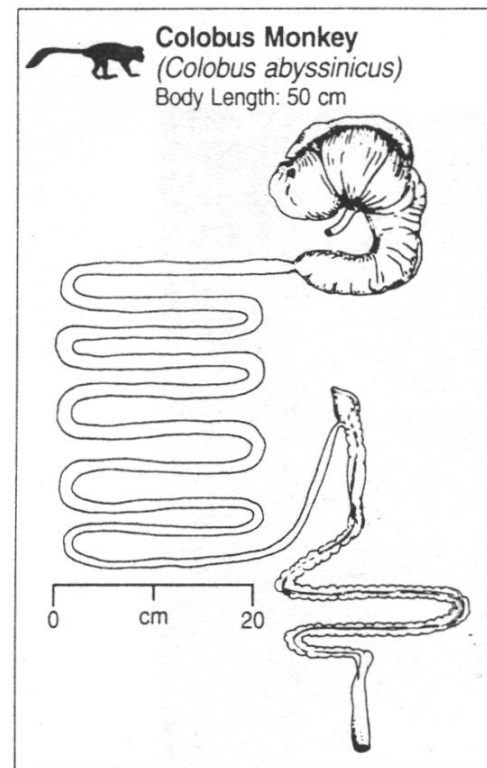




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Fermentation prior to enzymatic digestion and absorption:

Use of bacterial protein, bacterial products (B-Vitamins)



Fermentation after enzymatic digestion and absorption:

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Use of easily digestible substrates

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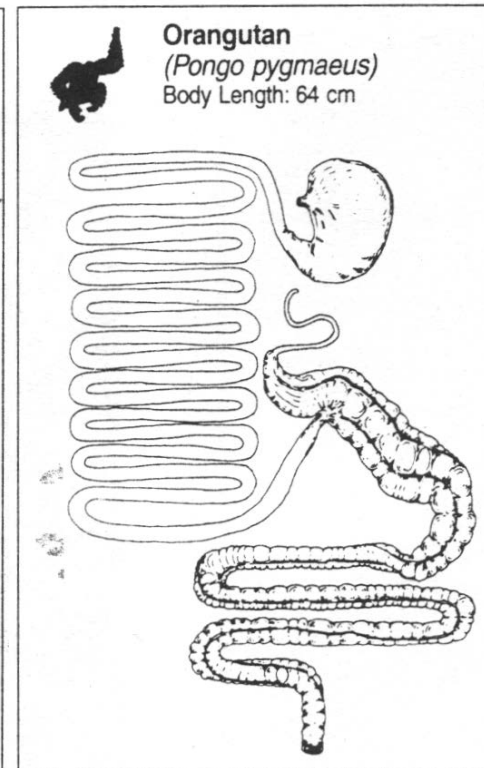
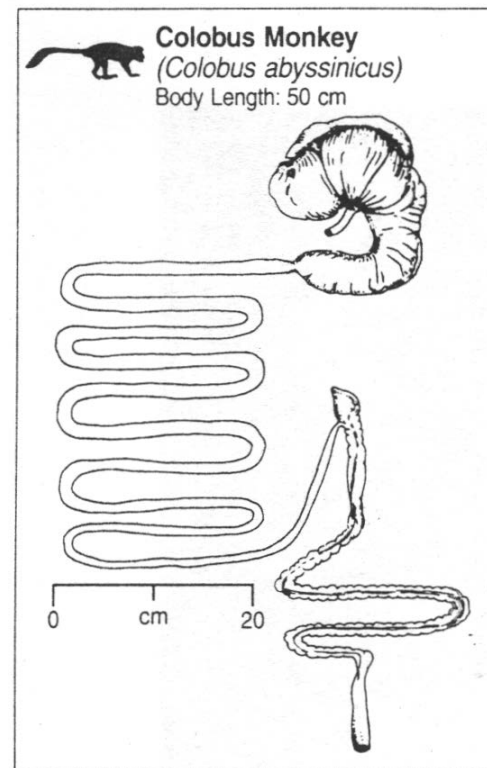


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Bacterial detoxification?



Fermentation after enzymatic digestion and absorption:

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(coprophagy)

Use of easily digestible substrates

from Stevens & Hume (1995)



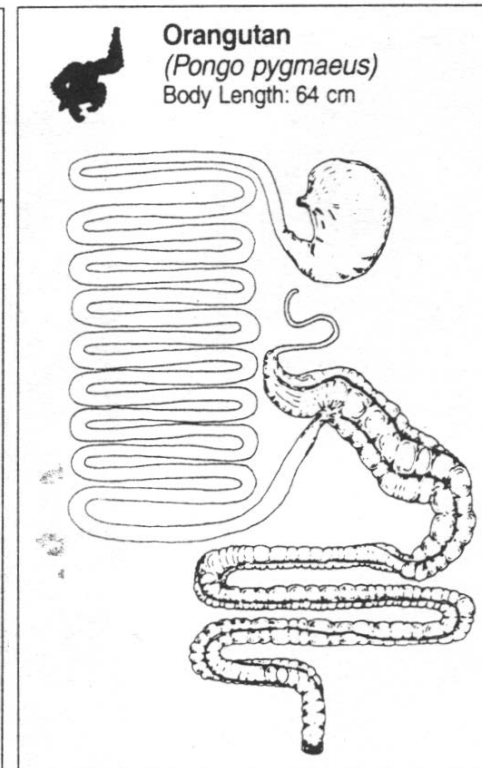
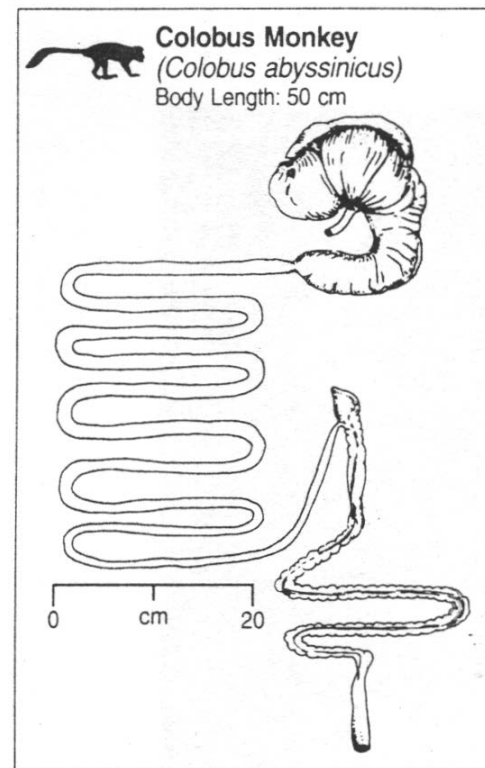
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Bacterial detoxification?

'Loss' of easily digestible substrates and bacterial modification



Fermentation after enzymatic digestion and absorption:

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(coprophagy)

Use of easily digestible substrates

from Stevens & Hume (1995)



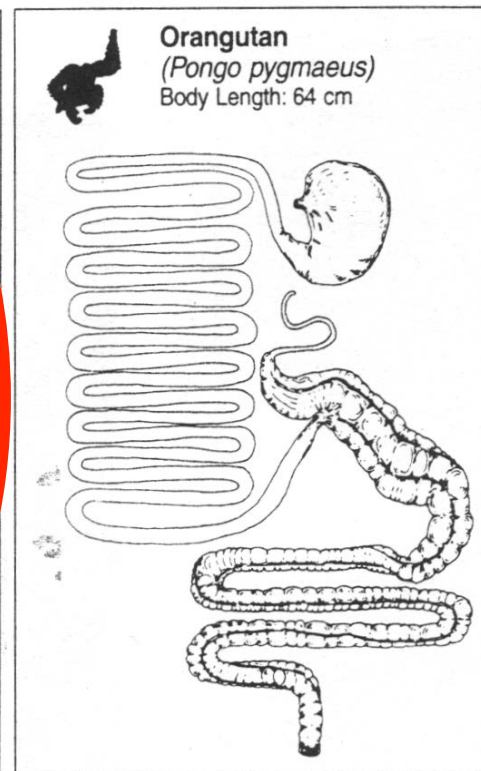
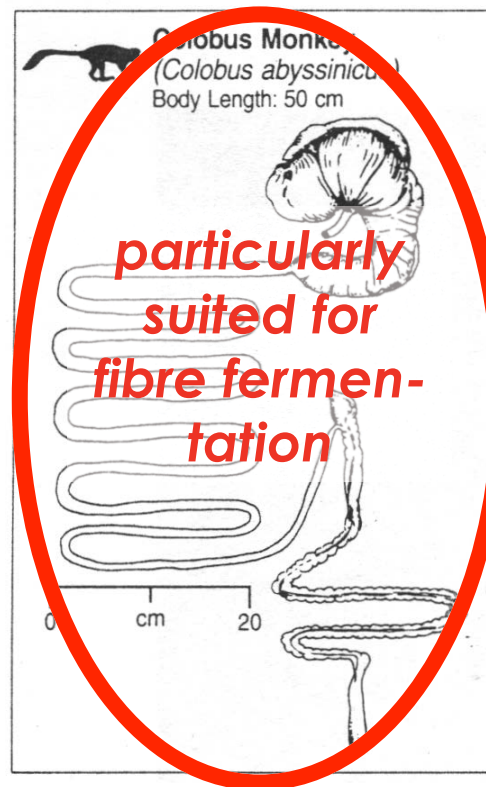
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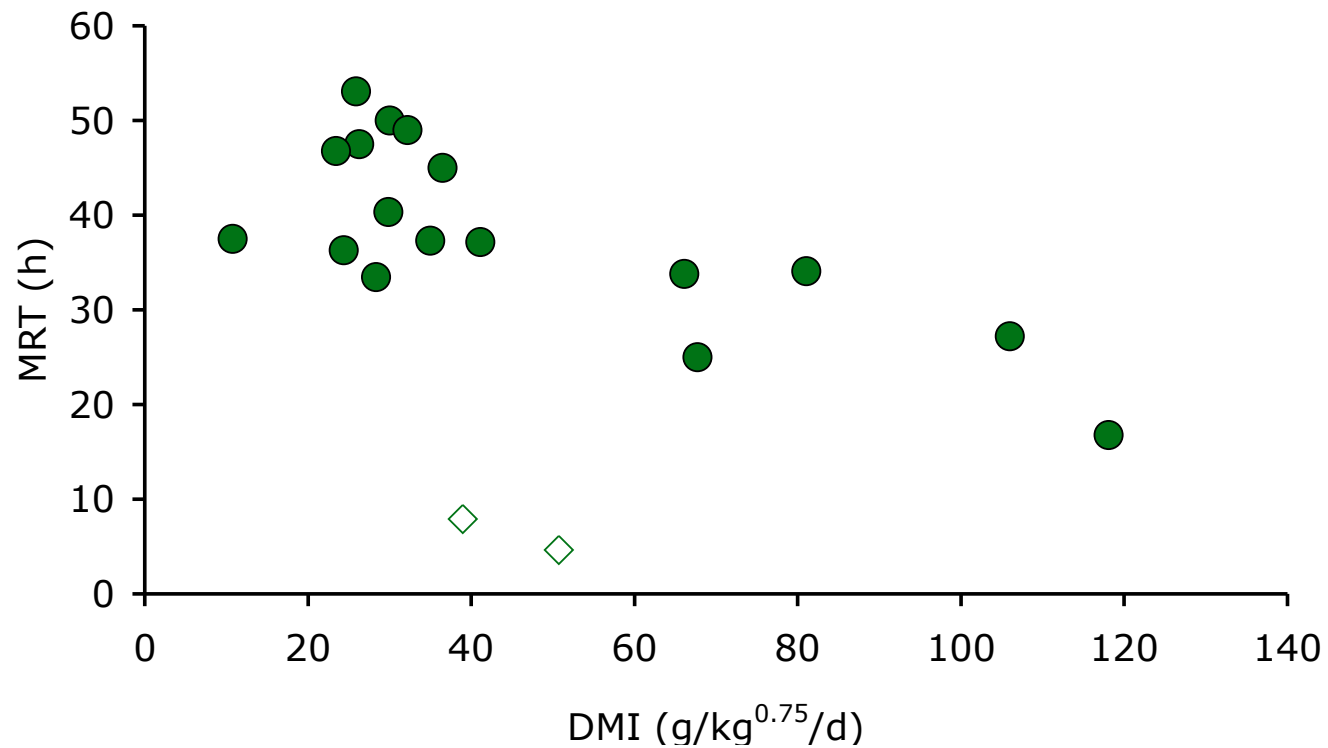
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(coprophagy)

Use of easily digestible substrates



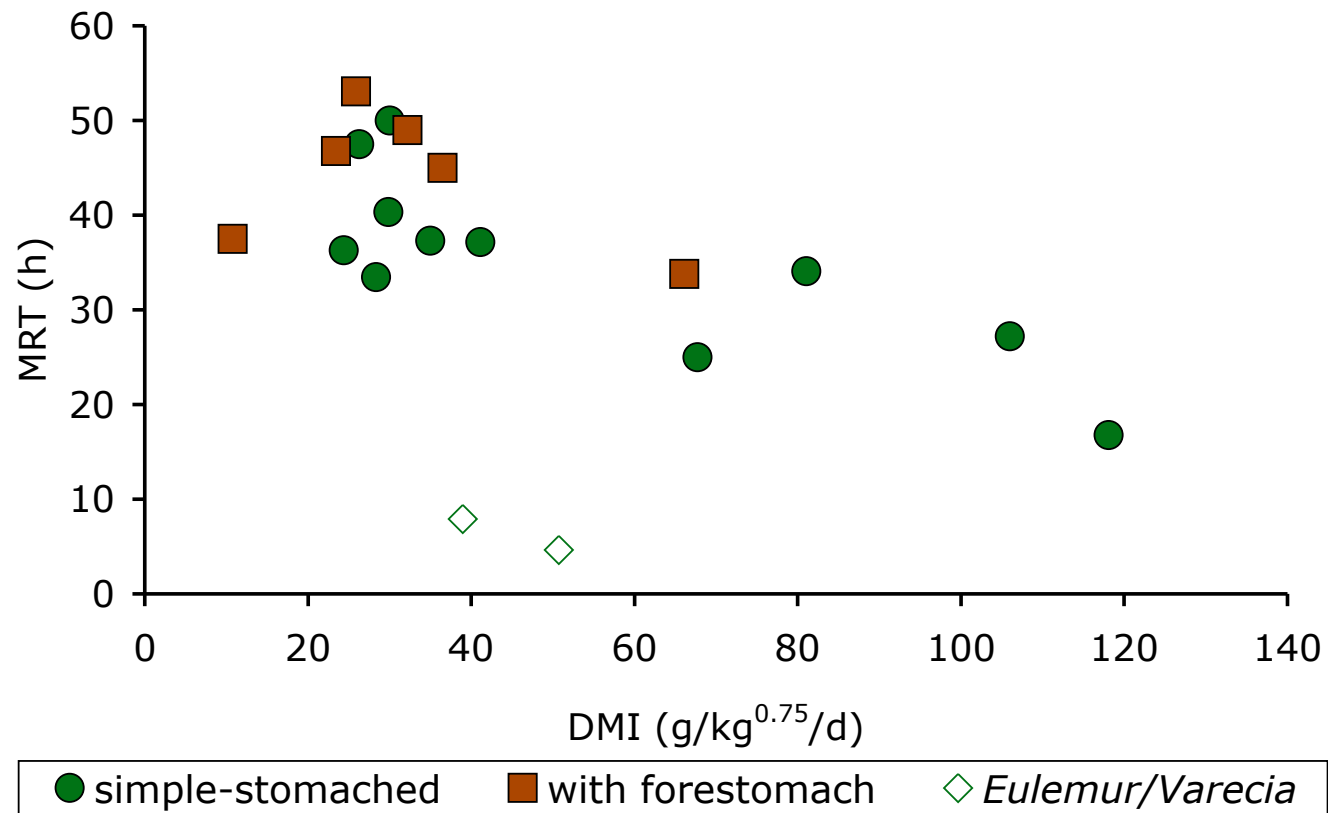
# Intake and Passage in Primates



from Clauss et al. (2008)



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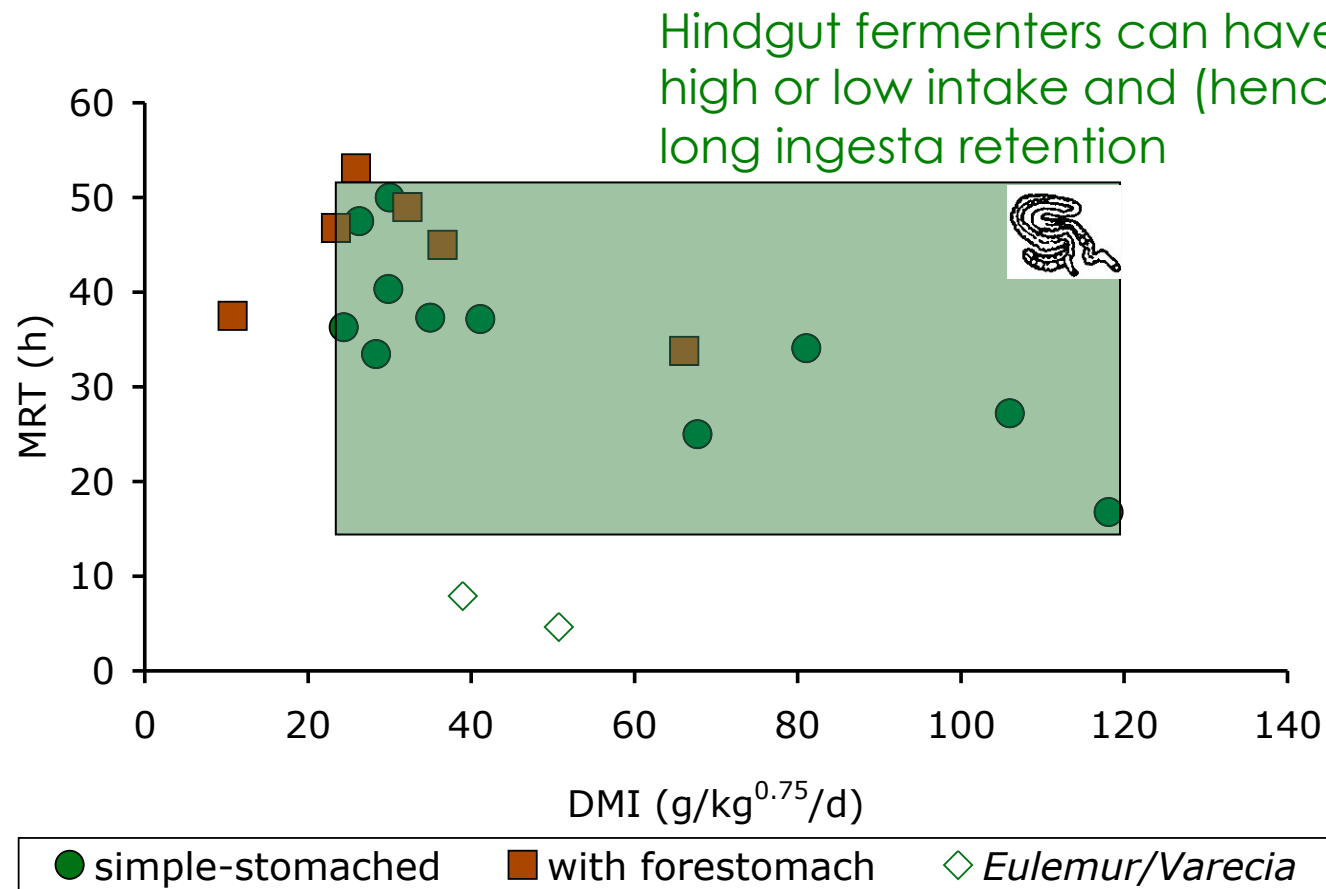


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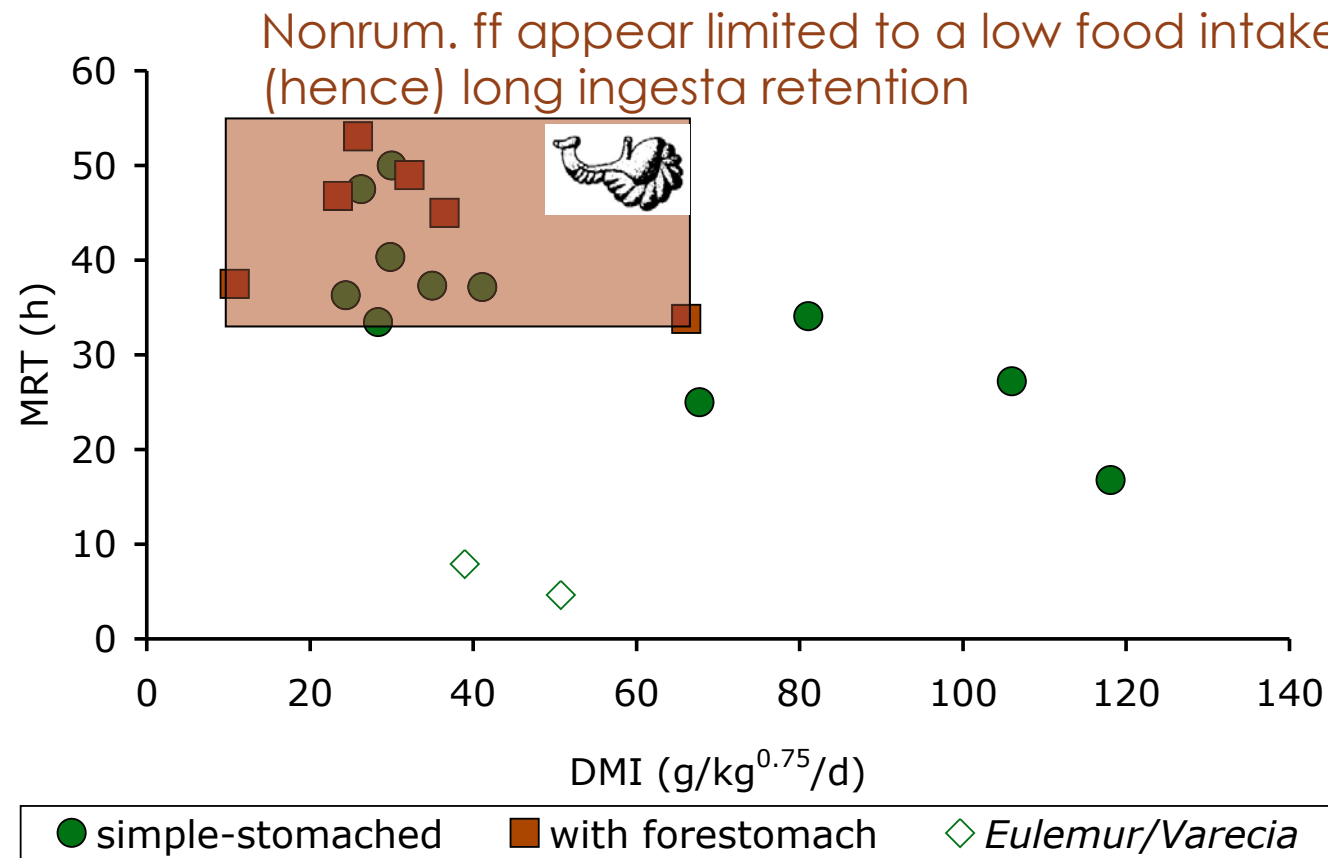
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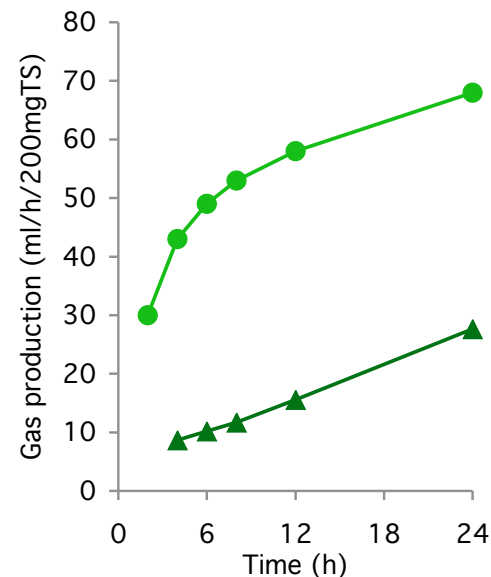
# Intake and Passage in Primates





# Two Preconditions

1. It is energetically favourable to digest 'autoenzymatically digestible' components autoenzymatically, not by fermentative digestion.
2. Autoenzymatically digestible components are fermented **at a drastically higher rate** than plant fiber.



from Hummel et al. (2006ab)



# Digestive Strategies



Low intake  
⇒ long passage

High intake  
⇒ short passage



# Digestive Strategies



Low intake  
⇒ long passage

Autoenzymatic  
digestion followed  
by thorough  
fermentative  
digestion ✓

High intake  
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# Digestive Strategies



Low intake  
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Autoenzymatic  
digestion followed  
by cursory  
fermentative  
digestion ✓





# Digestive Strategies



Low intake  
⇒ long passage

Autoenzymatic  
digestion followed  
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Fermentative digestion  
followed by  
autoenzymatic  
digestion of products  
(and remains) ✓

High intake  
⇒ short passage

Autoenzymatic  
digestion followed  
by cursory  
fermentative  
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# Digestive Strategies



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*Cursory fermentative  
digestion mainly of  
autoenzymatically  
digestible components  
followed by ineffective  
autoenzymatic digestion  
of undigested fiber?*



# Digestive Strategies



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~~Cursory fermentative  
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# From Digestive to Metabolic Strategies



Low intake  
⇒ long passage  
⇒ **low BMR**



High intake  
⇒ short passage  
⇒ **high BMR**





## How can you increase fermentative digestive efficiency?

- Digestion of plant fibre by bacteria is the more efficient ...
  - the more time is available for it  
= the longer the mean gastrointestinal retention time.
  - the finer the plant fibre particles are  
= the finer the ingesta is chewed.



## How can you increase energy intake?

- higher food intake
- higher digestive efficiency



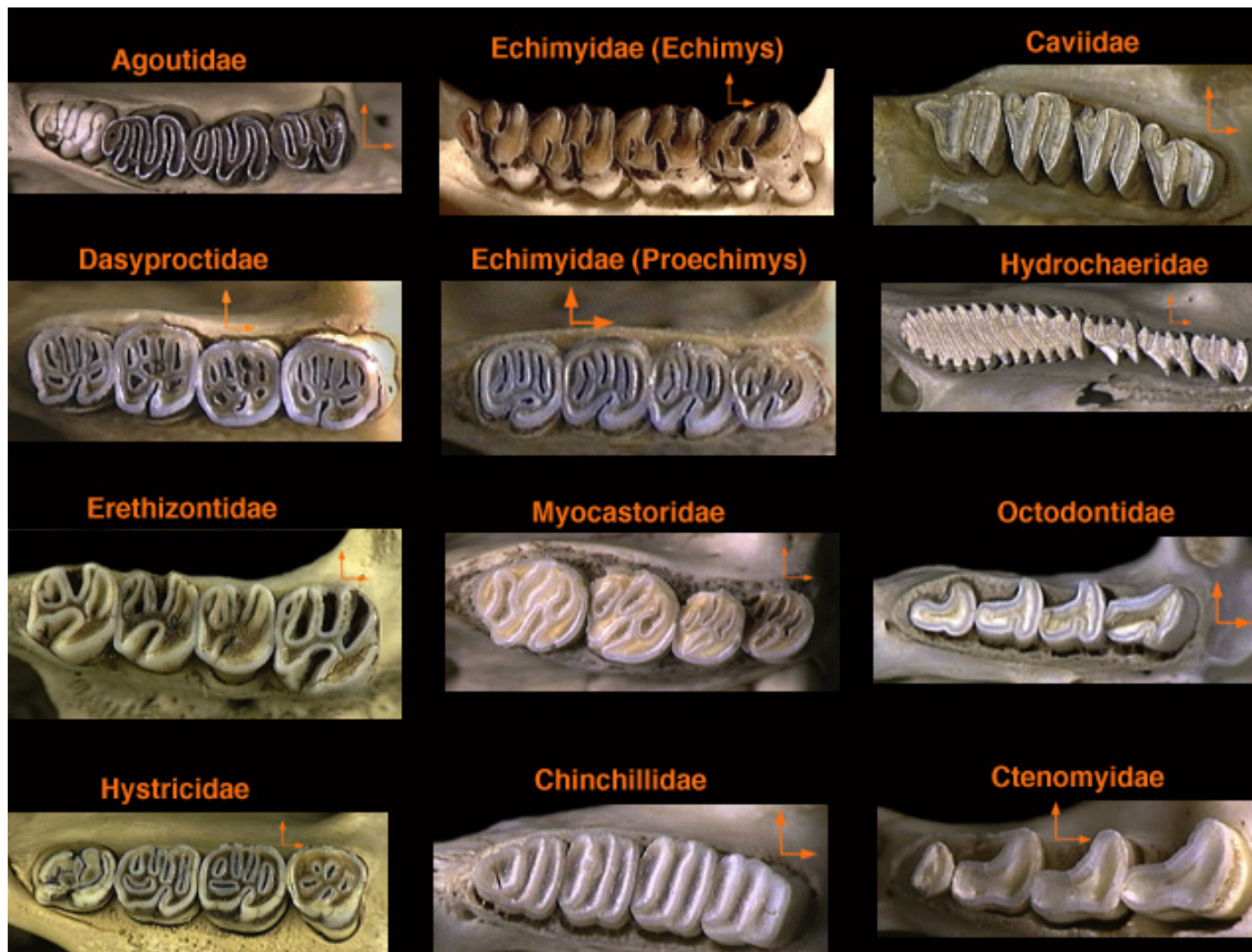


## How can you increase energy intake?

- higher food intake
- longer retention
- finer chewing



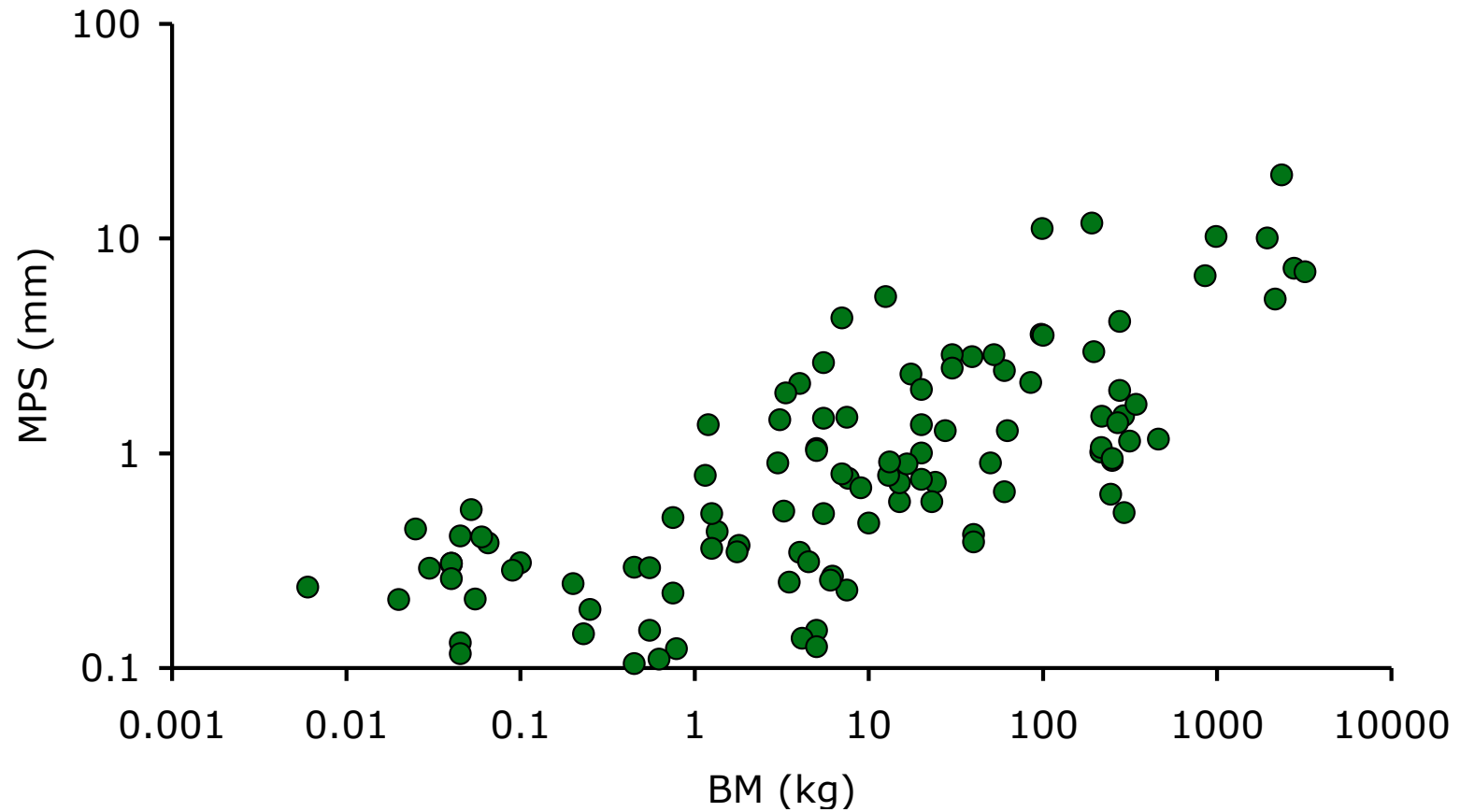
# “Mammals are the definite chewers”



aus The Animal Diversity Web - <http://animaldiversity.org>



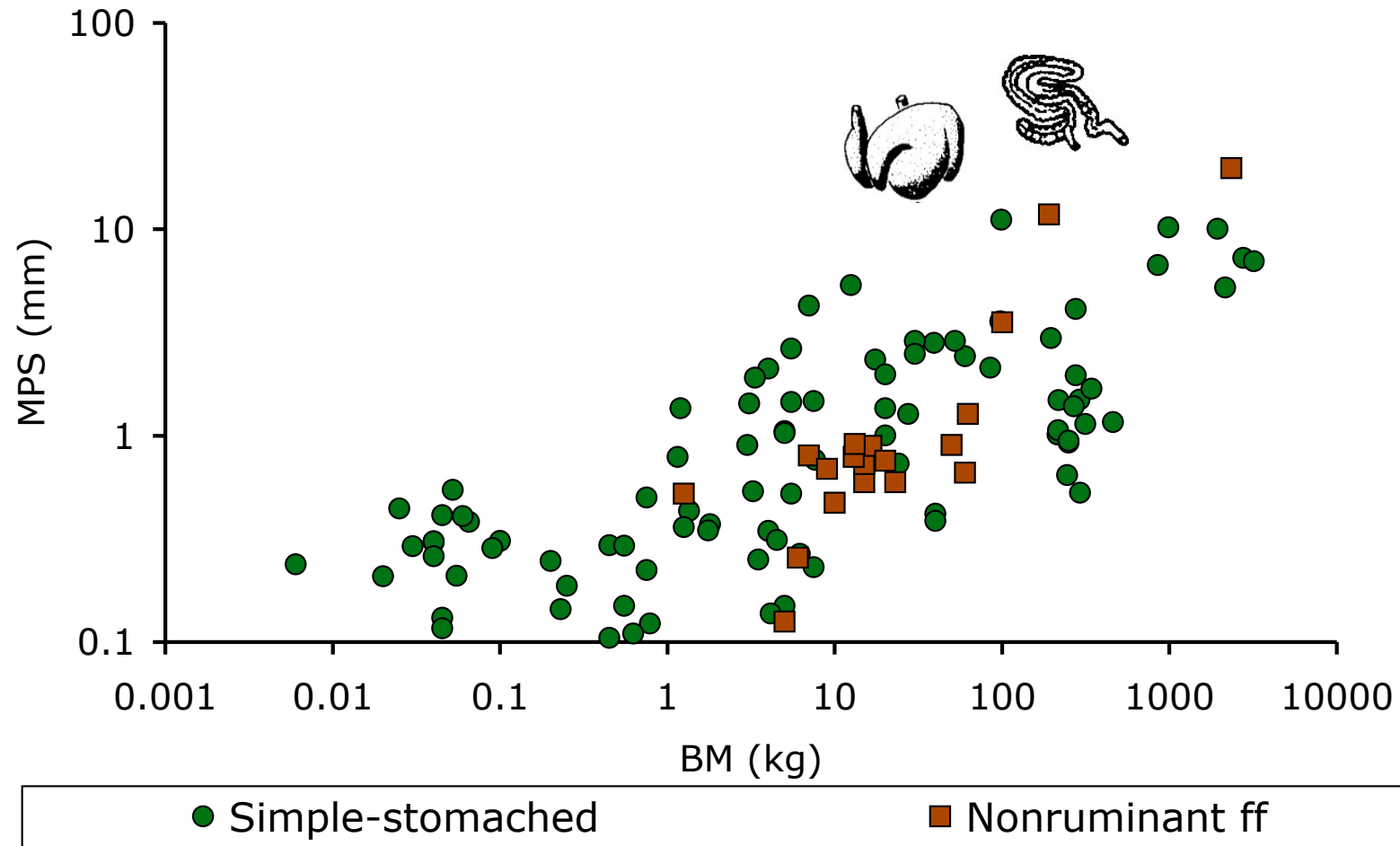
# Ingesta particle size (chewing efficiency)



from Fritz (2007)



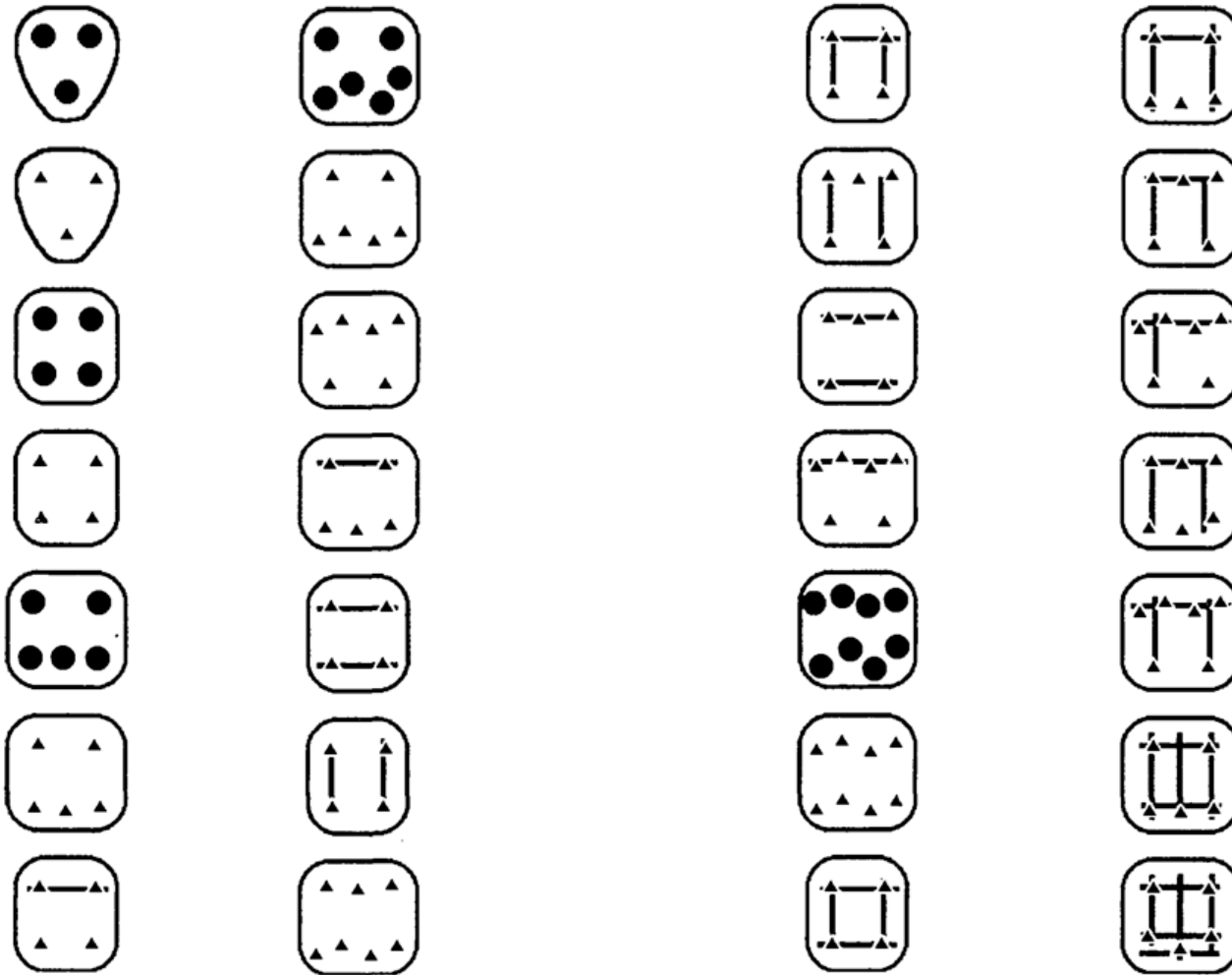
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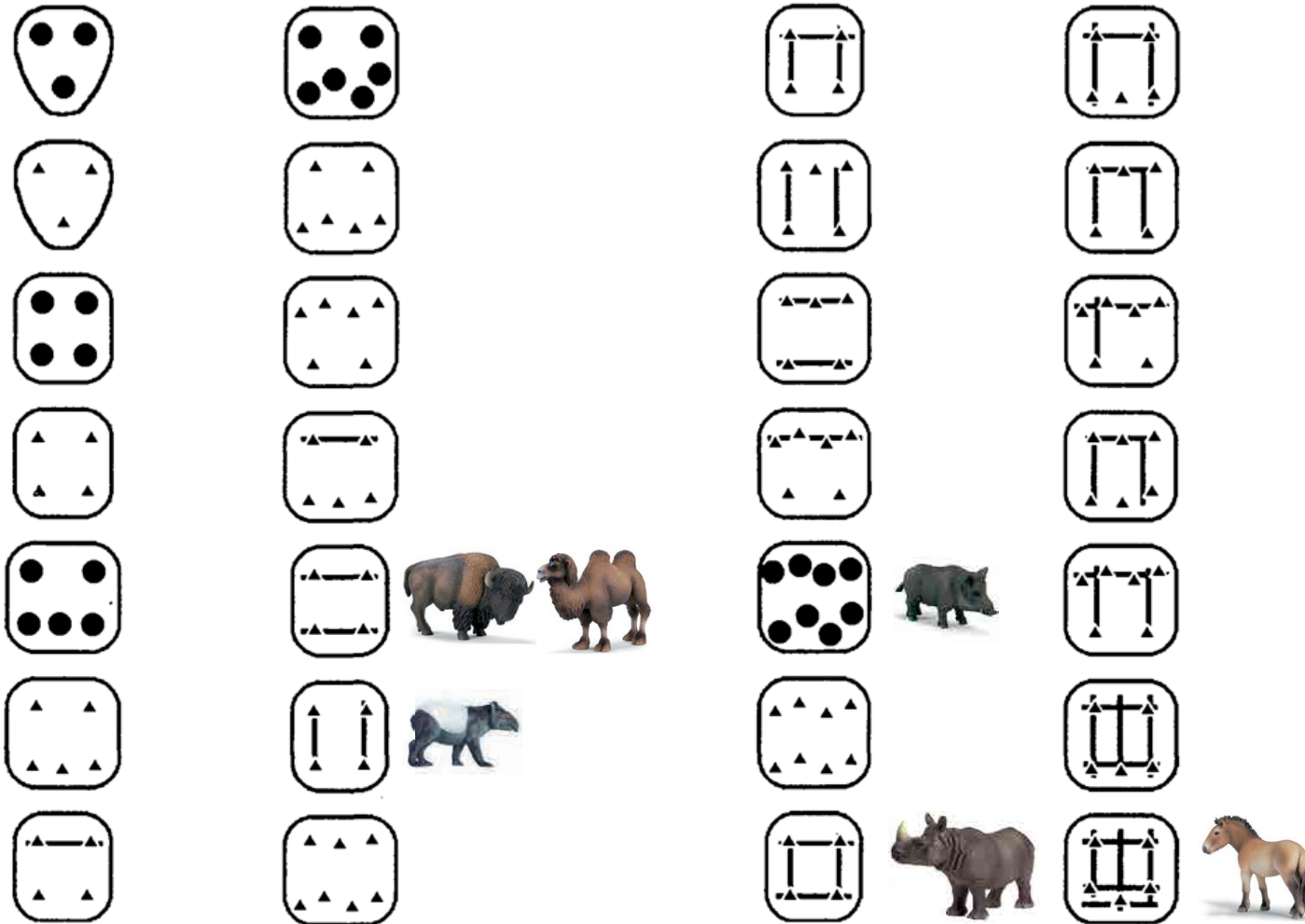
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aus Jernvall et al. (1996)



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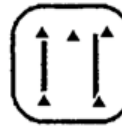
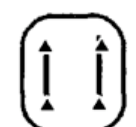
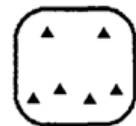


aus Jernvall et al. (1996)





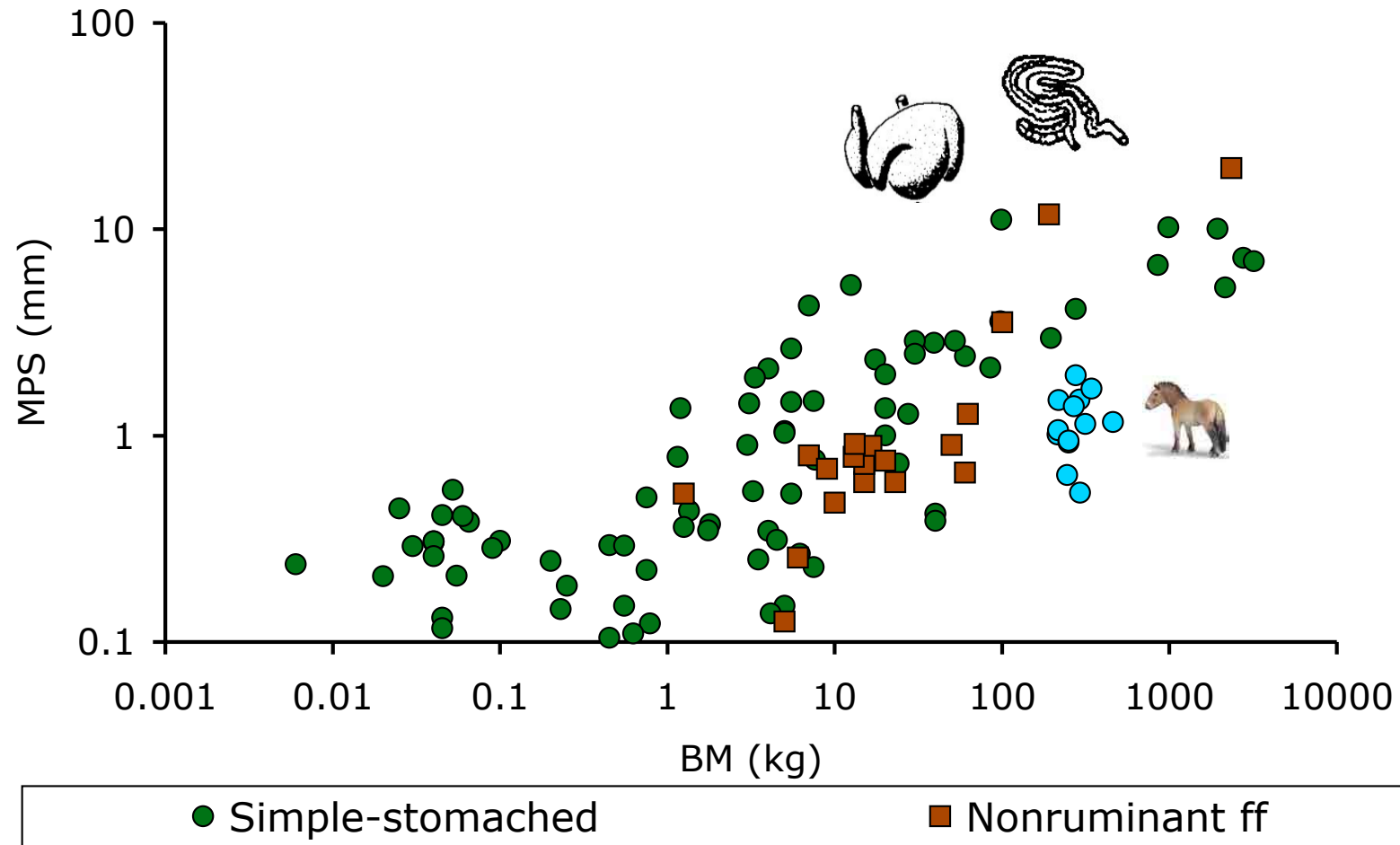
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aus Jernvall et al. (1996)



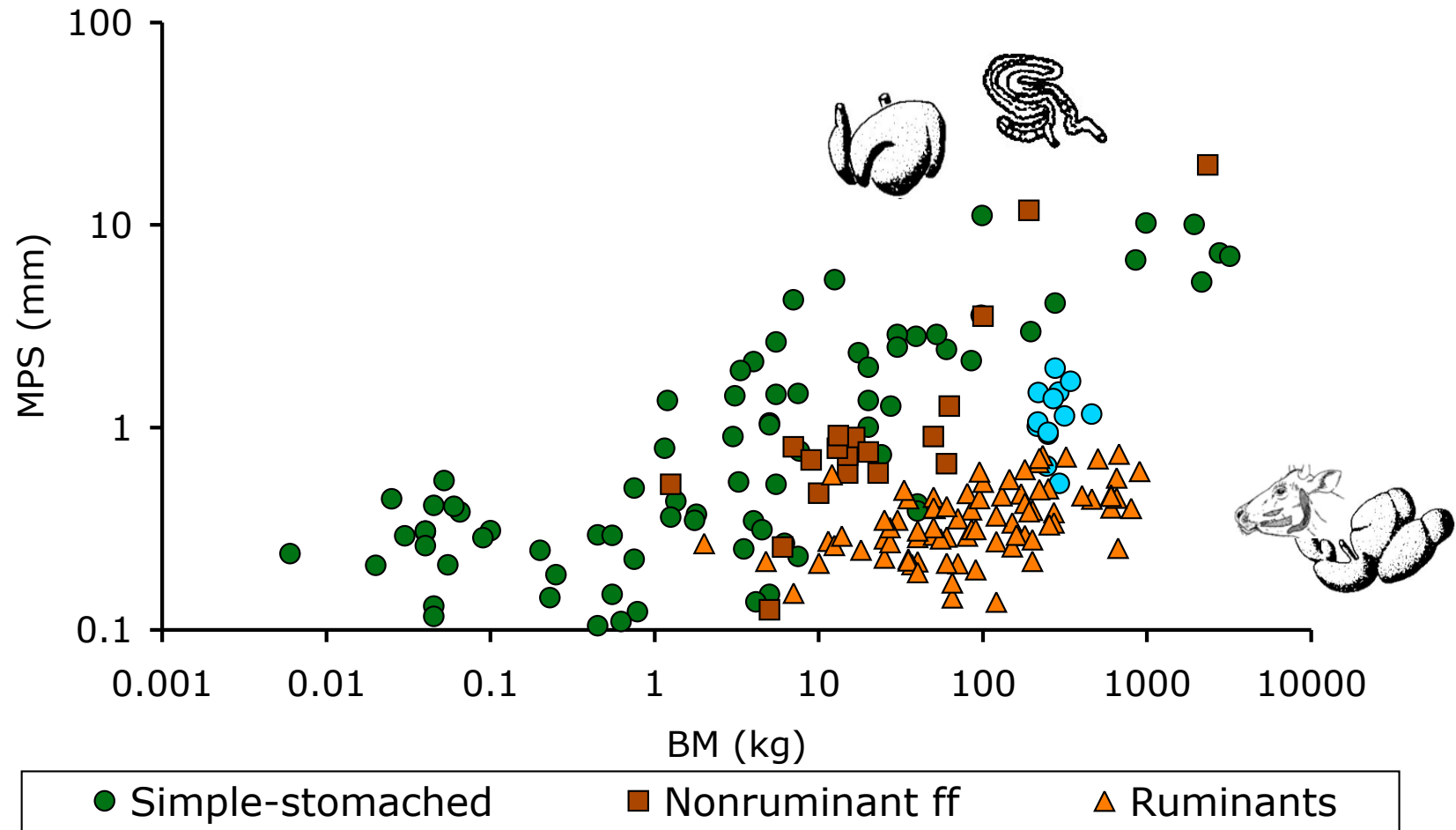
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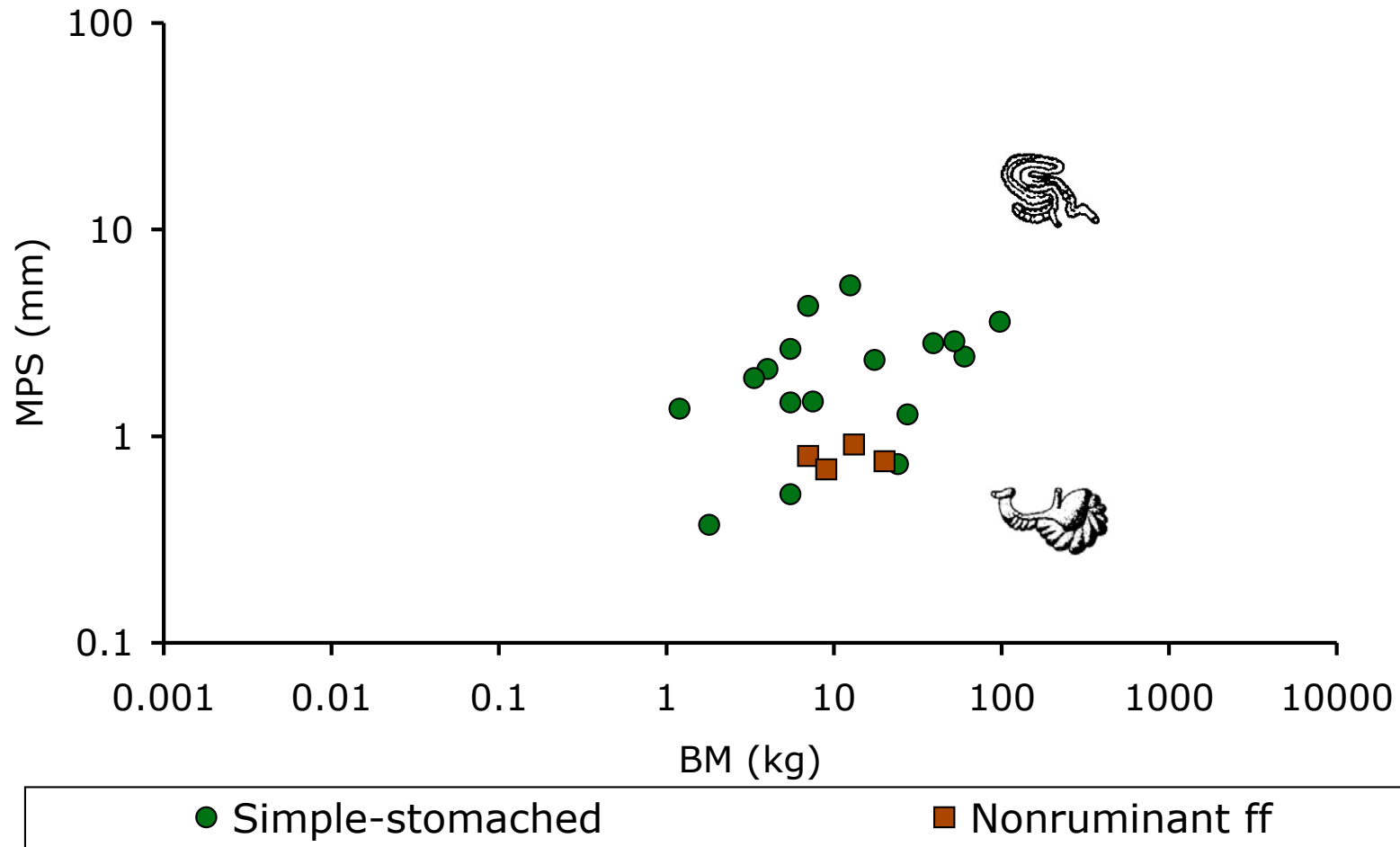
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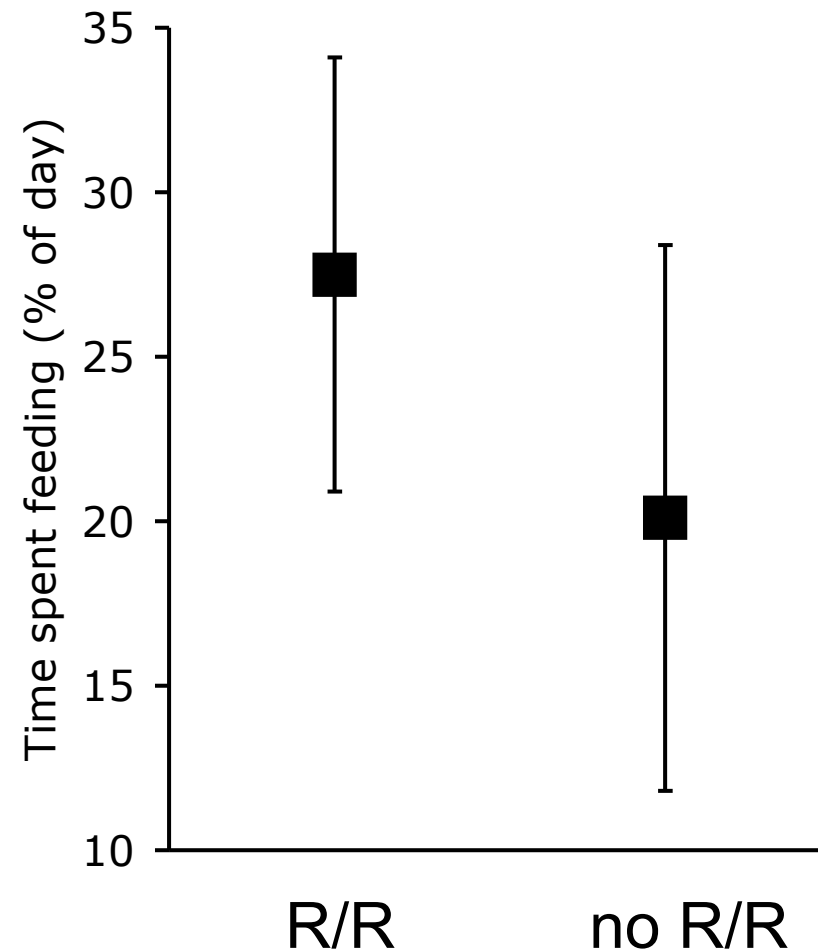






## Regurgitation and remastication in the foregut-fermenting proboscis monkey (*Nasalis larvatus*)

Ikki Matsuda<sup>1,\*</sup>, Tadahiro Murai<sup>1</sup>,  
Marcus Clauss<sup>2</sup>, Tomomi Yamada<sup>3</sup>,  
Augustine Tuuga<sup>4</sup>, Henry Bernard<sup>5</sup>  
and Seigo Higashi<sup>6</sup>



Matsuda et al. (2011)





# The Jarman-Bell principle



# The Jarman-Bell principle

## A Jarman/Bell Model of Primate Feeding Niches

Steven J. C. Gaulin<sup>1</sup>

*Human Ecology*, Vol. 7, No. 1, 1979

	total nutrient requirement	$\frac{\text{nutrient requirement}}{\text{body weight}}$
large animal	large (abundant foods)	small (poor quality foods)
small animal	small (rare foods)	large (high quality foods)



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How do you quantify food abundance (for different-sized animals!)?



# The Jarman-Bell principle

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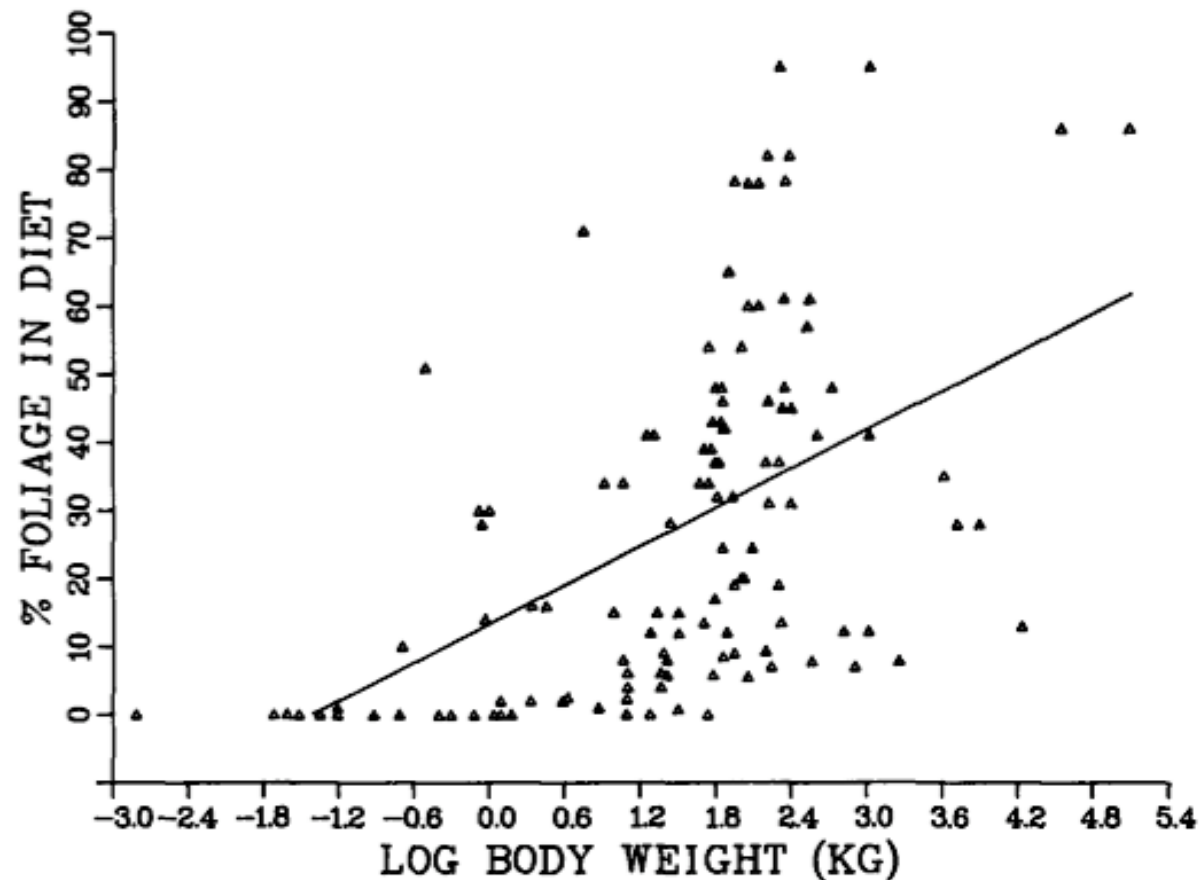
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small animal	small (rare foods)	large (high quality foods)

How do you quantify food quality?



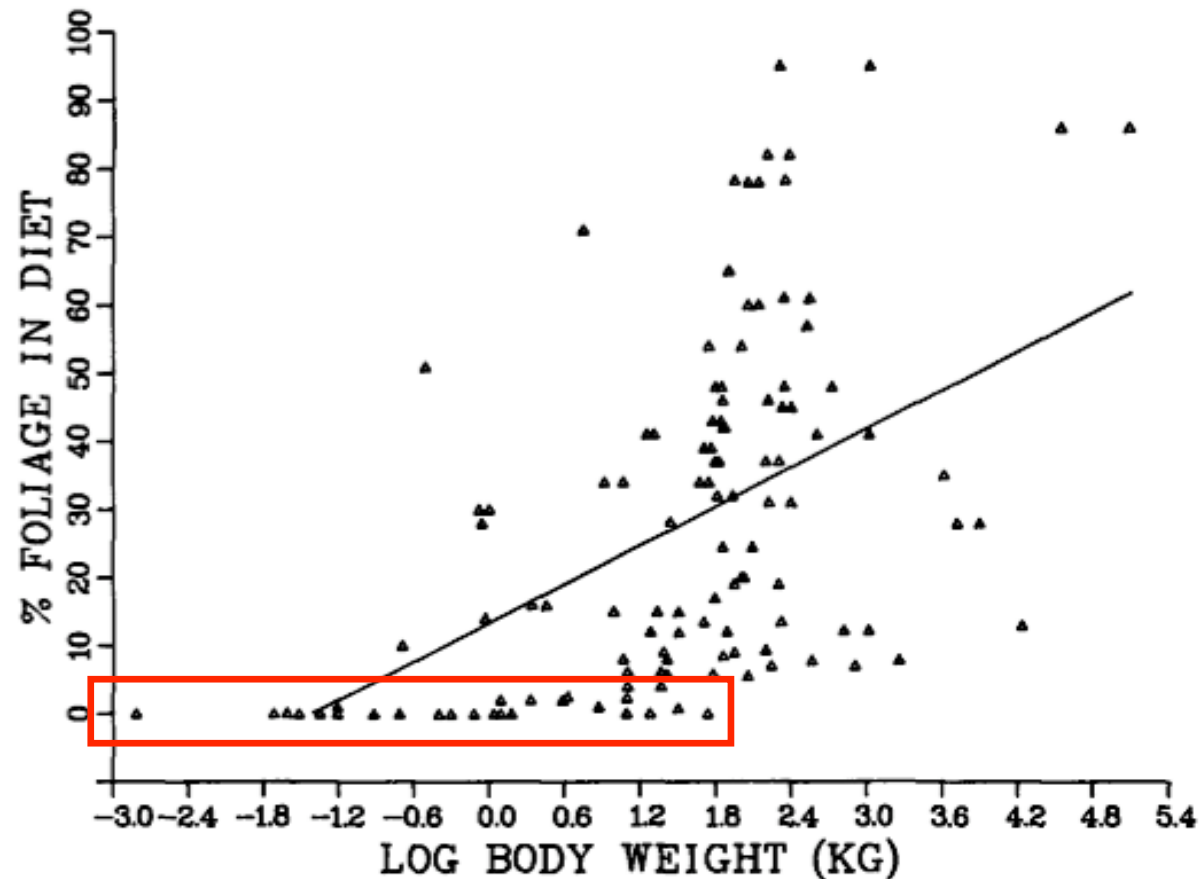
# Body size and prey abundance



**Fig. 1.** Results of a least-squares regression of % foliage in the diet on log(body weight) for males and females of 72 primate species. The regression is significant ( $p < .001$ ), but only 27.7% of the variance is explained.



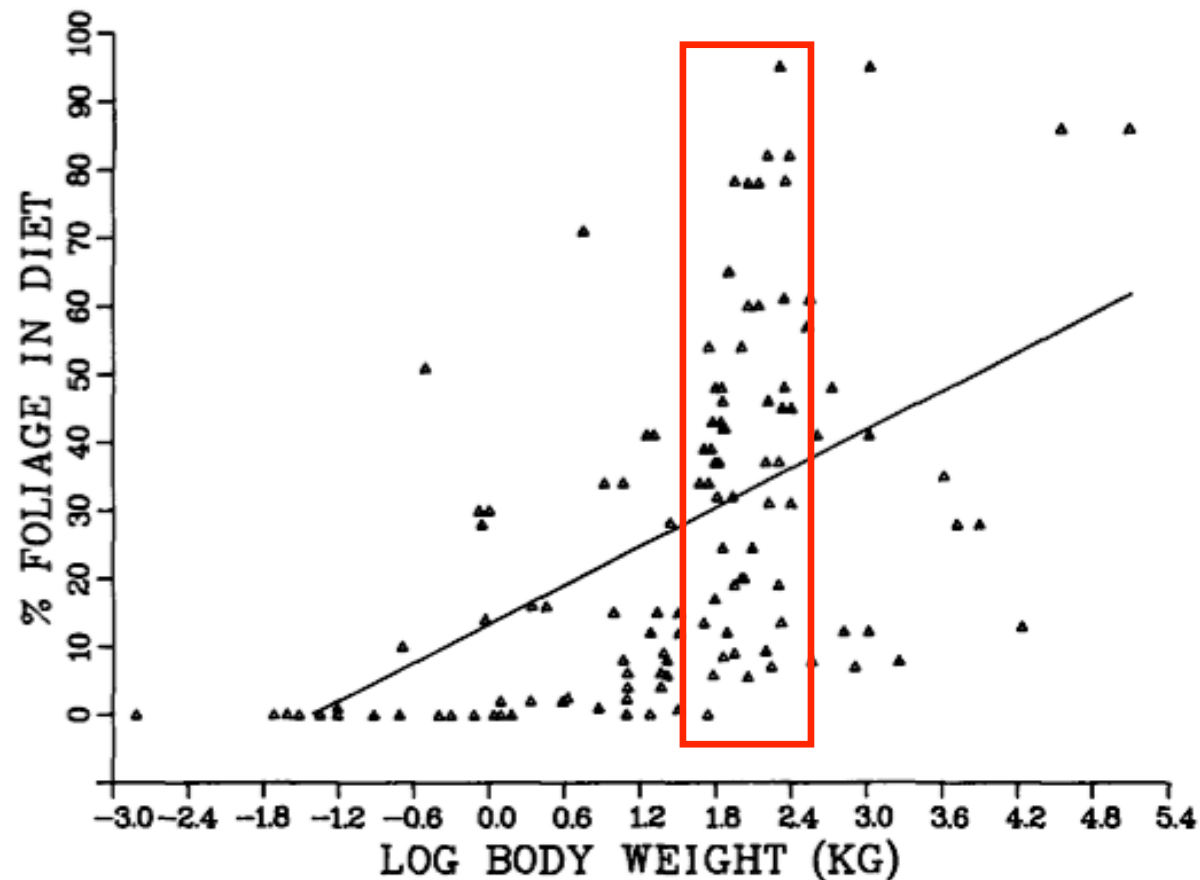
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# Body size and prey abundance

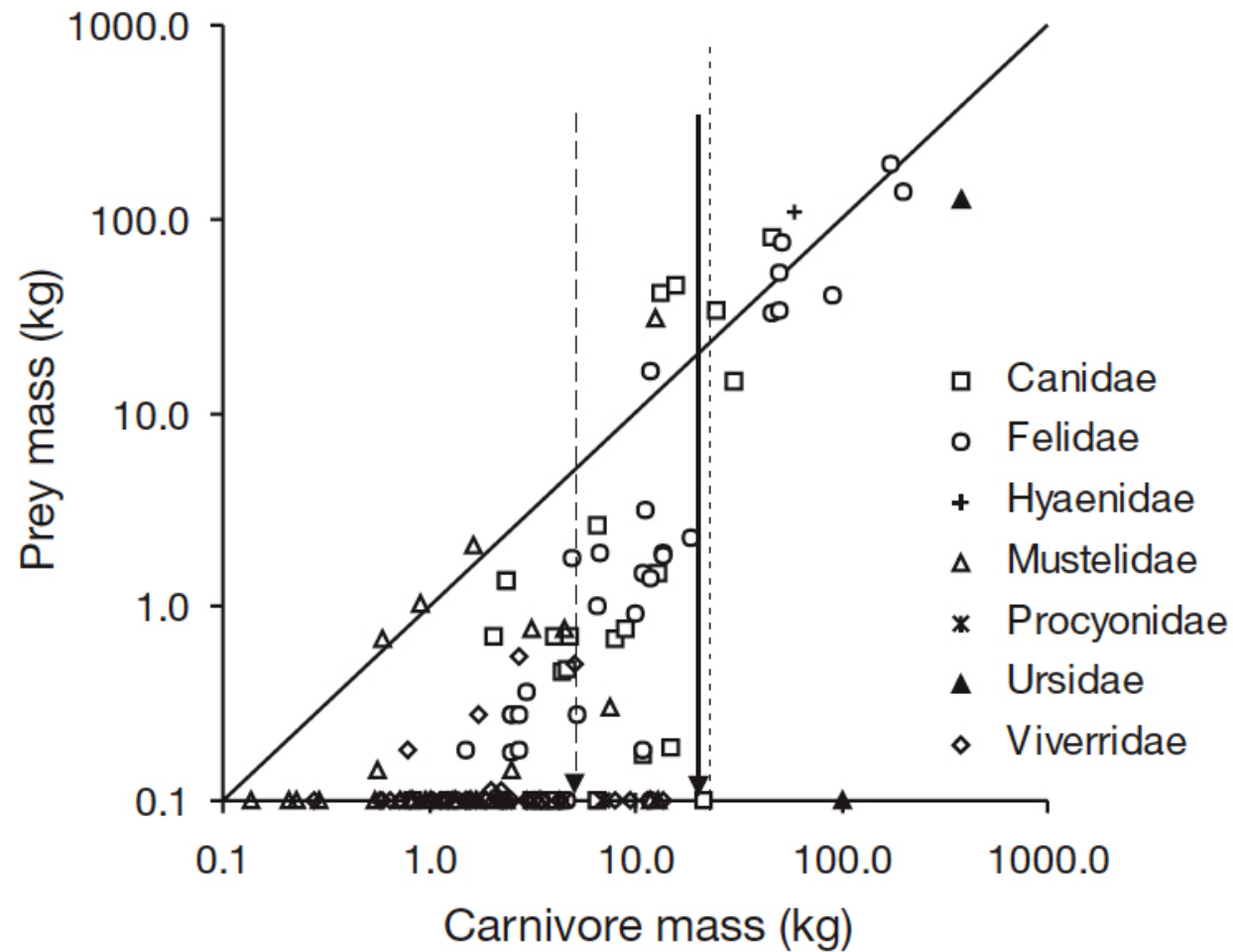


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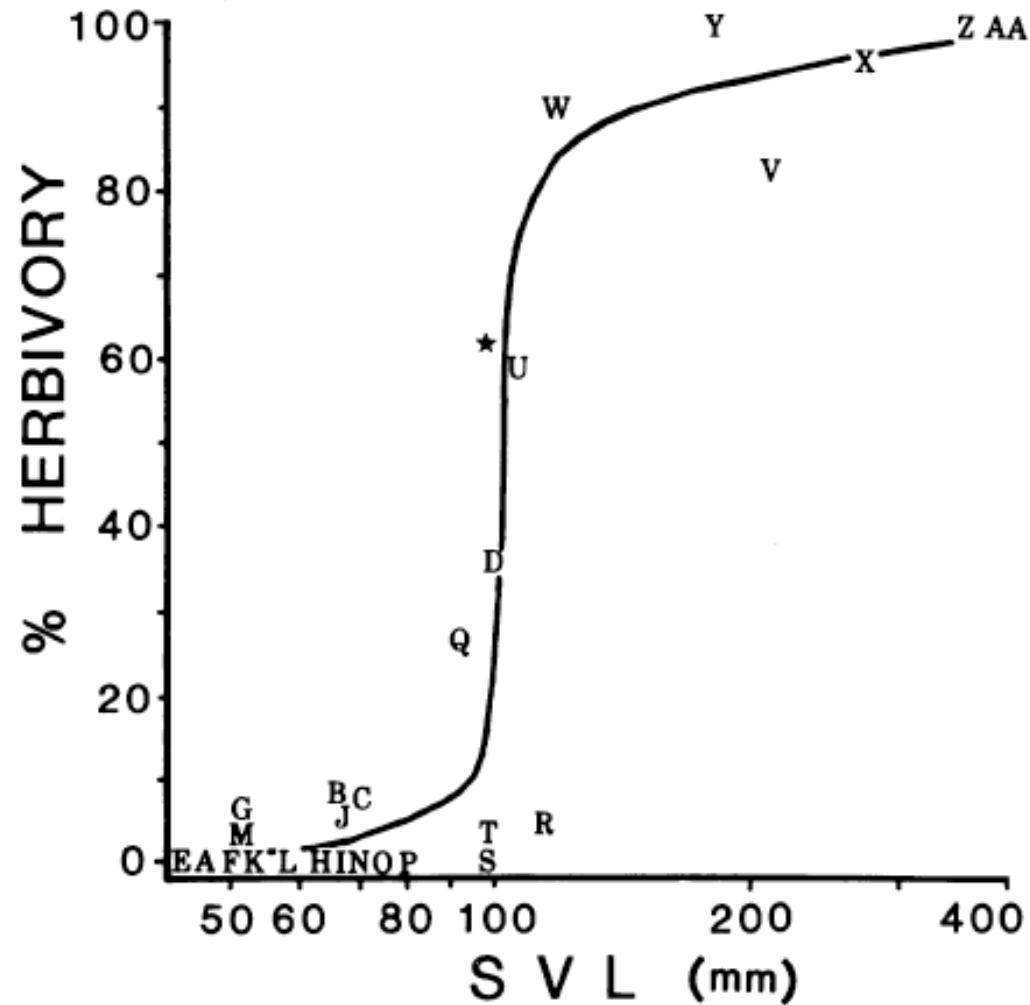
# Body size and prey abundance



from Carbone et al. (1999)



# Body size and prey abundance



from Schluter (1984)



# Body size and diet quality

14

PRIMATES, 26(1): 14–27, January 1985

## Measuring the Relationship Between Dietary Quality and Body Size in Primates

LEE DOUGLAS SAILER, STEVEN J. C. GAULIN, *University of Pittsburgh*

JAMES S. BOSTER, *Rensselaer Polytechnic Institute*

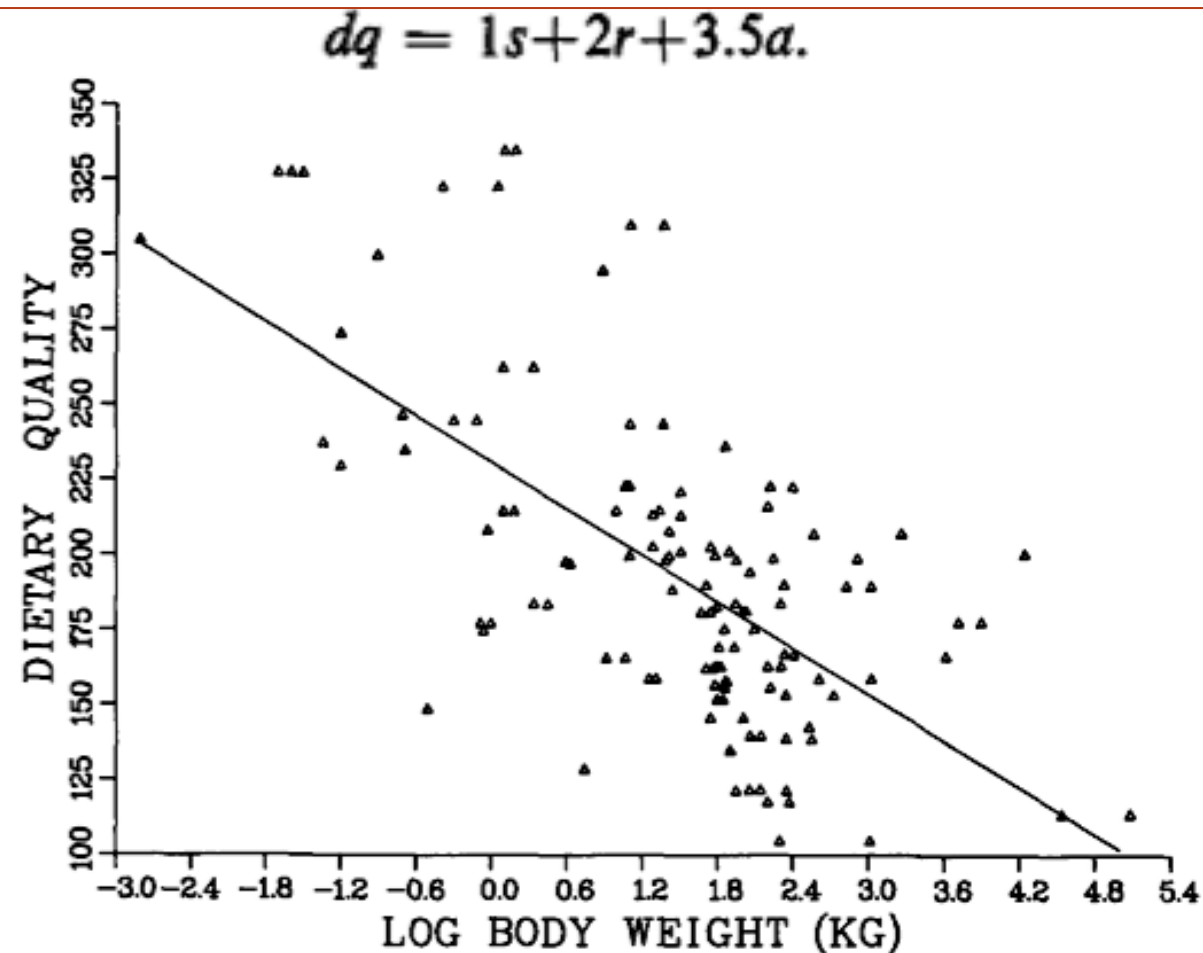
and JEFFREY A. KURLAND, *Pennsylvania State University*

**ABSTRACT.** The feeding niche and the body size of any species are fundamental parameters that constrain the evolution of many other phenotypic characters. Moreover, previous work has shown that body size and diet are correlated, as a consequence of the negative allometry of metabolic rate. Unfortunately, the precise form of the association between body size and diet has never been specified, principally because no suitable cross-species measure of diet has been advanced. Here we develop a measure of diet that is sensitive over the whole spectrum of primate feeding niches, and use this measure to define the relationship between body size and diet for a sample of 72 primate species. Subsequently, we present several examples of how behavioral and ecological hypotheses can be tested by examining the extent to which particular species deviate from the general diet-body size pattern.

**Key Words:** Primates; Jarman-Bell principle; Methods; Cross-species comparison; Feeding strategy.



# Body size and diet quality



**Fig. 2.** Results of a least-squares regression of  $dq$  (as defined by equation 2) on log (body weight). The regression is significant ( $p < .001$ ), and 43.3% of the variance is explained.



# Body size and primate digestion

Evolutionary Anthropology

Articles

## **Primate Digestion: Interactions Among Anatomy, Physiology, and Feeding Ecology**

JOANNA E. LAMBERT

**Body size arguments neither encompass nor explain the range of dietary and digestive adaptations observed in primates.**

- Body size effects on digestive physiology might explain the advantage of a howler monkey over a marmoset in terms of fibre fermentation, but it cannot be used to construe a digestive advantage of a gorilla over a howler!



# Jarman-Bell

- Rather than stating “Large body size confers the advantage of being able to use more abundant food of lower quality”, try:
- “At any body size, the food of the abundance necessary for the body size in question can be digested appropriately.”
- Or, in other words:  
Rather than stating “Larger animals digest more efficiently”, try:
- “Larger animals often have to ingest food of lower quality (but that’s no problem).”

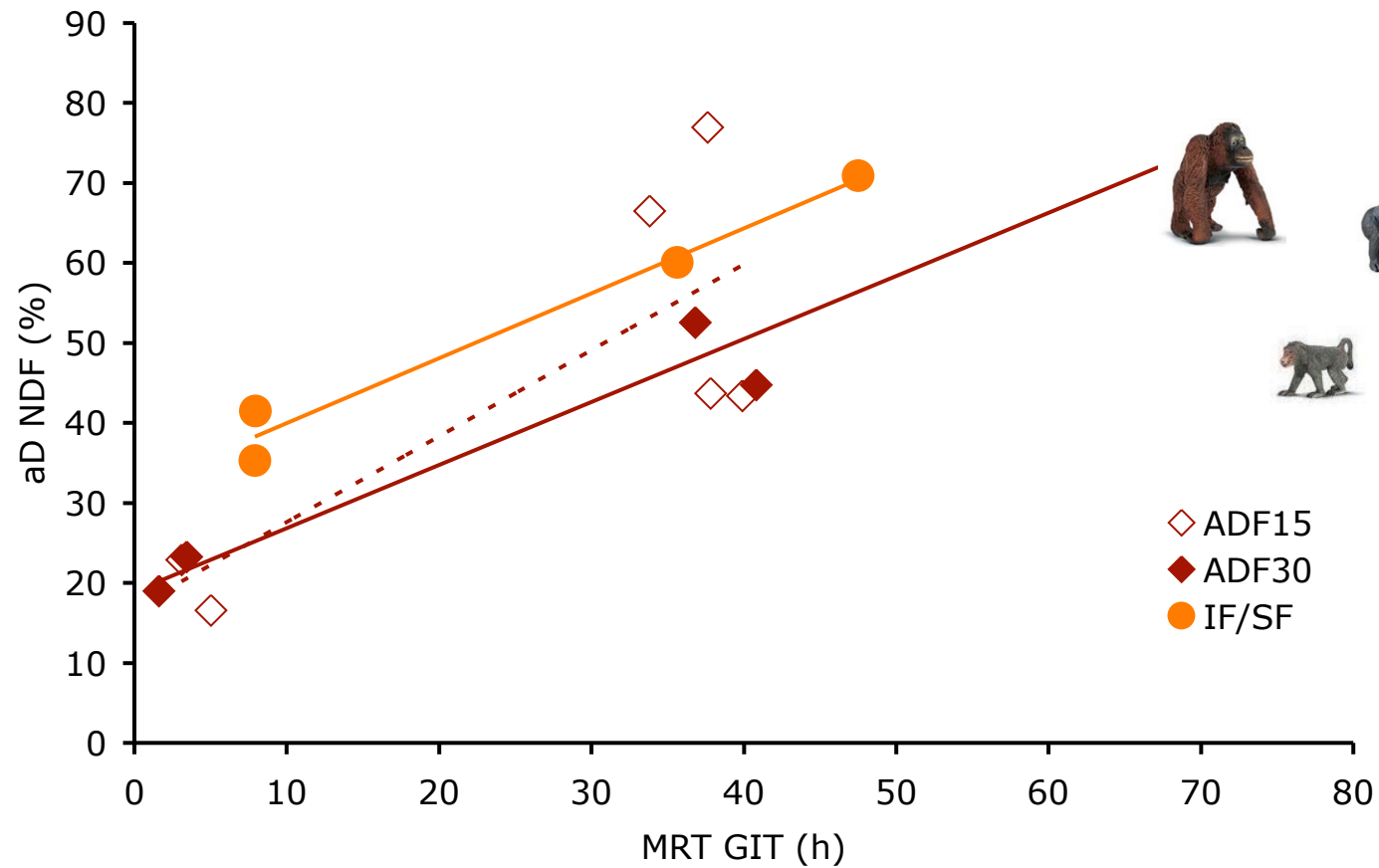


Digestive constraint II:  
Generally low 'digesta washing' in primates?





# Relevance of ingesta passage



from Clauss et al. (2008)



# Body size and transit time

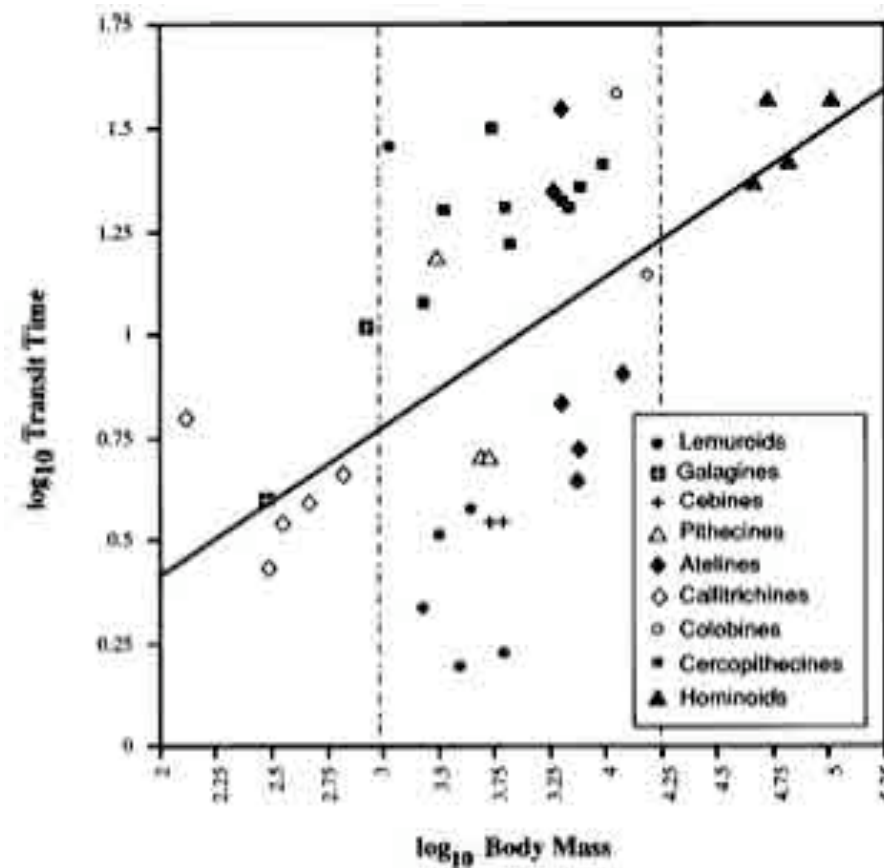


Figure 3: Relationship between body mass and digestive transit times across the primate order. Although there is a slight positive relationship between the two variables, the best fit line explains only 31% of the variance ( $y = 0.36x - 0.31$ ,  $R^2 = 0.31$ ), suggesting that some factor (e.g., diet) other than body size, or some combination of factors (e.g., absorption and processing constraints), more strongly influences transit times in primates. When the smallest (callitrichines, galagines) and largest (hominoidea) primates are removed (as indicated by dotted line), note the variance in transit times within a given body mass range.

from Lambert (1998)



# Body size and transit time

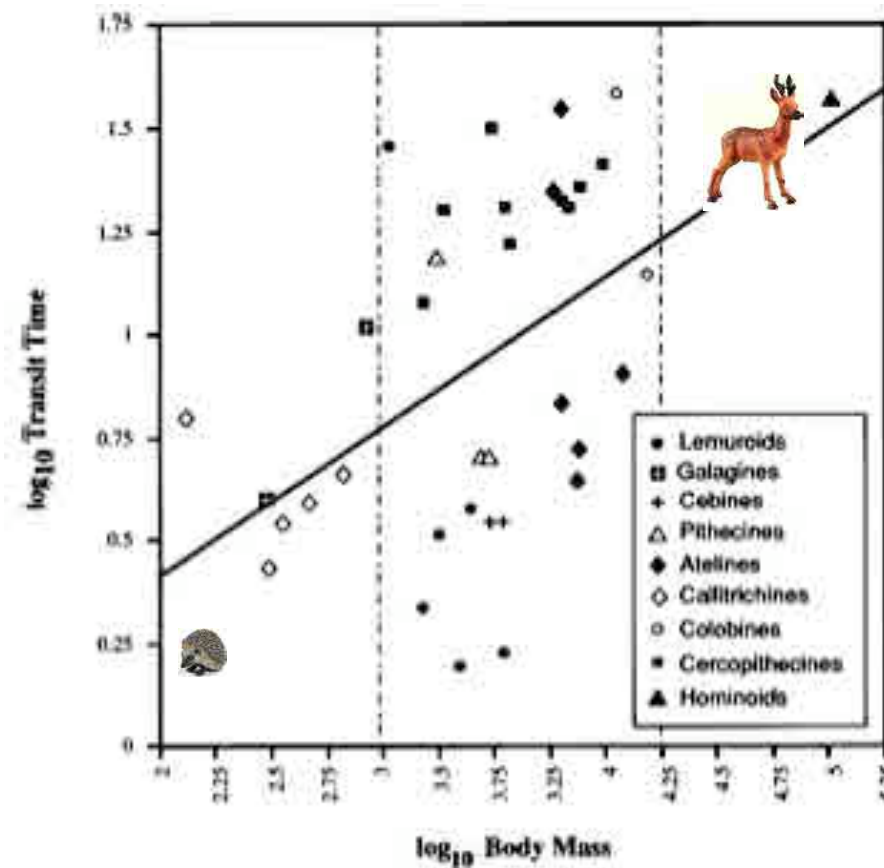


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# Body size and transit time

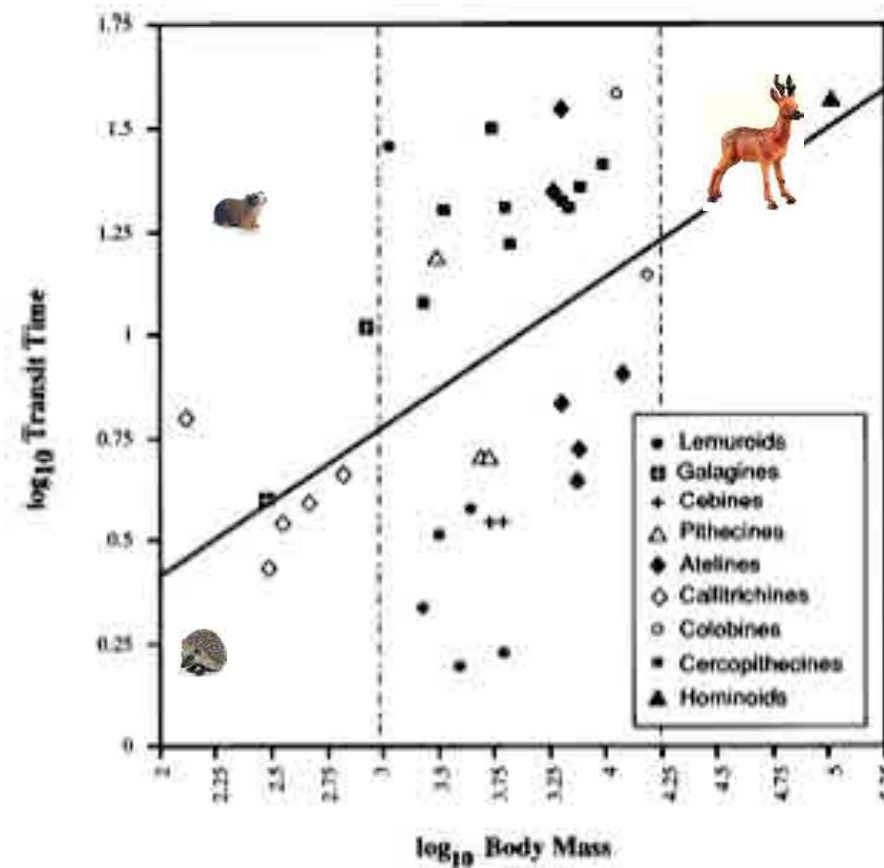
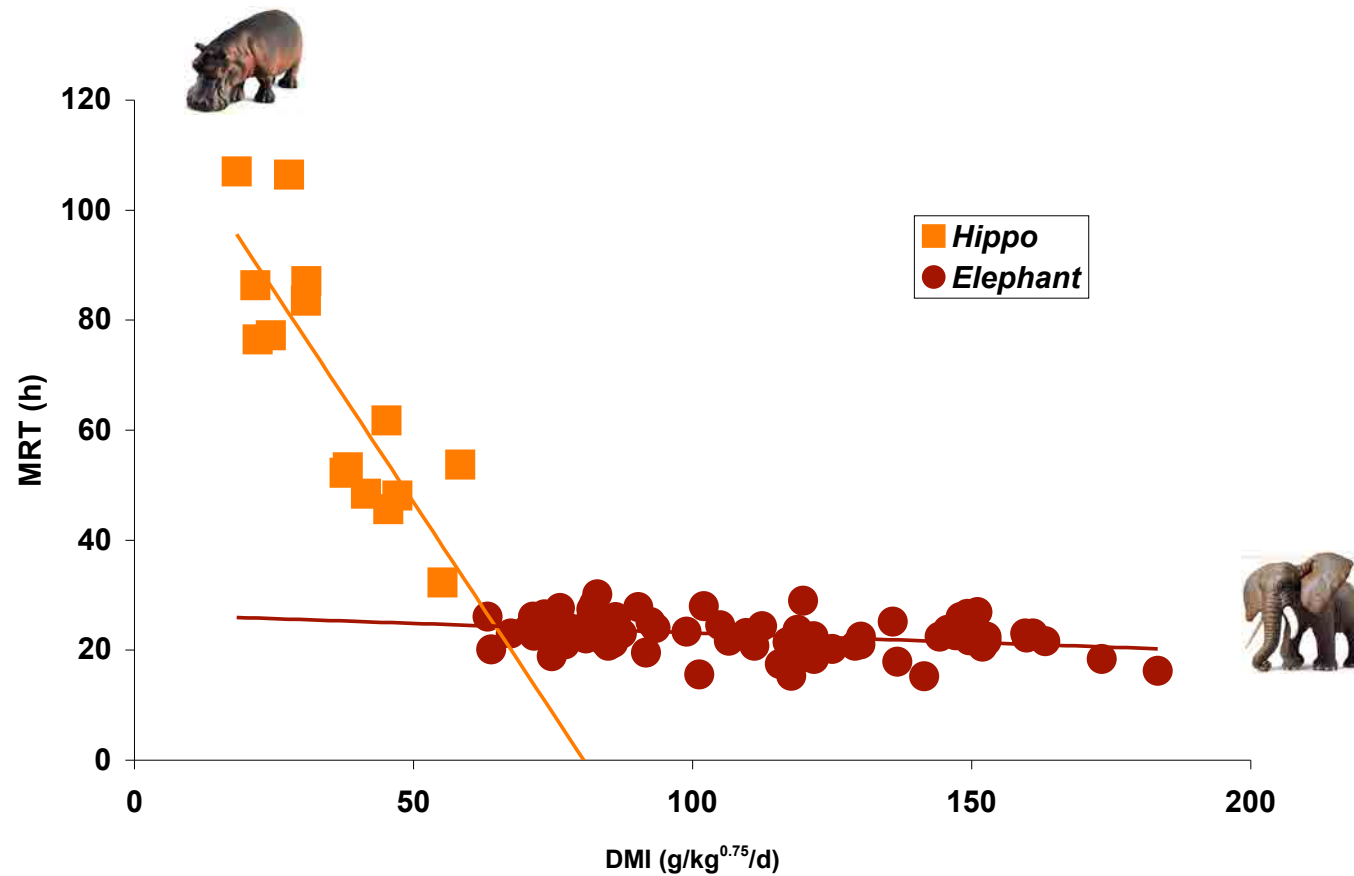


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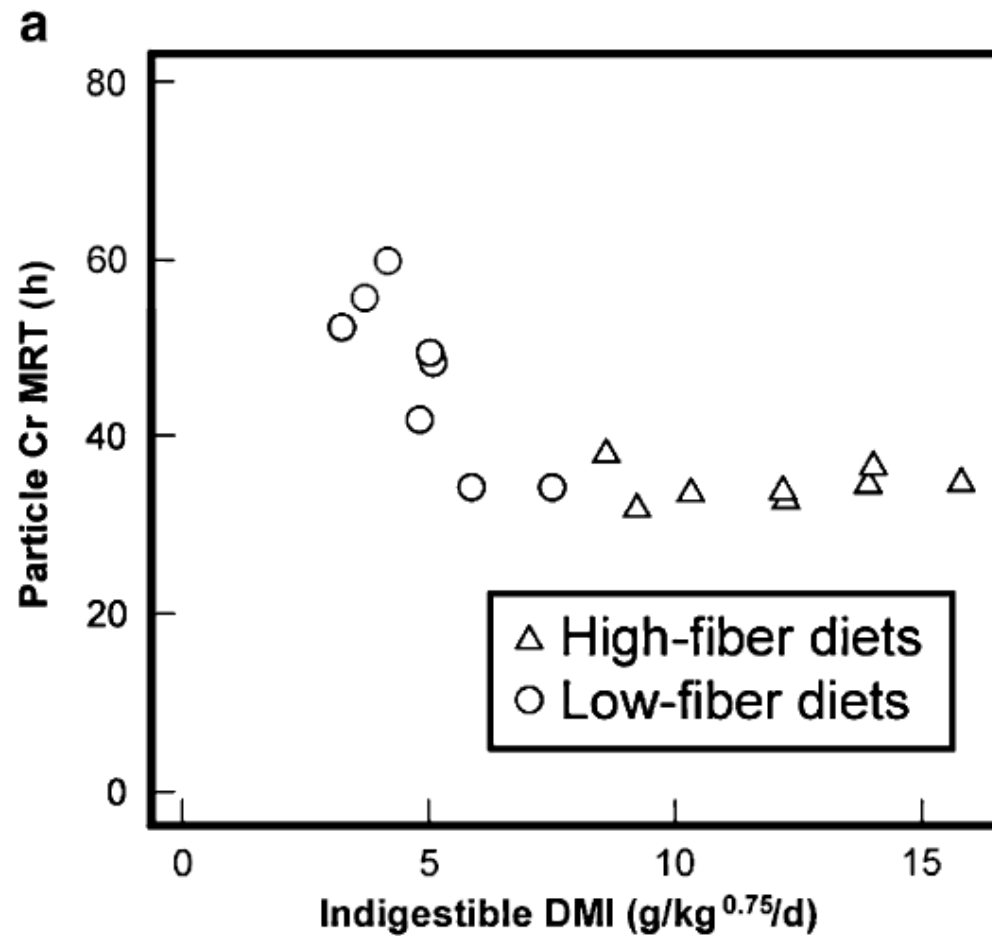


# Retention time is not a fixture





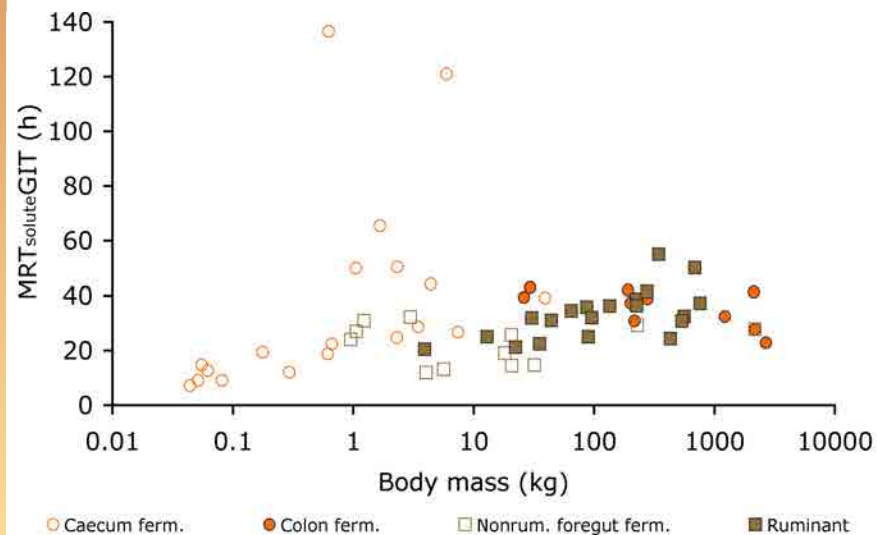
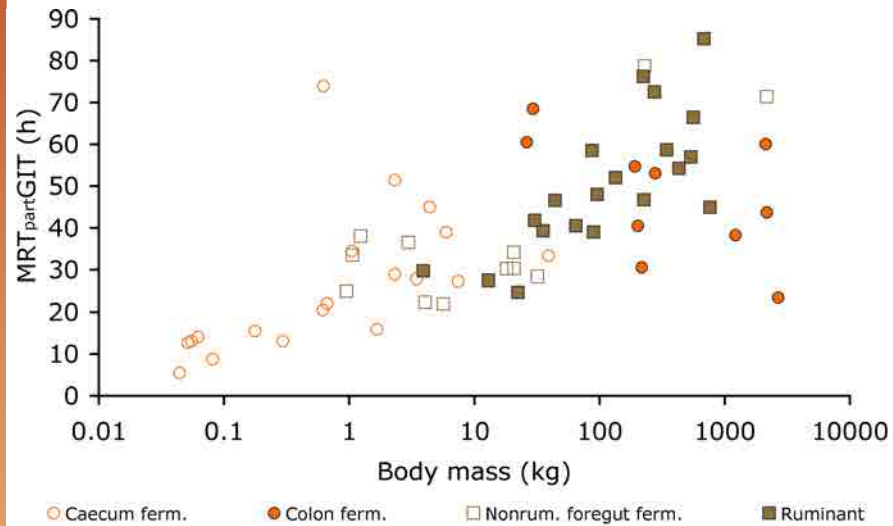
# Retention time is not a fixture



from Sawada et al. (2010)



# Digesta passage patterns

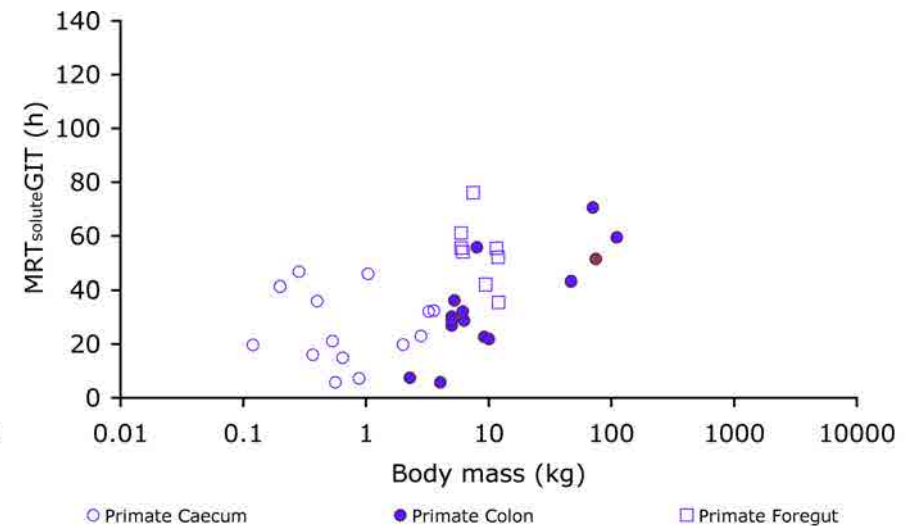
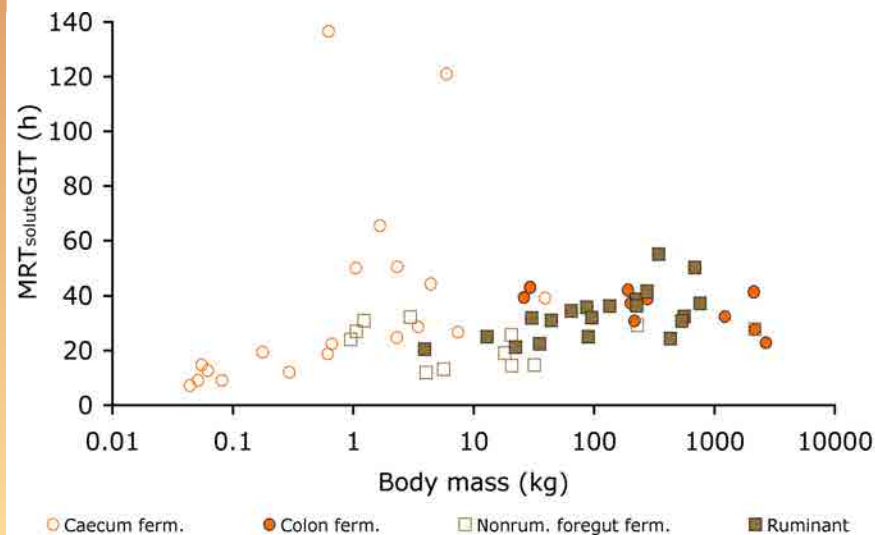
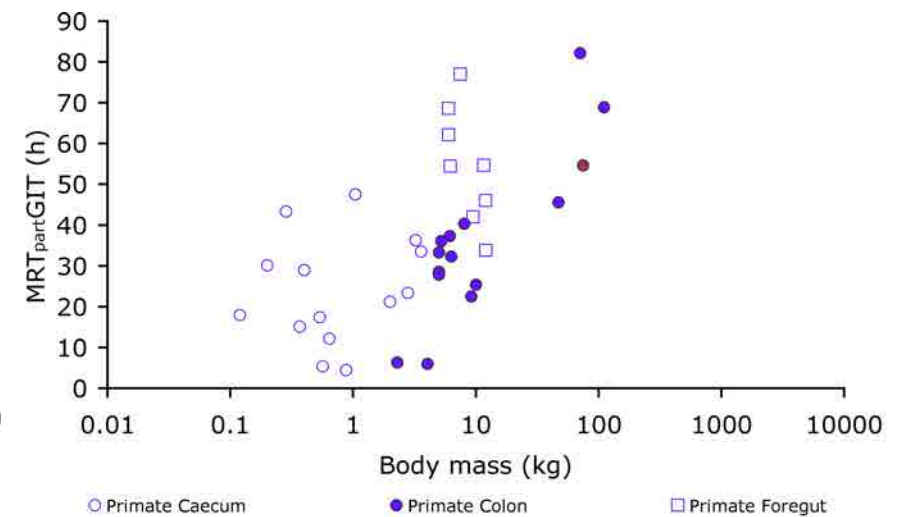
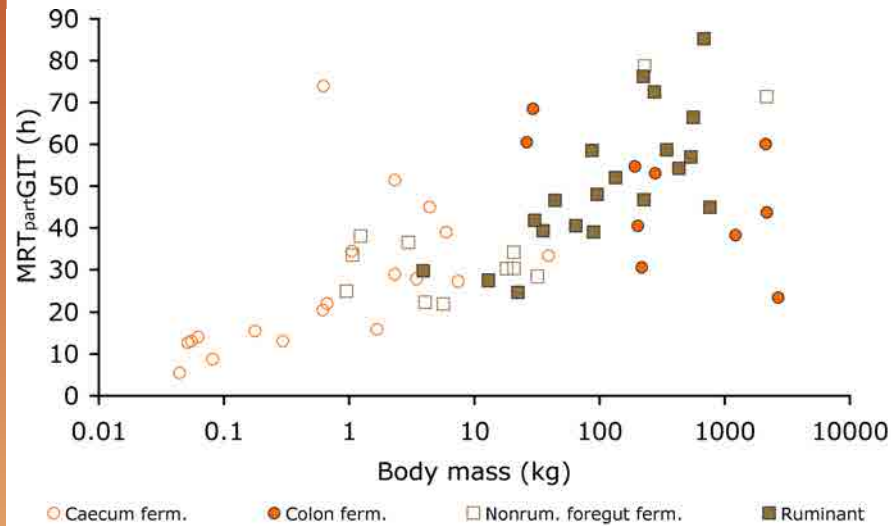


from Müller et al. (2011)





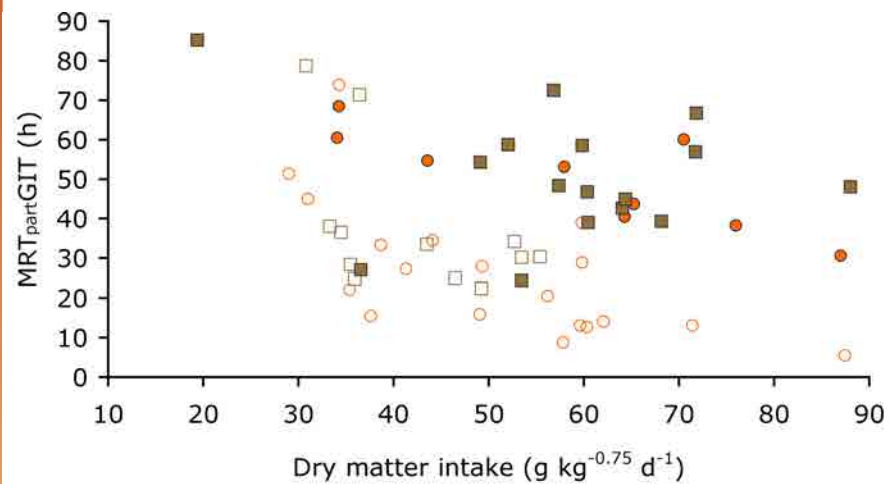
# Digesta passage patterns



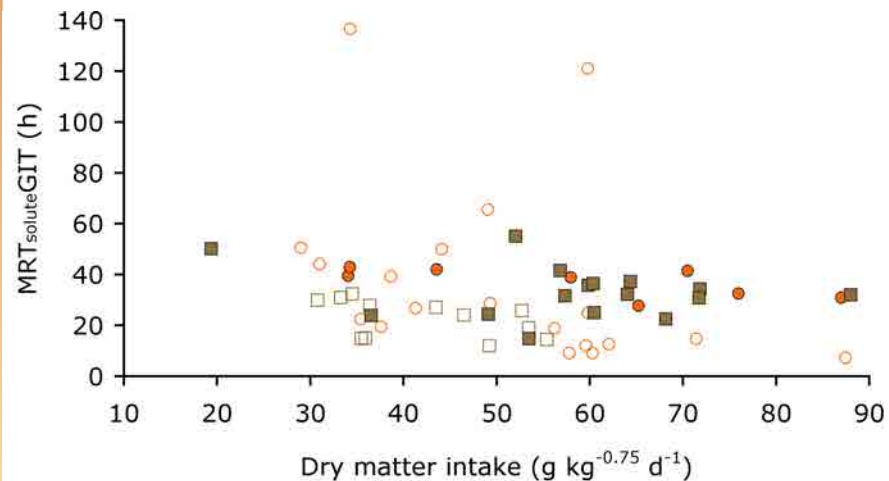
from Müller et al. (2011)



# Digesta passage patterns



○ Caecum ferm. ● Colon ferm. □ Nonrum. foregut ferm. ■ Ruminant

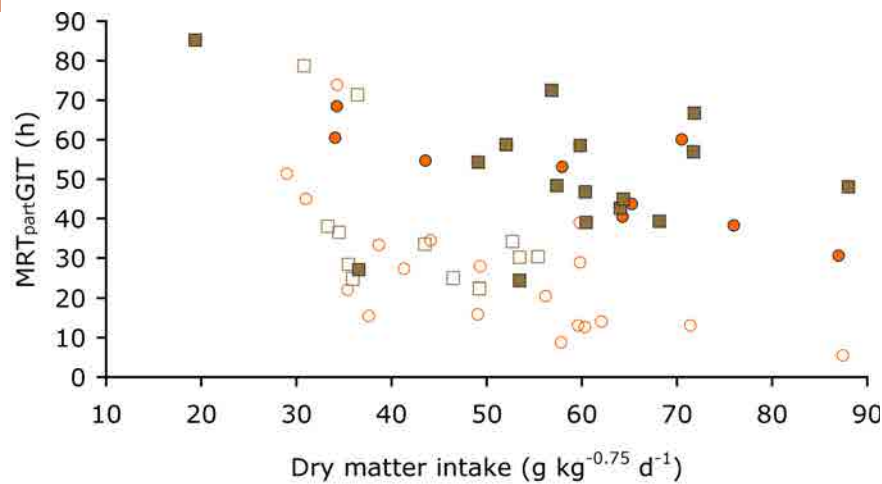


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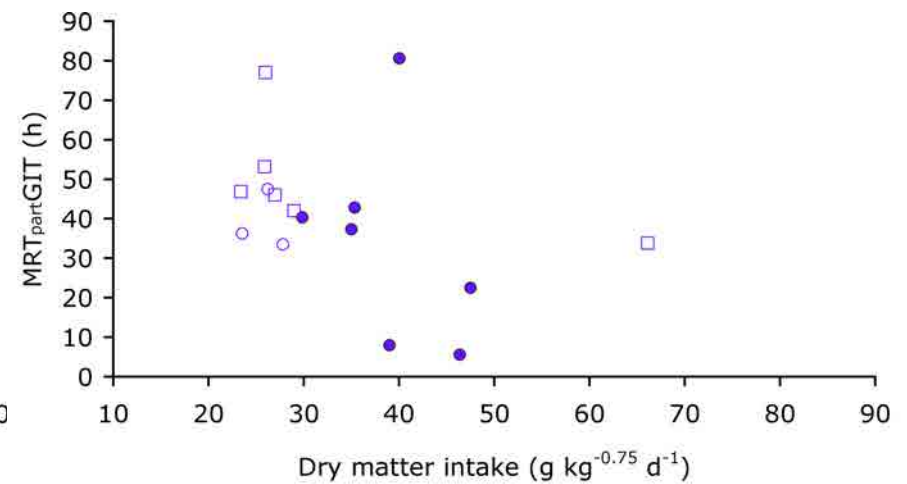
from Müller et al. (2011)



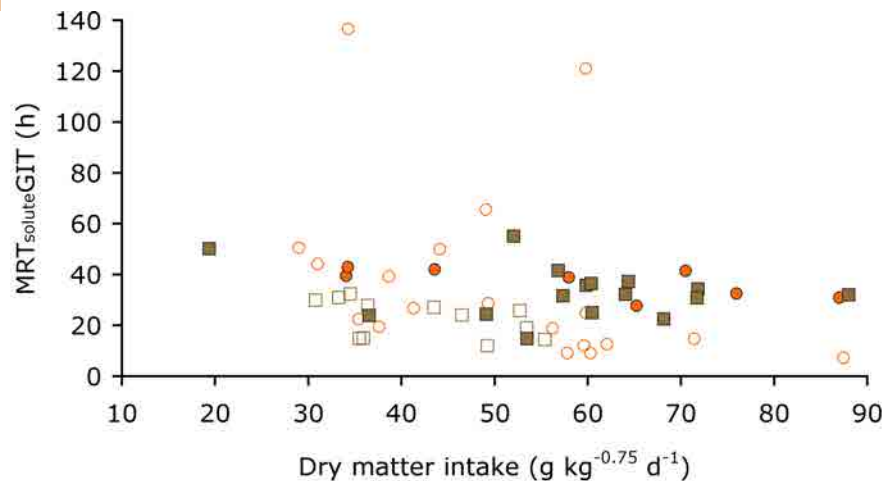
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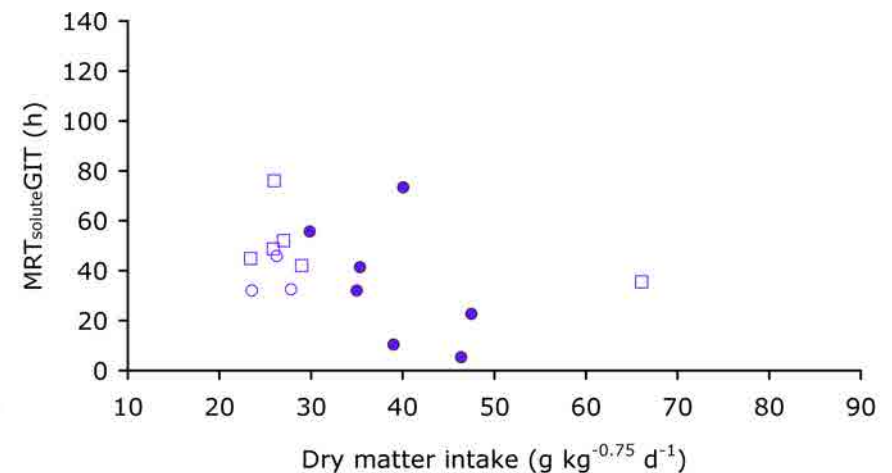
○ Caecum ferm.    ● Colon ferm.    □ Nonrum. foregut ferm.    ■ Ruminant



○ Primate Caecum    ● Primate Colon    □ Primate Foregut



○ Caecum ferm.    ● Colon ferm.    □ Nonrum. foregut ferm.    ■ Ruminant

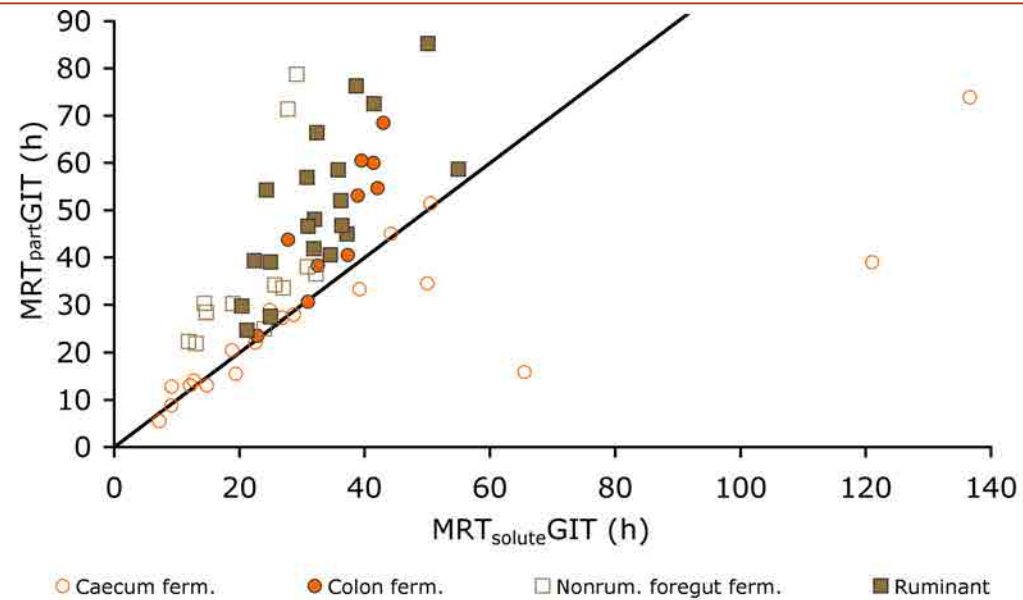


○ Primate Caecum    ● Primate Colon    □ Primate Foregut

from Müller et al. (2011)



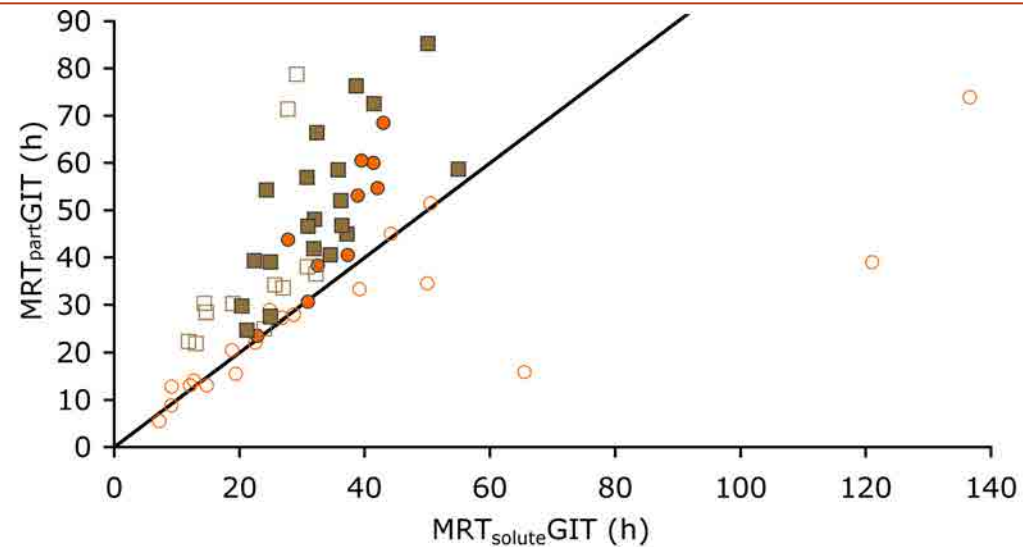
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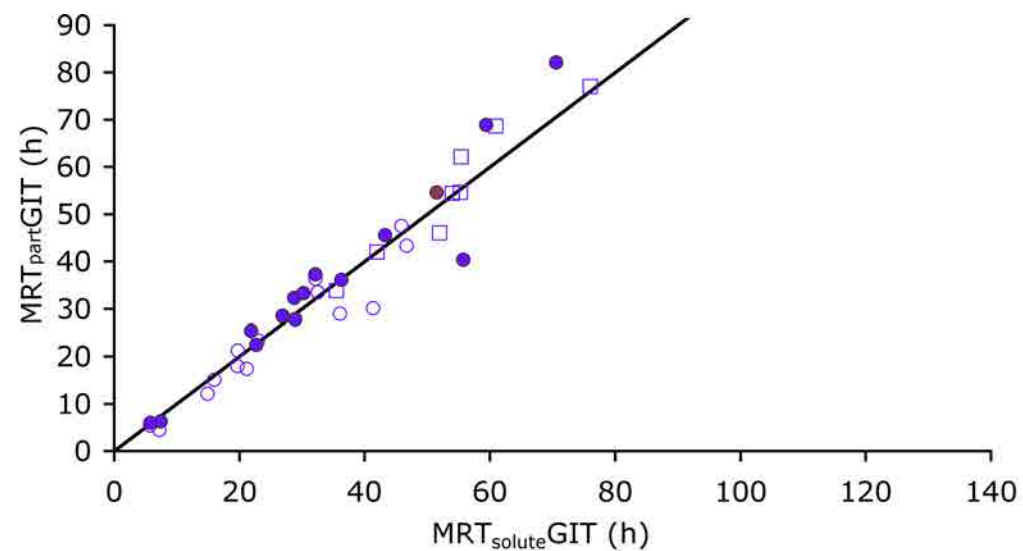
from Müller et  
al. (2011)



# Digesta passage patterns



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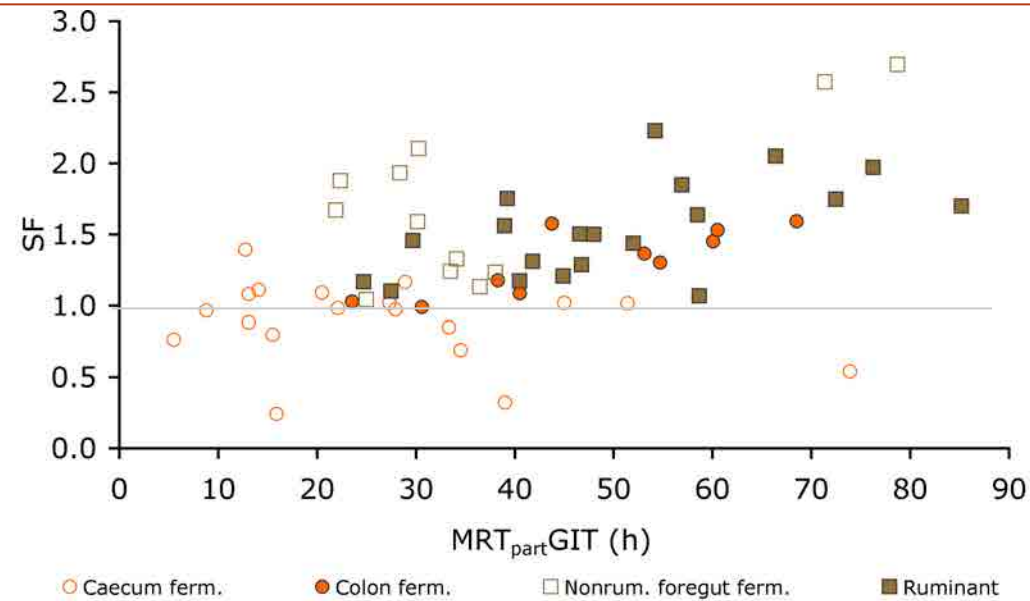


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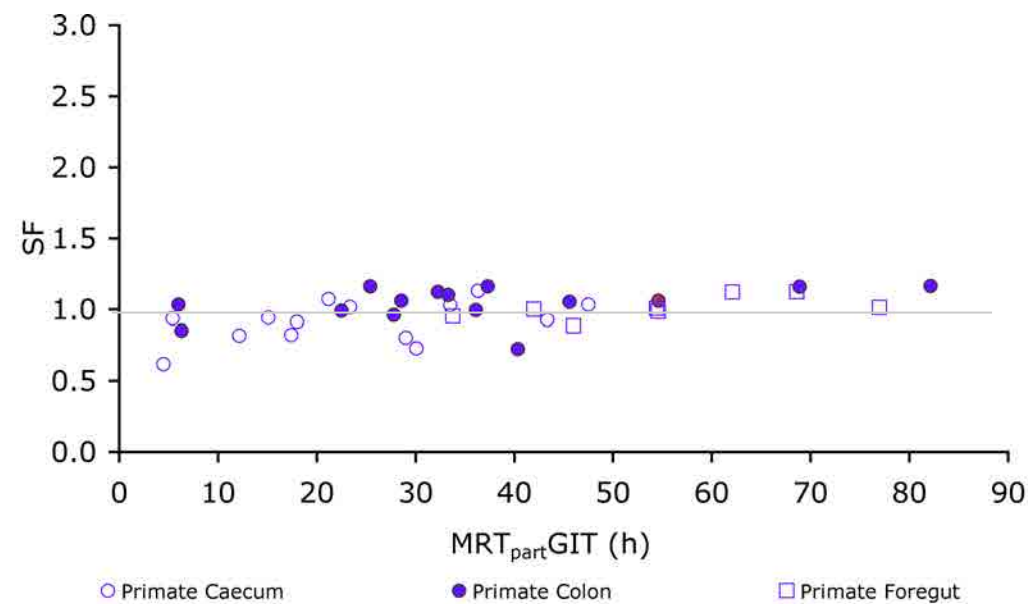
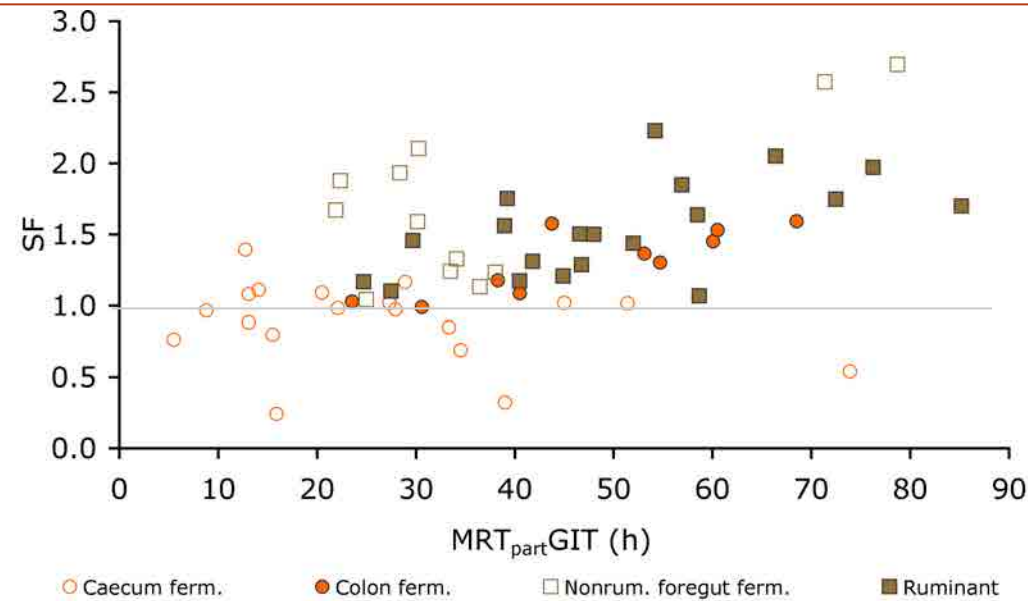
# Digesta passage patterns



from Müller et  
al. (2011)



# Digesta passage patterns



from Müller et al. (2011)



# Digesta passage patterns

1. Primates appear to be limited in their digestive physiology insofar as they do not achieve a separation of fluid and particle movement in the gut ('digesta washing').
2. Digesta washing is considered an important adaptation to herbivory in groups such as ruminants or caecum fermenters.
3. Digesta washing is particularly considered an adaptation to grass-dominated diets.
4. Does the absence of digesta washing represent an evolutionary constraint in primates?

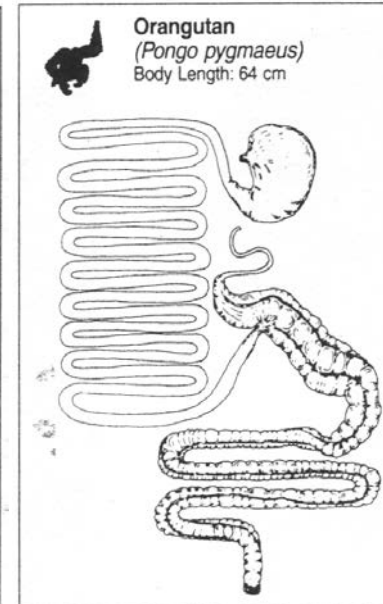
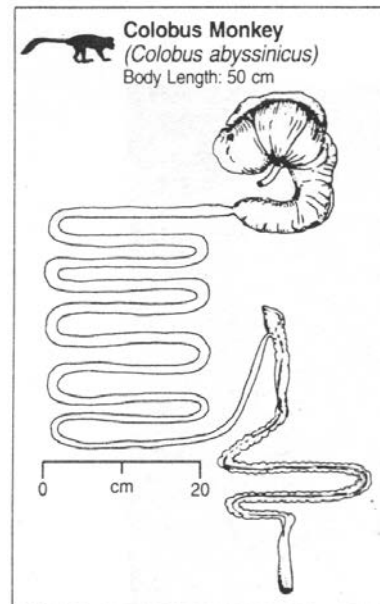




feeding your monkey

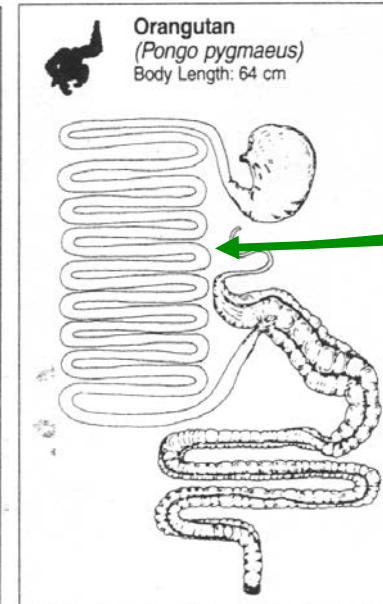
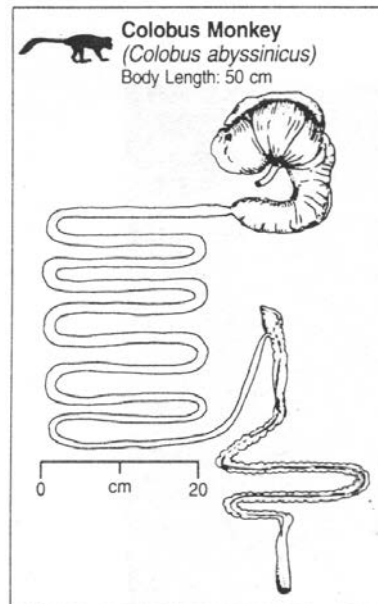


# Feeding high-sugar/starch diets



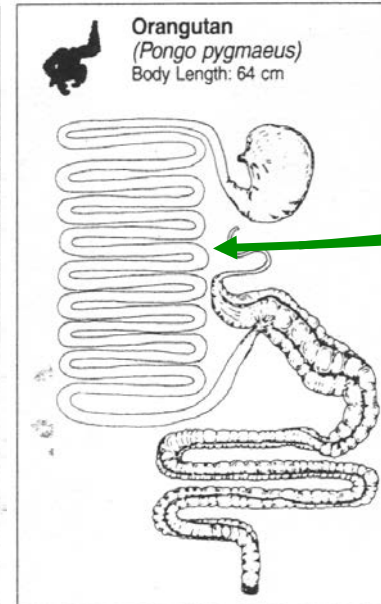
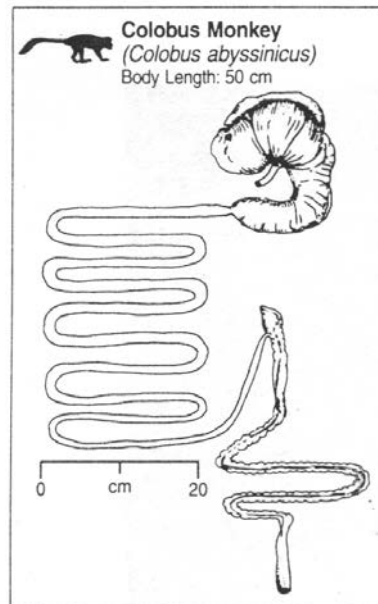


# Feeding high-sugar/starch diets





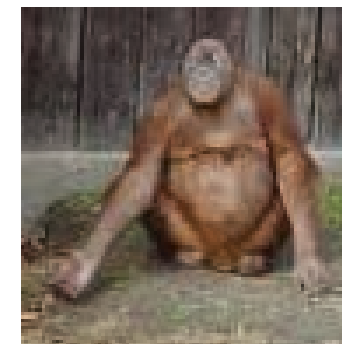
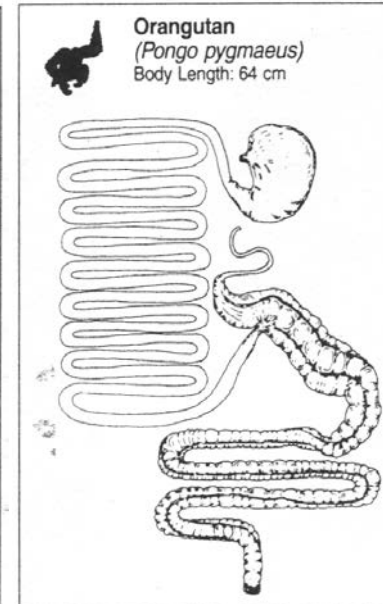
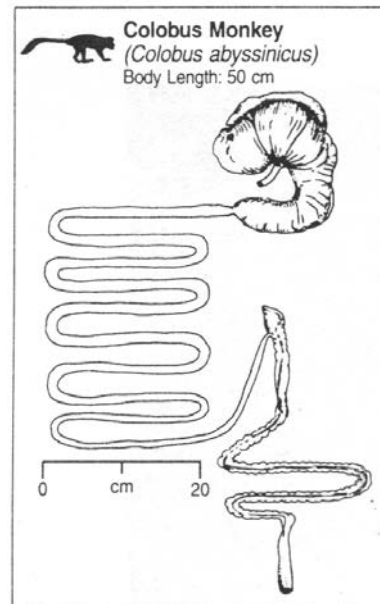
# Feeding high-sugar/starch diets



Easily digestible  
nutrients absorbed  
in small intestine  
=> obesity



# Feeding high-sugar/starch diets



cf. Schwitzer & Kaumanns (2001)



# Obesity in primates

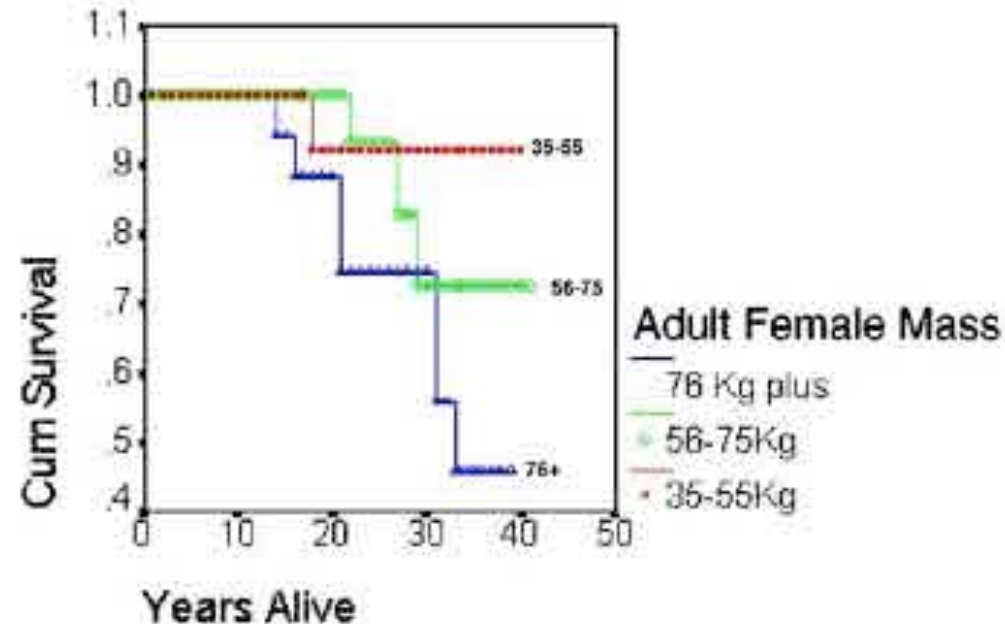
Int J Primatol (2007) 28:429–440  
DOI 10.1007/s10764-007-9117-9

## Factors Influencing the Well-Being and Longevity of Captive Female Orangutans



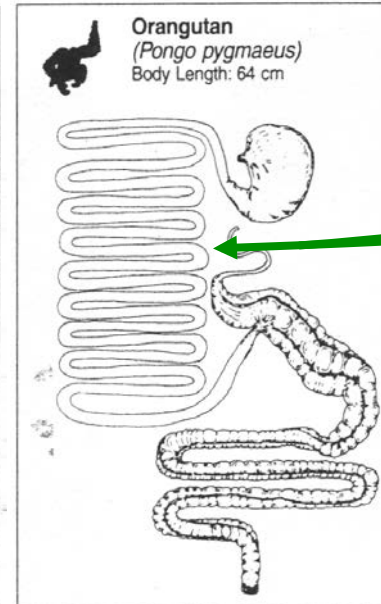
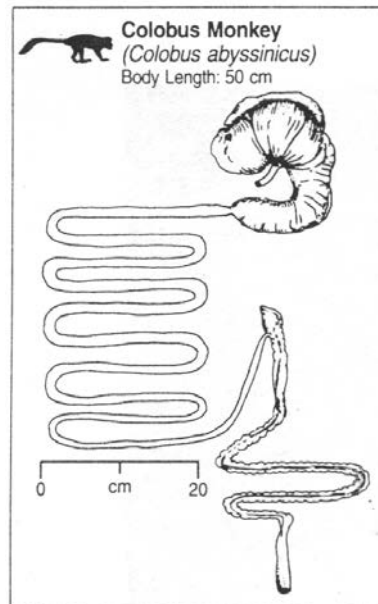
Leif Cocks

Fig. 12 Survival vs. female weight.





# Feeding high-sugar/starch diets



Easily digestible  
nutrients absorbed  
in small intestine  
=> obesity

Only at very  
excessive amounts:  
'caecum acidosis',  
diarrhoea, laminitis





# Polymerase chain reaction detection of *Clostridium perfringens* in feces from captive and wild chimpanzees, *Pan troglodytes*

Shiho Fujita<sup>1</sup> & Takashi Kageyama<sup>2</sup>

J Med Primatol **36** (2007) 25–32

Subject	Sex	Age	Birth	No. of samples			
				tested	First PCR	Nested PCR	Not detected
Ai <sup>1</sup>	Female	24 years	Wild	1	1	0	0
Pendesa	Female	23 years	Captive <sup>2</sup>	1	0	0	1
Chloé	Female	19 years	Captive <sup>4</sup>	4	3	1	0
Reo	Male	18 years	Captive <sup>3</sup>	2	0	1	1
Ayumu <sup>1</sup>	Male	5 months	Captive <sup>3</sup>	2	1	1	0
Total (%)				10	5 (50)	3 (30)	2 (20)

**Table 2** Detection of *Clostridium perfringens* in feces of captive chimpanzees

<sup>1</sup>Ai and Ayumu are a mother–infant pair.

<sup>2</sup>Japan Monkey Center.

<sup>3</sup>Primate Research Institute.

<sup>4</sup>Parc Zoologique de Paris.

**Table 3** Detection of *Clostridium perfringens* in feces of wild chimpanzees

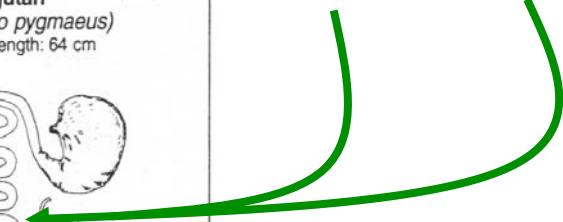
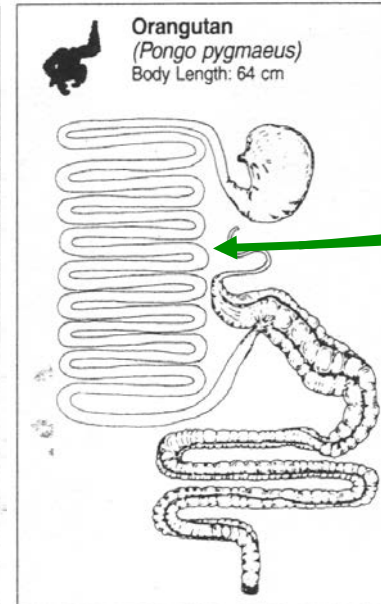
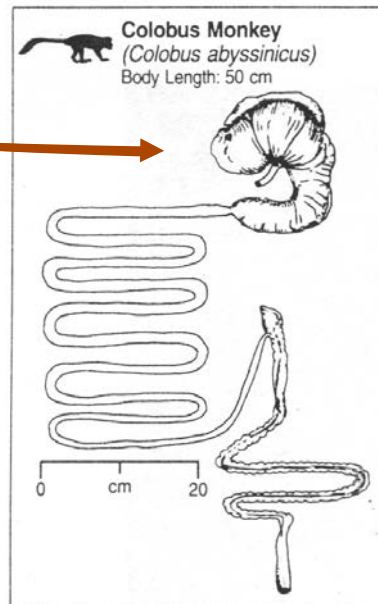
Site	Season	No. of samples tested	First PCR	Nested PCR	Not detected
Mahale	Dry	16	0 (0.0) <sup>1</sup>	1 (6.3)	15 (93.7)
	Wet (I and II)	65	0 (0.0)	0 (0.0)	65 (100.0)
	Total	81	0 (0.0)	1 (1.3)	80 (98.7)
Bossou	Dry	23	1 (4.3)	2 (8.7)	20 (87.0)
	Wet	30	5 (16.7)	4 (13.3)	21 (70.0)
	Total	53	6 (11.3)	6 (11.3)	41 (77.4)

<sup>1</sup>The values in parentheses show percentages.





# Feeding high-sugar/starch diets



Easily digestible  
nutrients absorbed  
in small intestine  
=> obesity

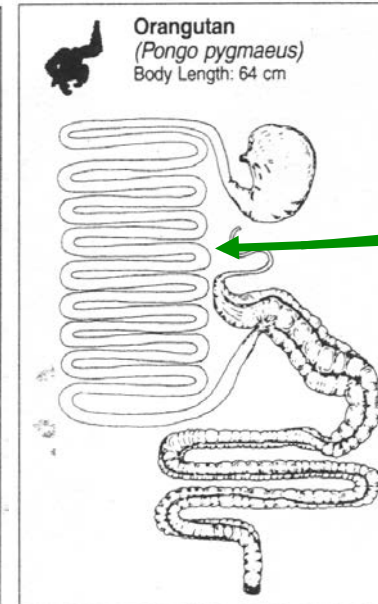
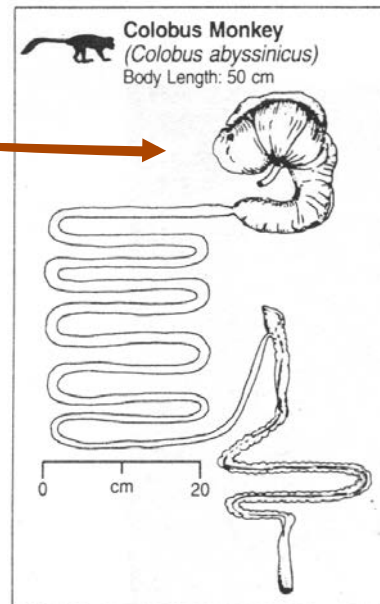
Only at very  
excessive amounts:  
'caecum acidosis',  
diarrhoea, laminitis



# Feeding high-sugar/starch diets



Easily digestible  
nutrients enter the  
fermentation  
chamber  
⇒ 'malfermentation'



Easily digestible  
nutrients absorbed  
in small intestine  
⇒ obesity

Only at very  
excessive amounts:  
'caecum acidosis',  
diarrhoea, laminitis

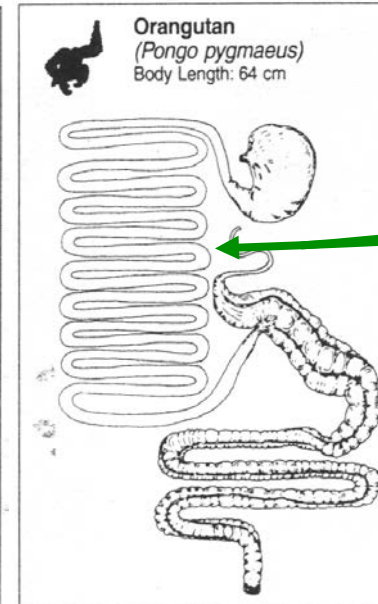
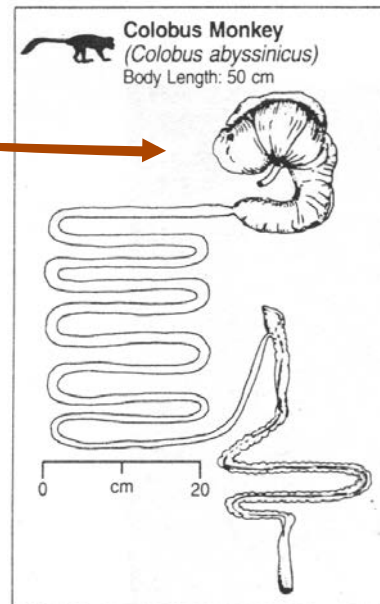


# Feeding high-sugar/starch diets



Easily digestible  
nutrients enter the  
fermentation  
chamber  
⇒ 'malfermentation'

Low food intake  
Laminitis  
Liver abscess  
Reduced lifespan?  
Diarrhoea  
Oral stereotypies



Easily digestible  
nutrients absorbed  
in small intestine  
⇒ obesity

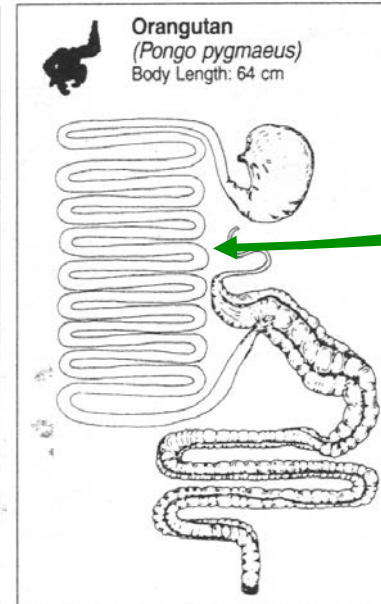
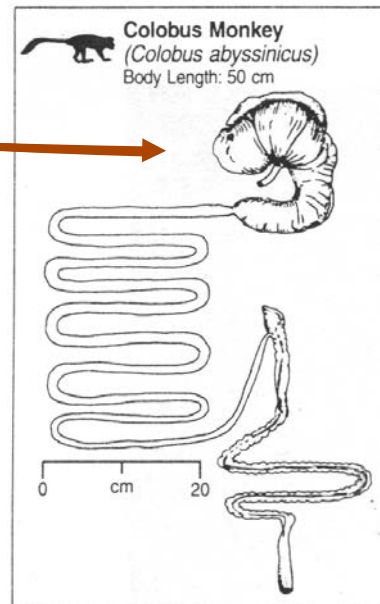
Only at very  
excessive amounts:  
'caecum acidosis',  
diarrhoea, laminitis



# Feeding high-sugar/starch diets

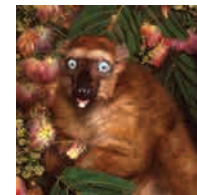


Easily digestible  
nutrients enter the  
fermentation  
chamber  
=>  
'malfermentation'



Easily digestible  
nutrients absorbed  
in small intestine  
=> obesity

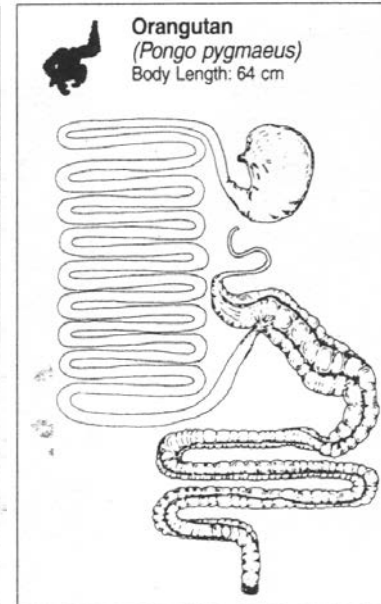
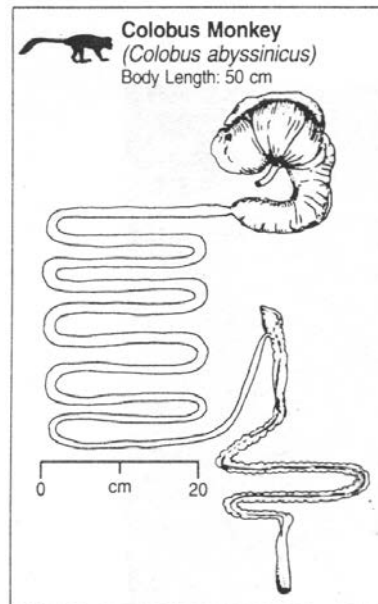
Thin, unthrifty langurs



Obese langurs



# Feeding high-sugar/starch diets







# Monkey zoo diet 1878

- Milk, sugar and soft bread
- Cooked rice, potatoes, carrots
- Fruits, nuts, almonds
- Tea, coffee, beer, wine
- Fried meat should be investigated!
- 1 cigar



*thank you  
for your attention*